



City of

Stamford

Mayor David R. Martin

Stamford Recreation & Terry Conners Rink **SPRING/SUMMER 2017** Brochure



Please see pages 30 & 31 for Terry Conners Rink Programs!

Online Registration For Spring Programs **Begins March 14th, 2017**

Walk-in Registration For Spring Programs **Begins March 15th, 2017**

Summer Day Camp, Activity Programs, Playground Program & Preschool Camp Registration Dates are on Page 3!



Like our Facebook page at Stamford Recreation Department

Stamford Recreation Services • 888 Washington Blvd
Tel 203-977-5214 • Fax 203-977-5504 • www.stamfordrecreation.com

Welcome To Stamford Recreation Services

City Officials

Mayor: David R. Martin

Department Staff

Superintendent: Laurie Albano

Assist. Superintendent: Scott Kassouf

Assist. Superintendent: Matthew Nordt

Recreation Supervisor: Megan Gearhart

Recreation Leader: Robert Pentino

Office Support Specialist: Tina Baines

Office Support Specialist: Maura Rudd

Parks & Recreation Commission

Joseph Andreana: Commissioner/Chairman

Althea Brown: Commissioner

Lyda Ruijter: Commissioner

David Winston: Commissioner

Office Hours

Monday - Friday - 8:30AM - 4:30PM

until June 30th, 2017

Monday - Friday from 8:00AM - 4:00PM

July 1st - Sept. 1st, 2017

Note: Registration for all spring & summer programs except specified camps, begins as follows:

On-line - Tuesday, March 14th, 2017 @ 8:30AM

Walk-In Registration - March 15th, 2017 @ 8:30AM

Please see page 3 for Summer Day Camps, Activity Programs, Playground Camp and Preschool Camp Registration Dates!

Recreation Office Holidays

Friday, April 14th, 2017 - **Good Friday**

Monday, May 29th, 2017 - **Memorial Day**

Tuesday July 4th, 2017 - **Independence Day**

Registration Procedure

Stamford residents are given first priority to register for all programs. Non-Residents may register for programs on an availability basis one week prior to the start of the program, with a \$10.00 surcharge. This does not apply to athletic leagues which have separate eligibility policies. Registrations are not accepted at any of our programs & must be done in advance at the **Recreation Office or ONLINE**

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Fee Payment

Instructors **CANNOT** accept registration at the class. Fees must be paid at the Recreation Services Office in advance or on-line. Payments may be made by cash, check and credit card only. Credit cards will be accepted at the Recreation Services Office, or on line with Visa and Master Card Only! You must be 16 years old to register for adult programs and 21 years of age for casino trips. All checks should be made payable to the City Of Stamford

From The Superintendents Desk

It is the mission of the Stamford Recreation Division to create and offer comprehensive and inclusive leisure opportunities and experiences for the youth and adult population of Stamford. We strive to build a strong sense of community, increase the social, cultural, enrichment and wellbeing for all by providing diverse programs, events and athletic leagues. **We look forward to serving you!**

Department Polices

Reduced Fee Policy

Any child that receives free or reduced lunch in the Stamford Public School System is eligible for a reduced fee on selected programs, events & camps. A copy of the school lunch certificate must be supplied at the time of registration to receive the reduced rate. **Programs that this applies to are marked in the pages ahead.** There is also a maximum number of reduced fee slots available per program or camp.

Returned Check

If a check is returned to Recreation Services for any reason, a cash or money order payment of \$50.00 plus the face value of the check is required immediately.

Class Cancellation

Whenever schools are closed due to bad weather or holidays, all youth recreational programs scheduled will be cancelled. Cancellation announcements can be heard on WTNH Channel 8 News, Channel 12 News or by calling our cancellation phone line at **977-4641 EXT. 111 or 977-5214.**

Refund Policy

Refunds are granted only before a class begins for an Incapacitating medical hardship with a doctor's note, relocation with documented proof or if a waiting list is available and the spot can be filled. Approved refunds for mentioned reasons only, will be granted minus a 15% processing fee. If we cancel a program for any reason, there will be a full refund with no processing fee. **If false information is given on a registration form, the registration is null and void and there will be no refund.**

On-Line Registration Is Easy

We have on line registration available for residents by logging on to **www.stamfordrecreation.com** Registrations can only be paid by credit card on line with a Visa or Master card. On-Line registration **for spring programs begins March 14th, 2017** at 8:30am and **walk - in registrations begins March 15th, 2017** at 8:30am. For more information regarding on-line registration, please call 977-5214.

Registration Forms

Mail in registration forms are available on line at **www.stamfordrecreation.com** or at our office.

2017 Summer Camp Registration Dates

Registration Dates For Day Camps, Activity & Playground Programs & Preschool Camp 2017

Please update your on-line account before registration the week of **February 27th, 2017.** On-line Day Camp spots are only available for full pay fee spots and registration for all three camps starts at 8:00am on-line, **March 1st, 2017.** **Does your child have an IEP? If yes please check on the registration form and fill out the attached information so that we can determine if your child will need a para at camp.**

Wednesday, March 1st - 8:00AM (Wait lists cannot be done online)

Heroy Day Camp - 70 spots out of 110 maximum spots - **On-line**

Davenport Day Camp - 75 spots out of 95 maximum spots - **On-line**

Westover Day Camp - 60 spots out of 80 maximum spots - **On-line**

- **If you are not successful in securing a spot online you may attend the walk-in registration listed below!**
- **All walk - in registrations are first come, first served basis!**

Walk-in Registration Dates For The Above Listed Day Camps (Full pay & Reduced Pay Fee Spots)

Heroy Day Camp - Thursday, March 2nd, 2017 at 8:00AM - 30 Full pay spots & 10 Reduced Fee Spots

Davenport Day Camp - Thursday, March 2nd, 2017 at 8:00AM - 20 Full pay spots & 70 Reduced Spots

Westover Day Camp - Friday, March 3rd, 2017 at 8:00AM - 20 Full pay spots & 85 Reduced Spots

- There could possibly be more walk-in spots available if the maximum number of on-line spots are not filled!

Activity & Playground Program On-line (Full Pay Only) & Walk - in Registration Date

Stillmeadow & Newfield Activity Program, Tuesday, March 7th, 2017 starting at 8:00AM on-line & Walk-In

Barrett Playground, Wednesday, March 8th, 2017 starting at 8:30AM on-line & Walk - In

Preschool Summer Camp At Roxbury - Registration will be on Thursday, March 9th, 2017 at 8:30AM

No on-line registration for this camp and a Copy of the child's Birth Certificate is required at registration!



Early Childhood Programs & Egg Hunt

Easter Extravaganza (Ages 3 - 8)

Where: Turn Of River School Gym

When: April 1st, 2017

Time: 10:00AM - 11:30AM

Day: Saturday

Fee: \$8.00 per person / All participants must preregistered

Instructors: Recreation Staff

Description: Come and bring the whole family and enjoy this event which is designed for children **ages 8 and under**. We have all sorts of fun activities for the kids such as: face painting, bounce houses, balloon maker, pictures with the Easter bunny, and an egg hunt. Each child will be allowed to participate in the egg hunt which will be run in flights for different age groups. **Once the child finds 10 plastic eggs they will win a prize. (Please note a maximum of 10 eggs is allowed).** We will also be hiding a few select golden eggs which also win a prize. Each child should bring a basket for the egg hunt. **The egg hunt will be outside. There will be no rain make up date!**



Play With A Purpose & Get Moving (Ages 2 & 3)

Where: Zion Church Lutheran Church/132 Glenbrook Road

When: April 17th - June 5th (No class 5/29)

Time: 10:30AM - 11:10AM - **Play With A Purpose**

11:15AM - 12:00PM - **Get Moving**

Day: Monday &/ or Thursday

Fee: \$75.00 per child once a week for 7 weeks

\$150.00 per child twice a week 7 weeks

Instructor: Beth Covino, **Preschool Instructor**

Description: **Two class in one Program! Play With A Purpose:** Introduce your toddler to the experience of Pre-school with this caregiver-and-me classroom complete with centers and circle time! "Play with a purpose" learning centers are areas within the classroom where children learn by playing and engaging in activities. Our classroom will encourage child-initiated exploration and discovery. Each week we will sing songs, read stories and participate in activities that encourage fine motor development, coordination skills and independence! **The second part of this class will be Get Moving:** This class is a great way to encourage movement and independence in a fun and safe gym environment. Children can run jump and slide and play with friends as they develop the important gross motor skills and spatial awareness of the ever learning toddler! **A child and Parent/ caregiver class.**

Check Out Tiny Tots Camp

If your child is age 3-5 check out our summer pre-school camp on Page seventeen of this brochure.

This summer we have expanded the camp day and it is now from 9:00am - 1:00pm each day.

This camp is full of fun activities, crafts, stories, special events & water days .

Little Artist (Ages 1 & 2)

Where: TOR Presbyterian Church at 49 Turn Of River Rd.

When: April 18th - May 30th

Time: 9:30AM - 10:10AM

Day: Tuesday

Fee: \$48.00 per child for 7 weeks

Instructor: Beth Covino, **Preschool Instructor**

Description: Introduce your little one to the world of art! We love seeing little hands try new things and experience different ways to produce art. We will use fun and sometimes messy techniques to create a new masterpiece each week. **A child and parent/caregiver class.**



Connecting The Generations For Ages (3 & 4)

Where: Stamford Senior Center/ 888 Washington Blvd

When: April 18th - May 30th

Time: 10:45AM - 11:30AM

Day: Tuesday

Fee: \$48.00 per child for 7 weeks

Instructor: Beth Covino, **Preschool Instructor**

Description: Have your child be the first to participate in this new **Intergenerational class** and experience what happens when you pair the young with the elderly. Children and senior citizens will come together each week to enjoy music, art, dance and storytelling.



Craft Me A Story (Ages 2 & 3)

Where: TOR Presbyterian Church at 49 Turn Of River Rd.

When: April 19th - May 31st

Time: 10:00AM - 10:40AM

Day: Wednesday

Fee: \$48.00 per child for 7 weeks

Instructor: Beth Covino, **Preschool Instructor**

Description: Encourage your child's love of reading with this interactive story time: Each week we will read a book and do a craft related to the story.



Sticky Fingers Art (Ages 2 & 3)

Where: TOR Presbyterian Church at 49 Turn Of River Rd.

When: April 19th - May 31st

Time: 10:45AM - 11:25AM

Day: Wednesday

Fee: \$48.00 per child for 7 weeks

Instructor: Beth Covino, **Preschool Instructor**

Description: Let your child explore art and get creative with this hands on art class. Each week we will use different materials such as paints, markers, crayons, paper and more. We will use fun and sometimes messy techniques to create a new masterpiece each week. **A child and caregiver class.**



Early Childhood Sports Programs

Soccer Tikes For Preschoolers (Ages 3 - 6)

Where: Scalzi Park
When: April 22nd - May 20th
Day: Saturdays
Time: 9:00AM - 10:00AM - Koalas / 3 year olds - Sess. 01
10:00AM - 11:00AM -Koalas / 3 year olds - Sess. 02
11:00AM - 12:00PM - Bears / 4 - 5 years old -Sess. 03
12:00PM - 1:00PM - Tigers / 5 - 6 years old - Sess. 04
Fee: \$117.00 per child per session

Instructor: Kevin Fallon, Certified Soccer Instructor
Description: At Soccer Tikes, we stress a non-competitive environment. This is a child development program for kids. Classes are designed to develop motor skills, promote physical fitness, and create self-confidence. We also mix fun, skill development activities with actual small sided games. **A great relaxing and fun way for your child to learn about soccer!**

Little Scoops Lacrosse (Ages 3 - 6)

Where: Scalzi Park
When: April 22nd - May 20th
Day: Saturdays
Time: 1:30PM - 2:30PM (Ages 3 & 4)
2:30PM - 3:30PM (Ages 5 & 6)
Fee: \$117.00 per child per session



Description: A fun, high-energy, non-competitive program designed to introduce the game of lacrosse to boys and girls. The Little Scoops curriculum teaches introductory lacrosse skills such as catching and shooting, cradling, and scooping up ground balls. As the young athletes progress through the age and skill levels of the program, lessons are focused on developing individual skills as well as learning to work together in pairs and teams. Our sessions are taught by experienced coaches who are trained in teaching and engaging young children in creative, fun and instructional activities. As the safety and comfort of our young athletes, and their parents, is of the utmost importance, age-appropriate equipment such as vinyl lacrosse balls and smaller nets are used in all sessions.

Gymnastics For Preschoolers (Ages 2-4)

Where: Zion Lutheran Church at 132 Glenbrook Road
When: April 17th - June 12th (No class 5/29)
Time: 9:30AM - 10:00AM
Day: Monday
Fee: \$128.00 per child for 8 weeks



Instructors: Certified Instructor
Description: The GYM ON WHEELS program will have your children tumbling, tucking, and jumping out of their shoes until their next encounter with us. This class will help your children develop fundamental gymnastics skills, while also teaching them skills in areas such as coordination, balance, agility, listening to instruction, and the importance of teamwork. We are Team USA Gymnastics team members. We teach children the basic skills used for pommel horse, high bars, balance beams, parallel bars, springboards, and much more....all while making sure you **Smile & Have Fun!**

Total Sports Parent & Me Squirts (Ages 2- & 3)

Where: Belltown Park
When: April 25th - June 13th
Days: Tuesday
Time: 9:00AM - 10:00AM
Fee: \$150.00 per child for 8 weeks



Description: With a parent participating be their side, this program will stimulate a child's imagination, develop skills and encourage social interaction. Sports covered are soccer, t-ball, basketball, floor hockey and more.
Run by US Sports Institution.

T-Ball Parent & Me Squirts (Ages 2 & 3)

Where: Scalzi Park
When: April 23rd - June 18th (No class 5/28)
Days: Sunday
Time: 4:00PM - 5:00PM
Fee: \$150.00 per child for 8 weeks

Description: With a parent participating, children will develop their T-ball skills in hitting, throwing and fielding. Great for developing motor skills and encouraging social interaction. **Run by US Sports Institution.**

Total Sports Squirts (Ages 3-5)

Where: Belltown Park
When: April 25th - June 13th
Days: Tuesday
Time: 11:00AM - 12:00PM
Fee: \$150.00 per child for 8 weeks



Description: Children have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey & Flag Football. **Run by US Sports Institution.**

T - Ball Squirts (Ages 3-5)

Where: Scalzi Park & Belltown
When: April 25th - June 13th - Tuesday
April 23rd - June 18th - Sunday (No class 5/29)
Days: Tuesday - Belltown Park
Sunday - Scalzi Park
Time: 10:00AM - 11:00AM - Tuesday
5:00PM - 6:00PM - Sunday
Fee: \$150.00 per child for 8 weeks



Description: Utilizing fun games and activities, players will develop their skills in hitting, throwing and fielding. At the end of the session we will have a scrimmage

Track & Field Squirts (Ages 3 - 5)

Where: Scalzi Park
When: April 23rd - June 18th (No class 5/29)
Day: Sunday
Time: 6:00PM - 7:00PM
Fee: \$150.00 per child for 8 weeks



Description: Players will have fun learning the fundamental skills of running, jumping and throwing through a series of activities and fun challenges. **US Sports Institution**

Early Childhood Dance & Youth Programs

Tiny Tu - Tus (Age 2)

Where: Zion Lutheran Church Gym at 132 Glenbrook Rd.

When: April 4th - June 13th (No class 4/11)

Day: Tuesday

Times: 9:30AM - 10:15AM

Fee: \$180.00 per child for 10 weeks

Instructors: Ms. Danette

Description: Get your tu-tus out! It's time to twirl and leap to classical music. During this 45 minute class, your little dancer will learn the basic ballet techniques as they move to the beautiful sounds of classical music



Horseback Riding Lessons With Mead Farm

Where: Mead Farm on 107 June Road, Stamford

When: April 23rd - May 14th

Day: Sunday

Time: 3:30PM - 4:30PM

Fee: \$285.00 per person

Instructor: Mead Farm Staff

We have teamed up with Mead Farm in Stamford to offer horseback riding lessons for children ages 5 & up. Teenagers and even adults are welcome. Each session with an instructor includes a 1/2 hour horseback riding lesson in an outdoor ring plus 1/2 hour horsemanship classes covering general horse care, grooming, tacking & untacking. Requirements are a **signed waiver, long pants & boots with heels. Helmets are required and available to borrow. Participants must wear warm clothing for this outdoor program. For more information go to www.meadfarm.com** Note: Any child with Special needs please contact Mead Farm at **203-322-4984** to arrange for a smaller class. **Please arrive 15 minutes early and No Make Ups! Required Forms:** All participants must fill out the required waiver **forms that can be down loaded from our website** at www.stamfordrecreation.com and returned to Mead Farm by **April 14th, 2017. to participate in the program. Also, this is an introductory program and anyone looking to return from the spring session should contact Mead Farm directly for other programs. Max of 12 students! There will be No make up classes we ride rain or shine!**



Swan Ballet (Age 3 - 5)

Where: Zion Lutheran Church Gym at 132 Glenbrook Rd

When: April 4th - June 13th (No class 4/11)

Day: Tuesday

Time: 10:15AM - 11:00AM

Fee: \$180.00 per child for 10 weeks per session

Instructors: Ms. Danette

Description: Tiptoe into the world of ballet, explore movements, tempo and more. Students are required to wear their hair up out of their face. **Pink leotard, tights & pink ballet slippers required.**

Tutu Fun (Age 3 - 5)

Where: Zion Lutheran Church Gym at 132 Glenbrook Rd

When: April 6th - June 15th (No class 4/13)

Day: Thursday

Time: 1:00PM - 1:45PM

Fee: \$180.00 per child for 10 weeks per session

Instructors: Ms. Danette

Description: In this 45 minute class your ballerina will leap into the world of fantasy. While learning ballet basics, creative and interpretive movement, your dancer will have fun using props, costumes and stories to design their most imaginative dance masterpieces. Parents will have a "works in progress performance" in class, on the final day of the session.

Party At The Palace (Age 3 - 5)

Where: Zion Lutheran Church Gym at 132 Glenbrook Rd

When: April 6th - June 15th (No class 4/13)

Day: Thursday

Time: 1:45PM - 2:45PM

Fee: \$190.00 per child for 10 weeks per session

Instructors: Ms. Danette

Description: Who doesn't love a good party?? Themed dance class with an arts and craft project to bring home. Get ready to set the table for a tea party, princess party, and more. Tell your friends, they won't want to miss this!!!

Kids Yoga (Ages 3 - 5)

Where: Family Tree Yoga 980 Hope Street

When: April 18th - June 8th

Day & Time: Tuesdays / 4:15PM - 5:00PM - Sess. 01
Thursday / 4:15PM - 5:00PM - Sess. 02

Fee: \$175.00 per child for 8 weeks

Instructors: Kimberly Motill

Description: Yoga postures, games, and partner poses, will provide a fun, non- competitive environment which will help each child build self-esteem and experience teamwork. This class will improve flexibility and strength. Concentration will improve through breathing exercises, & simple relaxation techniques.

Music & Movement (Mixed Ages)

Where: Family Tree Yoga 980 Hope Street

When: April 17th - June 12th (No class May 29th)

Day: Monday

Time: 11:00AM - 11:45AM

Fee: \$175.00 for 8 weeks

Instructor: Family Tree Staff

Description: For kids ages 2 months and up! It's a family music experience! Each child participates at their own level - listening, singing, dancing and exploring musical instruments. Within our playful, relaxed environment, we share age-appropriate songs and rhymes from around the world.

Youth Educational & Fitness Programs

Monster Escape Flix (Gr. 2 - 4)

Where: Davenport Elementary School
When: April 17th - June 12th (No class 5/29)
Day: Monday
Time: 4:00PM - 5:00PM
Instructor: Incrediflix Staff
Fee: \$138.00 per student for 8 weeks
Description: It's Monster Mania as the Monster Breaks out of the world and comes into ours for some fun, wild, & wacky movie adventures! In this stop motion animation class kids will start by creating their own unique paper monster. Next they will work to bring those monsters off the page & into the real world in a movie they storyboard, write, shoot and voice over.

Jr. Rockets & More (Gr k - 2)

Where: Davenport Elementary School
When: April 20th - June 8th
Day: Thursday
Time: 4:00PM - 5:00PM
Instructor: Engineering For Kids Staff
Fee: \$175.00 per student for 8 weeks
Description: The Junior Aerospace Engineering classes introduce our youngest engineers to fundamental concepts of aircraft and spacecraft design. Through open and focused exploration, students explore and construct airplanes, rockets, hot air balloons, and more.

Lego Minecraft On The Farm (Ages 5 - 10)

Where: Northeast Elementary School
When: April 25th - May 23rd
Day: Tuesday
Time: 2:45PM - 4:30PM
Fee: \$109.00 per student for 5 weeks
Instructor: Computer Education Staff
Description: Join the fun for the day ..this class combines Engineering, Paper crafts and Legos® in one class. You'll need food to survive, so fence in the livestock and channel the flowing water to nurture the crops. Children will work in groups to design their own creation. This class includes Micro-figs, torches, mob figures and custom blocks. No Legos® will be taken home. Bring your tablet preloaded with Minecraft or use our craft games on our tablets.

Super Hero Vs Super Hero (ages 5-10)

Where: Roxbury Elementary School
When: April 24th - May 22nd
Day: Monday
Time: 3:45PM - 5:00PM
Fee: \$109.00 per student for 5 weeks
Instructor: Computer Education Staff
Description: Join in on the fun as we build, create and construct a five minute stop and go movie of your favorite Super Hero. This class will show the children how to draw backgrounds and edit their movie. Children are allowed to bring in their own hero's for the movie. Super Hero's can be good or evil as long as they are no bigger than 8 inches tall for video editing. Featured on You Tube in six weeks after class.



Kids Yoga (Ages 6 - 11)

Where: Family Tree Yoga 980 Hope Street
When: April 18th - June 8th
Day & Time: Tuesdays / 4:15PM - 5:15PM - Sess. 01
Thursday / 4:15PM - 5:15PM - Sess. 02
Fee: \$175.00 per child per session
Instructors: Family Tree Staff
Description: Yoga postures, games, and partner poses, will provide a fun, non- competitive environment which will help each child build self-esteem and experience teamwork. This class will improve flexibility and strength. Concentration will improve through breathing exercises & simple relaxation techniques.

Paint Draw & More Art Program (Ages 5 - 12)

Where: Davenport School
When: April 19th - June 14th
Day: Wednesday
Time: 4:00PM - 5:00PM - Ages 5-7 - Sess. 01
5:00PM - 6:00PM - Ages 8 - 12 - Sess. 02
Fee: \$173.00 per person for 9 weeks/ All materials included
Instructor: Jo-Anne Claybourne
Description: This program teaches children to draw what they see, while enhancing their drawings with their own ideas and concepts and using different materials in creative ways. The class environment is non-competitive and fun. This program helps children to build self-esteem through their drawing success and enhances hand-eye coordination, as well as spatial and color relationships. **Offered by Paint, Draw and More**

Chess Wizards (Gr. K & UP)

Where: Zion Lutheran Church/132 Glenbrook Road
When: April 8th - June 3rd (No class April 15th)
Day: Saturdays
Time: 9:30AM - 10:30AM
Fee: \$135.00 per child for 8 weeks
Instructor: Certified Chess Wizard Staff
Description: Chess Wizards is a premier chess education company providing fun, informative and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience.



Young Chefs (Gr. K - 2)

Where: Zion Lutheran Church/132 Glenbrook Rd
When: April 18th - May 23rd
Day: Tuesday
Time: 4:00PM - 5:00PM
Instructor: Nancy & Nicole
Fee: \$85.00 for six weeks
Description: A class devoted to teaching our young chefs how to make and bake delicious and healthy snacks and entrees! In this hands on class we'll not only learn about healthy foods, but how to combine them to create yummy masterpieces.



Youth Tae Kwon Do & Dance Programs

Team Wrigley Tae Kwon Do Beginner Training for Boys & Girls (Ages 7 & Up)

Where: Westover School Gym
When: April 3rd - June 14th (no class 4/10, 4/12, 5/29/17)
Days: Monday & Wednesday (must attend twice a week)
Time: 6:00PM - 6:45PM
Fee: \$160.00 per student (Twice a week)
Instructors: Mr. Tim Wrigley, 6th Degree Black Belt
Description: Taught safely with traditional values, Tae Kwon Do will help your child develop their physical coordination along with their concentration skills. Much more than learning the basic physical skills to defend themselves, Tae Kwon Do will help in all aspects of life - teaching respect for all things, giving them the positive influence and self confidence they will need to be successful at anything they do. Of course it is lot of fun to learn, and a good workout for our youth! Brand new students who enroll will start out with the rank of "White Belt" and will work towards higher ranks (also indicated by color) which are designed to help them with goal setting, have a sense of achievement and show their progress.

Team Wrigley Tae Kwon Do For Boys & Girls (Ages 7 & UP)

Where: Westover School Gym
When: April 3rd - June 14th
Day & Time: By Rank (Must attend twice a week)
White: Monday & Wednesday : 6:00PM - 6:45PM - Sec. A
Yellow & Orange Belts: Monday & Wednesday
6:45PM - 7:30PM - Sec. B
Green & Blue Belts: Tuesday & Thursday
6:00PM - 7:00M - Sec. C
Red & Brown Belts: Tuesday & Thursday
7:00PM - 7:45PM - Sec. D
Black Belts: Monday & Wednesday
7:30PM - 8:30PM -Sec. E
Fee: \$180.00 per student (Twice a week)
Instructors: Mr. Tim Wrigley, 6th Degree Black Belt
Description: This Martial Art Program is designed specifically for returning students or those children who may have had prior martial arts experience elsewhere. Students enrolled who know the true benefit of Tae Kwon Do and how much fun it can be, will continue on their path to the eventual rank of Black Belt and beyond. Note that classes are separated by rank. Students can now expect to develop to more advanced level Tae Kwon Do skills than they have ever achieved before. Returning students should enroll in a class time according to their rank. *(Limited allowances may be possible with Instructor's approval, but we encourage all students to participate at their designated time slot).* *Students with prior martial arts experience elsewhere should enroll in the White Belt Class timeslot. A skill assessment of the student (during first week of classes) will completed by the Instructor determine starting rank. **No classes: 4/10 - 4/13, & 5/29)**



Tween/Teen Empower Girls Yoga (11 & UP)

Where: Family Tree Yoga 980 Hope Street
When: April 19th - June 7th
Day: Wednesday
Times: 4:00PM - 5:30PM
Fee: \$225.00 per Student for 8 weeks
Instructors: Kimberly Motill
Description: Don't miss out on this special class where girls will gain tools to cultivate self-awareness, self love, and self esteem. Young girls are at an especially vulnerable time in their lives and it is important for them to be surrounded with a group of kind, like-minded peers. We will practice yoga, learn meditation, create art and work through personal issues in a safe and accepting space. The girls will be lead in a program of mentorship, support and guidance. Our goal is to empower girls to make positive decisions and create healthy and meaningful lifestyle.

American School Of Dance Stamford Dance Movement (Gr. K-5)

Where: Zion Lutheran Church/132 Glenbrook Rd
When: April 5th - June 14th (No class 4/12)
Day: Wednesday
Times & Grades: 4:15PM - 5:00pm (Gr. K-2) - Sess. 01
5:00PM - 6:00PM (Gr. 3-5) - Sess. 02
Fee: \$159.00 per student for 10 classes
Instructors: American School Dance Staff
Description: Hey Girls! You're invited to join the ULTIMATE Dance Movement!! Make new friends and have tons of fun while learning the latest jazz, hip-hop & contemporary dance moves from America's best dance teachers. Dance compliments sports and has been proven to increase strength, flexibility and self-esteem. Our unique affiliation with American Dance Training Camps means you'll have access to choreography straight from the professional dancers who teach at our overnight camps: Broadway and MTV performers, collegiate dance team competitors, and even stars from your favorite dance TV shows. Our dance classes are funky and fun: the hottest music, all new dance steps, and a professional show...all in a relaxed and nurturing environment. We offer three classes in Stamford, divided by grade-level. No dance experience necessary! **Offered by American Dance Training Camps: www.AmericanDanceTrainingCamps.com**

Stamford Recreation Services runs Birthday Parties for children ages 4 - 10 on Friday evenings as well as Saturdays during the day. For more information on the types of parties, cost and location, please contact Bobby Pentino at 203-977-4645 or email him at rpentino@stamfordct.gov

Youth & Teen Music Lessons

Musikids Keyboard I (Ages 6 - 8)

Where: Westover Elementary School
When: April 5th - May 31st (No class 4/12)
Day: Wednesday
Time: 4:45PM - 5:45PM - **Sess. 01**
6:00PM - 7:00PM - **Sess. 02**
Fee: \$200.00 per child for 8 weeks



Instructor: Bob Fiorito
Description: This beginner program is a great way to introduce your child to the world of music. Unlike traditional piano instruction where students must plod through weeks of seemingly unrelated exercises, this program will have your child playing notes and music in no time at all.

Musikids Keyboard II (Ages 6 - 10)

Where: Westover Elementary School
When: April 5th - May 31st (No class 4/12)
Day: Wednesday
Time: 7:00PM - 8:00PM
Fee: \$200.00 per child for 8 weeks



Instructor: Bob Fiorito
Description: This keyboard program is designed for students who have successfully completed our beginner program or have had prior lessons. The program will build on their current keyboarding skills, and will have them playing their favorite songs. **A max of 8 students.**

Beginner Guitar Lessons With Mr. Truglio For Students Grades 4 & 5

Where: Westover Elementary School
When: April 5th - May 31st (No class 4/12)
Day: Wednesday
Time: 5:15PM - 6:00PM
Fee: \$155.00 per student for 8 weeks/ **Max of 6 student!**

Description: Introduction to guitar. For beginners and players with a little experience. Finger dexterity, reading, chords & getting around the guitar is all part of this program. **You must supply your own acoustic or electric guitar.**

Advanced Beginner Guitar With Mr. Truglio For Students Grades 6 & UP

Where: Westover School
When: April 5th - May 31st (No class 4/12)
Day: Wednesday
Time: 6:00PM - 6:45PM
Fee: \$155.00 per student for 8 weeks /**Max of 6 students!**
Description: Continued study of guitar techniques for students with 1 plus years of lessons. Music that is age appropriate will be used. **You must supply your own acoustic or electric guitar.**



Piano Lessons With Mr. Fiorito

Where: Westover School
When: April 6th - June 1st (No class 4/13)
Day: Thursday
Time: 4:00PM - 4:45PM
Fee: \$180.00 per student for 8 weeks



Description: You will need a piano or keyboard at home to practice. **For grades 4 & up / Gr. 3 & up** if the student has completed our Musikids Keyboard II program. The basics of piano note & rhythm reading will be taught in this class as well as learning to play the piano correctly.

Piano Lessons With Mr. Fiorito II

Where: Westover School
When: April 6th - June 1st (No class 4/13)
Day: Thursday
Time: 4:45PM - 5:30PM
Fee: \$180.00 per student for 8 weeks
Description: This program is designed for students with 2 plus years of study experience grades 5 & up. Younger students permitted with instructors approval. Students should already have basic reading skills. Assignments will continue to build piano skills.

Piano Lessons With Mr. Fiorito III

Where: Westover School
When: April 6th - June 1st (No class 4/13)
Day: Thursday
Time: 5:30PM - 6:15PM
Fee: \$180.00 per student for 8 weeks
Description: This program is designed for students with 3 plus years of study experience or intermediate level grades 6 and up. Students must have reading skills. Assignments are progressively more complex. You also **need a piano or keyboard at home to practice**



Violin Lessons For Current Primary & Intermediate Levels (Ages 8 - 13)

Where: Westover Elementary School
When: April 3rd - June 5th (No class 4/10 & 5/29)
Day: Monday
Time:
5:30PM - 6:30PM **Primary** (Ages 8-13) - **Sess. 01**
6:45PM - 7:45PM - **Intermediate** (Ages 8-13) - **Sess. 02**
Fee: \$255.00 per child for 8 weeks
Instructor: Jose Bastardes, **Professional Violinist**
Description: This program is designed for students that have been currently taking the Primary & Intermediate level program this school year with Mr. Bastardes . All participants must receive approval from the instructor to register for these classes. **Max of Three Students Per Class**



Youth & Teen Music Programs

Violin Lessons (Ages 8 - 13) Primary Level

Where: Westover Elementary School

When: April 4th - May 30th (No class 4/11)

Day: Tuesdays

Time: 5:30PM - 6:30PM (Ages 8-10) - Sess. 01

6:45PM - 7:45PM (Ages 11-13) - Sess. 02

Fee: \$255.00 per child for 8 weeks

Instructor: Jose Bastardes, **Professional Violinist**

Description: This program is designed for introducing the violin in a fun setting where the students will learn how to hold the instrument, the bow, basic theory and music reading and the basic principles for how to develop the ability to play the violin.

A Max of Three Students Per Class!

Violin Lessons (Ages 8 - 13) Intermediate Level

Where: Westover Elementary School

When: April 5th - May 31st (No class 4/12)

Day: Wednesday

Time: 5:30PM - 6:30PM (Ages 8-10) - Sess. 01

6:45PM - 7:45PM (Ages 11-13) - Sess. 02

Fee: \$255.00 per child for 8 weeks

Instructor: Jose Bastardes, **Professional Violinist**

Description: For students who already have a basic understanding of the Violin, **who have had two plus years of violin lessons**. In this course the students will learn how to develop higher technical abilities for both left hand and right hand, sensitivity to purity of tone and proper intonation.

Youth After School Programs

Pro Impact Soccer Academy Program For Youth (Gr. K- 5)

Where: Davenport School Upper Grass Field

When: April 26th - May 31st

Day: Wednesday

Time: 4:00PM - 4:50PM (Gr. K-2) - Sess. 01

5:00PM - 5:50PM (Gr. 3-5) - Sess. 02

Fee: \$100.00 per child for six weeks

Instructor: Pro Impact Academy Staff

Description: Our goal is for all children to leave with a smile on their face after each class. Soccer is not only a great game, but a great source of exercise & teamwork. We want every participant to learn in an exciting non-competitive environment. The classes will be focused on participant enjoyment while learning soccer skills through exciting and energetic games with a soccer ball. They will also work on becoming more comfortable with controlling their body, feet and the ball. The older class is a great start into more competitive and instructional soccer. The classes will be more focused on honing fundamental skills while introducing all aspects of soccer from dribbling, one v one, defense and small sided play. The older program entails more instruction through our drills and teaching to become a better soccer player.

Sports Academy (Gr. K & 1)

Where: The Zion Lutheran Church 132 Glenbrook Road.

When: April 18th - May 23rd

Day: Tuesday

Time: 4:00PM - 5:00PM

Fee: \$45.00 for six weeks

Instructor: Recreation Staff

Description: Each week students will learn the basic skills of a sport followed by 45 minutes of game time. Sports covered will be Basketball, Soccer, Whiffle ball, Floor Hockey and more. **Limited to 16 students**

World Cup Soccer Indoors (2 & 3)

Where: The Zion Lutheran Church 132 Glenbrook Road

When: April 20th - May 25th

Day: Thursday

Time: 4:00pm - 5:00pm

Fee: \$40.00 per child for six weeks

Instructor: Recreation Staff

Description: This fun filled class teaches young students the basic skills and fundamentals of soccer each week. Each class will end with a game. What a great stress free way for your child to learn the proper way to play the game in a recreational setting. **Limited to 16 students**

Neighborhood Soccer (Gr. K & 1)

Where: The Zion Lutheran Church 132 Glenbrook Rd

When: April 21st - May 26th

Day: Fridays

Time: 4:00PM - 5:00PM

Fee: \$45.00 for six weeks

Instructor: Recreation Staff

Description: If your child loves soccer they will enjoy this once a week indoor program. No matter the weather outside we will play a fun filled hour game indoors each week. Great way to make new friends and get some great exercise. **Limited to 16 students**

Partial Music Scholarships Available

Limited partial scholarships available on all music programs listed on this page. To qualify, students must receive free or reduced lunch in the Stamford School System. For information call 977-5214!

Youth April Vacation Camps

April Vacation Camp (Gr. K - 4)

Where: Westover School
When: April 10th - April 13th
Day: Monday - Thursday
Times: 8:00AM - 4:00PM
Fee: \$150.00 per child for four days
Instructor: Recreation Staff
Description: If you are looking for something fun for your child to do during the break, look no further! Each day campers will be involved in gym games, arts & crafts, sports, board games, outside activities and a local field trip. All campers should bring a bagged lunch each day and the camp is open to a **max of 75 students**

Minecraft Engineering Camp (Ages 5 & 6)

Where: Newfield Elementary School
When: April 10th - April 13th
Day: Monday - Thursday
Time: 9:00AM - 12:00PM
Fee: \$125.00 pp **Max of 16 students in the camp**
Instructor: Certified Play-Well Staff
Description: Bring Minecraft to life using tens of thousands of LEGO®! Build engineer-designed projects such as a motorized Creeper, a portal to the Nether, and a moving Minecart! Create your favorite Minecraft objects with the guidance of an experienced Play-Well instructor. Whether you are new to Minecraft and LEGO or a seasoned veteran, you'll be hooked on the endless creative possibilities.

Minecraft Master Camp (Ages 7 - 12)

Where: Newfield Elementary School
When: April 10th - April 13th
Day: Monday - Thursday
Time: 1:00PM - 4:00PM
Fee: \$125.00 pp / **Max of 16 students in the camp**
Instructor: Certified Play-Well Staff
Description: Bring Minecraft to life using LEGO®! Build a motorized walking Creeper, a terrifying Ghast, and a motorized Minecart! This project-based camp, designed by Play-Well instructors, combines the basic format of our core engineering-themed programs based on the world of Minecraft. Students will explore real-world concepts in physics, engineering, and architecture while building their favorite Minecraft objects. Students will have a blast, even without any prior experience with Minecraft or LEGO.



K'Nex or Lego April Vacation Camp (Ages 5 - 10)

Where: Westover Elementary School
When: April 10th - April 13th
Day: Monday - Thursday
Time: 8:30AM - 2:30PM
Fee: \$150.00 per child
Instructor: Computer Education Staff
Description: Come join this week filled with building with K'NEX® and LEGO® building sets. Children will discover the difference between building sets and which sets are more unique than others. This class is co-ed and children will build in groups and individually at times. No Lego's or K'NEX will be taken home. **A snack and lunch is needed.**

Mixed Media Art Vacation Camp By Paint Draw & More (Ages 5 - 13)

Where: Davenport Elementary School
When: April 10th - April 13th
Day: Monday - Thursday
Times: 8:30AM - 2:30PM
Fee: \$250.00 per child for the week/ All materials included
Instructor: Joe-Ann T. Claybourne
Description: This fun vacation art camp offered by Paint, Draw & More! is designed for students ages 5-13. Each day is comprised of a full day of creating mixed media fine art, some of which may include drawing, painting, mask making, sculpture, bookmaking, cartooning, collage, printmaking, and group projects. Students will explore a variety of mediums and be encouraged to break artistic boundaries and express their creativity in new and exciting ways. A compilation of the week's activities will end in an art show for the parents. During our camp session we will have a lunch break. This camp will run Monday through Friday. The camp is open to a maximum of 20 students with division of age groups. The teaching staff is comprised of skilled area artists trained by Paint, Draw & More!

PEAK PERFORMANCE APRIL VACATION ALL SPORTS CAMP (Ages 4 - 12)

Where: Davenport Elementary School
Dates: April 10th - April 13th
Days: Monday - Thursday
Time: 9:00AM - 12:30PM Half Day - **Sess. 01**
12:30PM - 4:00PM Half Day - **Sess. 02**
9:00AM - 4:00PM Full Day - **Sess. 03**
ANY 3 Half Days 9:00AM - 12:30PM - **\$99.00 - Sess. 04**
ANY 3 Full Days 9:00AM - 4:00PM - **\$165.00 - Sess. 05**
Fee: \$132.00 per child per sess. for half day camp for 4 days
\$220.00 per child per sess. for full day camp for 4 days
Description: **For Boys and Girls ages 4-12.** This camp offers a combination of traditional sports games, physical education activities, and cooperative games. We ask that our full day campers bring a (peanut butter free) snack, lunch and water bottle, and our half day campers bring a peanut butter free snack and water bottle.

Don't forget we offer a large variety of Summer Day Camps, Activity Programs, Playground Camps, Science, Educational, Sports, Acting, Modeling and many more that starts on page 17!

Youth & Adult Spring Aquatics Programs

All lessons take place at Westhill High School, 125 Roxbury Rd.

All Registrations must take place at the Recreation Office
or online, no onsite registration is permitted.

Lessons are limited to 8 participants per class and fill up fast!!

Lesson Fees: Youth \$125.00, Parent & Child \$140.00, Adults \$150.00

Swim Lesson Level Description

Parent Child:

Developed for children 6 months to 3 years, Parent and Child Aquatics helps young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, front kicking, back floating, underwater exploration and more. **Must enter the water with assistance, must be able to hold head up.**

Level One:

Introduction to water skills helps children become comfortable in the water and basic water safety. Using floatation backpacks, diving rings and other resources to help introduce combined arm and leg action and help understand the concept of blowing bubbles more. **Must be able to enter water, must be able to blow bubbles/put face in water.**

Level Two:

Builds off of level 1 class and introduces fundamental skills such as, arm finning on back and floating without assistance. Kids are encouraged to swim on their own with minimal use of backpacks and floatation devices. **Must be able to swim with floatation device without assistance, must be able to float on front and back with assistance and must be able to put face in water with bubbles.**

Level Three:

Focuses on coordinating arm and leg movements and improving upon skills learned in Levels 1 and 2. This class introduces Scissor kick and side breathing & more. **Must be able to swim three body lengths without assistance, must be able to put face in water, and must be able to swim on front and back without assistance.**

Level Four:

Stroke improvement is held in the diving well, kids are encourage swimming without any assistance and are conditioned to swim continuously to improve stamina and train for level 5&6. This course introduces all 6 strokes. **Must be able to swim in deep end of pool for entire class, must be able to swim on front and back (front crawl, back crawl, elementary backstroke) and must be able to do kneeling dive with minimal assistance.**

Level 5 & 6:

The highest level offered, works on swimming laps, perfecting stroke technique and introduction to a swim team inspired class. Must have knowledge of all 6 strokes and be able to swim continuous laps. **Must have knowledge of all 6 strokes, must be able to swim continuous laps and must be able to do kneeling dive from side.**

Adult Level One (Ages 16 & UP)

Works on breaking fear in the water, focuses on comfort in the water, understanding balance and floating as well as rotary breathing; introduction to stroke development, floats, streamline and much more. **Must be willing to put face in water, and must be able to swim on front and back with minimal assistance.**

Adult Level Two (Ages 16 & UP)

Focuses on stamina in the water and stroke refinement, including all strokes on front and back. Perfecting strokes and getting a great workout while going easy on joints and muscles. **Must be able to swim three body lengths, on front and back, without assistance, must be able to rotary breathe and must be willing to swim continuous laps.**

Swim Class Days and Times

Mondays, March 27th – June 5th (No class 4/10, 5/29)

6:00pm – 6:30pm Level One
6:30pm – 7:00pm Level Two
7:00pm – 7:30 pm Level Three
7:30pm – 8:00pm Level Four
8:00pm – 8:30pm Level 5 & 6

Tuesdays, March 28th – May 30th (No class 4/11)

6:30pm – 7:00pm Parent & Child
7:00pm – 7:30 pm Adult Level One
7:30pm – 8:00pm Adult Level Two

Wednesday's, March 29th – May 31st (no session 4/12)

6:00pm – 6:30pm Level One
6:30pm – 7:00pm Level Two
7:00pm – 7:30 pm Level Three
7:30pm – 8:00pm Level Four
8:00pm – 8:30pm Level 5 & 6

Fridays, March 31st – June 2nd (No class 4/14)

6:00pm – 6:30pm Level One
6:30pm – 7:00pm Level Two
7:00pm – 7:30 pm Level Three
7:30pm – 8:00pm Level Four
8:00pm – 8:30pm Level 5 & 6



More Aquatics Programs on Page 13

Public Open Swim At Westhill Pool

Monday, Wednesday, & Friday

Public swim takes place from 6:30 – 8:30 pm at Westhill High School Pool. The Fees listed below is for the Spring Session. Register in the office, online, or in person at Westhill (In person at Westhill the week of March 20th) Open Swim dates are: March 20th – June 16th (no sessions on 4/10-4/14, 5/29) **There is no Open Swim when schools are closed.**

		City of Stamford Resident Rate	Swim Lesson Registrant *
-			
Infants < 2	Free	Free	N/A
Child (2-6)	\$30	\$20	\$15
Youth (7-18)	\$40	\$30	\$20
Adult (19-61)	\$50	\$40	\$30
Senior (62+)	\$25	\$20	\$15
Family*	\$80	\$70	\$55
*Family=2 adults, plus all children under 18 in household			*Admission during current enrollment session

Lifeguard Training, Youth Tennis & Soccer Programs

Lifeguard Training & Certification Class

Where: Westhill Pool

Dates: April 10th - April 13th

Time: 9:00AM - 4:00PM each day

Fee: \$400.00 per student

Note: You must attend all dates to be certified

Interested in becoming a Lifeguard? Are you whistle worthy? Register for a Lifeguard Certification class. This class will enable you to be a American Red Cross Certified Guard. Waterfront Certification included. Class takes place at Westhill High School Pool. **Registrants must be 16 or older by the completion of class dates.**

Eagles Soccer Academy (Ages 5 - 14)

Where: Lione Park

When: April 17th - June 7th (Mon. & Wed.)

April 18th - June 8th (Tues. & Thurs.)

Time: 5:15PM - 6:15PM / ages 5 - 7 - **Sess. 01**

5:15PM - 6:15PM / Ages 8-10 - **Sess. 02**

6:15PM - 7:15PM / Ages 11 - 14 - **Sess. 03**

6:15PM - 7:15PM / Ages 8 - 10 - **Sess. 04**

Fee: \$150.00 for 8 weeks, **30% discount for siblings but**

Instructors: Eddy, Johnathan & Ricky Certified Instructors

Description: At eagles of Stamford we create a fun, safe, and friendly environment that provides the necessary tools to enable each player to achieve success through motor skills as well as tactical learning while promoting physical fitness. Please bring a bottle of water and a size #4 soccer ball . Note: No class on Monday May 29th.

Cannot be done online only at the Rec. Office.

Pee Wee Tennis Lessons (Ages 5 - 7)

Where: Scalzi Park Tennis Courts

When: May 13th - June 10th

Days: Saturdays

Time: 9:30AM -10:10AM - **Sess. 1**

10:15AM -10:55AM - **Sess. 2**

11:00AM -11:40AM - **Sess. 3**

FEE: \$75.00 per child per section

Staff: Classes will be taught by **GSTA staff**

Description: This program is designed to be a fun-filled introduction to tennis for children ages 5-7 with a game-oriented theme and utilizing 10 and under racquet and balls. Each class will include 30 minutes of instruction and 10 minutes of tennis play.

Tennis Basics (Ages 8 - 12)

Where: Scalzi Park Tennis Courts

When: May 13th - June 10th

Days: Saturdays

Time: 9:15AM-10:30AM - **Sess. 1**

10:45AM-11:45AM - **Sess. 2**

FEE: \$150.00 per child

Staff: Classes will be taught by **GSTA staff**

Description: This program is designed to teach basic groundstrokes and volleys to children **ages 8-12** who have already played some tennis or athletic rookies who are looking to test their talents in a new sport



Spring Break Swim Camp (Ages 5-12)

Where: Westhill Pool

Dates: April 10th - April 13th

Time: 9:00AM - 4:00PM each day

Fee: \$200.00 per student

For more information on the camp, contact Matt Nordt at MNordt@StamfordCT.gov

Youth Fitness Programs & Vacation Camp

Heart Smart Fit Kids After School (Gr. K - 5)

Where: Bodywise Studio 990 Hope Street
When: March 21st - May 30th (Tuesdays)
March 23rd - June 1st (Thursdays)

Day: Tuesday - Sess. 01
Thursday - Sess. 02

Time: 4:30PM - 5:45PM

Fee: \$150.00 per child for 10 weeks

Instructor: Betty Kelly Camlin, **Certified Instructor**

Description: Award winning Fitness & Healthy lifestyle oriented, pediatrician approved program provided in a kid friendly Fitness Studio on Hope Street in Springdale. This innovative program provides fun, never boring fitness classes like: **REBOUNding** mini-trampoline aerobics, **CARDIO BOXING**, **FUN KIDS BOOT CAMP**, **HOOPING**, **KIDS ZUMBA & KIDS YOGA GLOW** all performed to kid friendly pop music. Class venue changes every two weeks. Program includes a world-class nutrition curriculum, "Nutrition Detectives" by Dr. David Katz of Yale.

Spring Break & Summer Break Programs By Bodywise By Betty (Gr. K - 5)

Where: Bodywise Studio 990 Hope Street

When: April 10th - April 14th - Sess.01
June 19th - June 23rd - Sess. 02
June 26th - June 30th - Sess. 03
August 14th - August 18th - Sess. 04
August 21st - August 25th - Sess. 05

Day: Monday - Friday

Time: 10:00AM - 4:00PM - **Regular Day**
8:30AM - 5:30PM - **Extended Day**

Fee: \$225.00 per session regular day
\$275.00 per session extended day

Note: \$20.00 per session arts & Craft Fee paid to Betty

Instructor: Betty Kelly Camlin, **Certified Instructor**

Description: Our very popular and very **AFFORDABLE** (less than \$8/hr less than \$50/day) are back and better then ever. Camps can include: **REBOUNding** (mini-trampoline) **YOGA**, **YOGA CIRCUS**, **ZUMBA**, **HOOPING** **ACTING/MIME**, **FACE PAINTING**, **PLAYGROUND FUN**, **CARDIO DRUM**, **VIDEO GAMING**, **KAROKE LUNCH**, **HEALTHY SNACK PREP**, **FIELD TRIPS TO FARMERS MARKET**, **SUBWAY**, **FIT ART/ CRAFTS**, **ALL TIED INTO FUN FITNESS, NUTRITION & HEALTHY LIFE STYLE EDUCATION**. Day ends with a movie. Contact Betty @bodywisebybetty@me.com for more info.



Kids Night Out - Parents Night Off Saturday Evenings (K - 5)

Where: Bodywise Studio 990 Hope Street

When: March 18th - (St Pats Theme) Sess. 01
April 29th - (American Girl Doll) Sess.02
May 20th - (Girls Yoga Spa) Sess. 03
June 10th - End Of Year Bounce) Sess. 04

Day: Saturday

Time: 6:00PM - 10:00PM

Fee: \$40.00 per session/event

\$35.00 per event 2 or more family members

Instructor: Betty Kelly Camlin, **Certified Instructor**

Description: Includes: **Open Gym**, **Fun Games**, **Bouncing**, **Zumba**, **Hooping**, **Yoga**, **Drumming**, **Crafting**, **Movie**. Bring a **Healthy Snack** and **water bottle**. **Dinner & Karaoke** provided when we have 16 kids. Each one has a different theme.

Real Gym For Kids (Ages 7 & UP)

Where: Break Thru Family Fit 4 Life

When: April 17th - June 25th

Day & Time: 4:00PM - 6:00PM - **Mon. - Fri.**
9:00AM - 12:00PM - **Sat & Sun**

Fee: \$149.00 per student/ Unlimited days for 10 weeks

Instructor: Kimberly Colletto, **ACE Certified Trainer**

Description: A one-of-a-kind kids' fitness circuit with 10-12 strength and cardio machines. A **REAL GYM**, the only one around, with Kid sized equipment. Kids learn the right way to work out independently & form good habits for life. Great for kids who don't like competitive sports & a great supplement for sports conditioning. Program is customized to each child based on his/her individual needs. **All students must call Break Through Fitness (203 - 355-9395) for first time orientation.**

Krav Maga Kids (KMX) (Ages 7 - 13)

Where: Break Thru Family Fit 4 life/ 48 Union Street

When: April 14th - June 23rd

Days & Times: Mon, Wed. & Fri. 5:00PM - 5:45PM

Fee: \$199.00 twice a week per student - **Sess. 01**

\$249.00 three times a week per student - **Sess. 02**

Instructor: Tom Bacha & Kimberly Colletto

Description: This is a unique kids version of the Israeli Self Defense and Military Training System for ages 7-13. It uses drills and games to teach children life skills, self-reliance. Personal Protection. Discipline, Focus, Common Sense, and also self confidence. Classes begin with a full 20 minutes of fun cardio drills (obstacle course, boot camp drills etc.), followed by realistic self-defense drills and end with Stranger Danger Awareness drills where flash cards are used to develop instinctive responses to dangerous situation.

STEM April Vacation Camps For Youth

Jr. Computer Programmer (Gr. 1 - 4)

Where: Stillmeadow School
When: April 10th - April 13th
Day: Monday - Thursday
Time: 9:00AM - 12:00PM
Fee: \$144.00 per Student
Instructor: Happy Code Staff

Description: This is a STEM Class in which your kids will be learning Computer Science concepts used in the realworld by making their own video games, creating animations, integration sounds and music and simulating real life situations using the visual programming language Scratch. This class is a fun way to learn basic Computer Science Concepts and how to use them in code that produces amazing results. This class is a pre-requisite for anyone who has not coded before or has little experience with Coding. **Max of 16 campers**

Computer Programmer (Gr. 5 - 8)

Where: Stillmeadow School
When: April 10th - April 13th
Day: Monday - Thursday
Time: 1:00PM - 4:00PM
Fee: \$144.00 per Student
Instructor: Happy Code Staff

Description: This is a STEM Class in which we use the Visual programming language Scratch and learn Computer Science Concepts used in the real world. You will learn by making games and other fun projects. Along the way you will learn skills like Information, Communication, Thinking and Problem Solving. You will pick up on Computer Programming skills such as Sequencing, Iteration, Conditional Statements, Variables all while having fun. Minimal or no experience is required. **Max of 16 students**

Python Game Development For Students (Grades 6 - 11)

Where: Stillmeadow School
When: April 10th - April 13th
Day: Monday - Thursday
Time: 9:00AM - 12:00PM
Fee: \$199.00 per Student
Instructor: Happy Code Staff

Description: This is a STEM Class. The Python Programming language is an excellent language to teach computer programming because it closely resembles English and it is used in the real world from making apps to solving problems at big companies like Intel. Python sounds awesome because it is! With Python Code you can implement your enthusiasm for Computer Programming & if you love gaming and ever wanted to make your own Desktop or Mobile Games then this class is for you. Minimal experience is required but you do have to bring your own natural curiosity & perseverance to get the most out of this class.



Adult Tennis & Bus Trips

Mohegan Sun Casino

When: April 22nd , 2017
Day: Saturday
Departure Time: 8:00AM
Return Time: 6:00PM

Fee: \$26.00 per person per trip / includes tip
Description: Come let us do the driving and enjoy a day at the Mohegan Sun Casino. Try your luck at the hundreds of table games, novelty games, keno and slot machines. Enjoy a day of great entertainment and food.



Boston On Your Own

When: May 20th, 2017
Day: Saturday
Depart: Government Center Lobby at 7:00AM
Return: Government Center Lobby at 7:00PM
Fee: \$47.00 per person for residents

Description: Come enjoy a Spring day in beautiful Boston with your family or friends. We will drop you off at Quincy Market and you will have over 6 hours to enjoy the sights, shopping and dining. **Registration is limited to 52 participants!**

Adult/Teen Tennis Lessons (Ages 14 Plus)

Where: Scalzi Park Tennis Courts
When: May 13th - June 10th
Day: Saturday
Time: 9:30AM - 10:30AM
Fee: \$175.00 per person
Instructor: GSTA STAFF

Description: This program is designed to be an introduction to tennis. Participants will be taught the fundamentals of forehand, backhand, serves and volleys as well as the rules of the game.



Summer Camp Counselors Wanted

We are currently looking for students ages 16 & older that have some experience working with children ages 3-12 to work in our summer camp programs. If you enjoy children, the outdoors, swimming and more you will enjoy this summer position. Applications are online at www.stamfordrecreation.com

Adult Fitness Programs

BodyWise Bounce

Where: Bodywise Studio 990 Hope Street

When: March 30th - May 18th (Thurs.)

March 25th - May 13th (Sat)

Day & Time: Thursday - 9:30AM - Sess. 01

Saturday - 9:00AM - Sess. 02

Thurs. & Sat. - Sess. 03

Fee: \$160.00 per person once a week

\$240.00 per person twice a week

Instructors: Betty Kelly Camlin, Certified Instructor

Description: Known as the “healthiest exercise on the planet” and I would love for you to try it for the first class FOR FREE!! Rebounding is an awesome, exhilarating, heart pumping aerobic program that I have PERSONALLY designed, performed on a mini-trampoline and provided in an inspiring, motivating WOMEN ONLY group environment with fantastic dance/techno pop music. It will leave you energized like no other exercise can. Includes Upper Body Boxing, Strength Training, Abs and deep stretch. **Non impact/ Burns tons of calories, tones muscles. increase bone mass. Every cell in body is stimulated. Rebounding is the only exercise that detoxifies and rids the body of toxins, while enhancing the immune system.**

Women’s Cardio Strength Training & Barre/Pilates

Where: Bodywise Studio 990 Hope Street

When: March 28th - May 16th - Tuesday

March 29th - May 17th - Wednesday

March 30th - May 18th - Thursday

Day & Time: Tuesday - 6:15PM - Sess. 01

Wednesday - 9:30AM - Sess. 02

Thursday - 6:15PM - Sess. 03

Twice a week - Sess. - 04

Fee: \$160.00 per person once a week

\$240.00 per person twice a week

Instructors: Betty Kelly Camlin, Certified Instructor

Description: A Fusion of three great formats: Cardio, Weights & Barre. This is a 60 minute ,Cardio and barbell/free weight training class in an inspiring, motivating WOMEN ONLY group environment with fantastic music and awesome instructor with great women participating. Using Steps, Bar Bells, Free weights, Tubing, Stability Balls, **BALLET BARRE** and more, this interval training class fires up all the muscles of the body and allows you to burn tons of calories, **BUILD BONE MASS** and get Toned, Sculpted and Strong.



Buddy Training - Women Only

Where: Bodywise Studio 990 Hope Street

When: March 20th - April 29th

Day & Time:

Monday & Wednesday @ 10:00AM - Sess. 01

Monday & Wednesday @ 6:15PM - Sess. 02

Thursday & Saturday @ 10:45AM - Sess. 03

Fee: \$180.00 PP / 2 classes for 6 weeks

Instructors: Betty Kelly Camlin, Certified Instructor

Description Research shows that working out with a friend or two, significantly increases motivation, participation, fitness results and goals. So grab a friend and get fit affordably while using the “buddy system” to keep you motivated to “stick to it” provided in small group sessions. It’s all about Commitment, Exercise, Nutrition, Sleep, Stress reduction and accountability. You will see real change in your body and you will get the support from your trainer, your friends and other women participating, so you can stay committed. **This Women only GROUP TRAINING** alternates between cardio, strength, agility, core strength and flexibility. Modifications are provided. Appropriate for all fitness levels. **MIN 4 WOMEN in each time slot NEED TO START**

Krav Maga Adults (KMX)

Where: Break Thru Family Fit 4 life/48 Union Street

When: April 17th - June 25th

Days & Time: 11:15AM - Sunday

6:30PM - Monday, Tuesday & Thursday

10:30AM - Saturday

Fee: \$249.00 per person for 10 weeks unlimited

Instructor: Tom Bacha

Description: Krava Maga is the official Self-Defense and Fighting System of the Israeli Defense Forces and various police departments through the United States. This highly effective, easy to learn system of Self - defense is offered for men/women of all ages & skill levels.

Women’s Only Gym

Where: BreakThru Family Fit For Life

When: April 17th - June 25th

Time: 7:00AM - 8:00PM - Mon. through Fri.

800AM - 3:00PM - Sat. & Sun.

Fee: \$125.00 per person for 10 weeks/ Unlimited days
Instructors: Personal Trainer: Kimberly Colletto
Intimidated by free weights? Don’t like large gyms? Hate the crowds? This easy, 30-minute workout combines cardio-vascular exercise and strength training utilizing machines designed specifically for women. A staff personal trainer will get you started with a fitness evaluation, equipment instructions and help you establish goals. BreakThru to a new you!!! Includes one free body conditioning class per week. **Unlimited 7 days per week!**

Welcome To Summer 2017 With Recreation

The next 15 pages of this Brochure are filled with Day Camps, Activity Programs, Playground Program, Preschool Camp Art, Sports, Fitness, Educational, Science Camps, Lego, Acting Camps and More! **The registration dates for our Preschool, Day Camps, Activity Programs and Playground Program are listed on page 3 of the Brochure.** Registration for all other summer specialty camps begins on-line March 14th & walk-in registration begins March 15th, 2017. **Note: Please make sure that you have all of the proper forms and documents required to sign up for any of our summer camp programs when registering.** For more information contact the Recreation Office at 203-977-5214.

Tiny Tots Preschool Camp & Barrett Park Playground Program

Tiny Tots Preschool Camp (Ages 3 - 5)

Where: Roxbury Elementary School

When: June 26th - July 7th - Sess. 01

July 10th - July 21st - Sess. 02

July 24th - August 4th - Sess. 03

Days: Monday - Friday - (No program 7/4)

Time: 9:00AM - 1:00PM

Fee: \$185.00 per child - Session 1

\$200.00 per child - Session 2 & 3

Description: New this summer we will be adding an extra hour per day on this exciting preschool camp program. Our six week summer program consists of both educational & recreational activities. Each day consists of games, arts & crafts, gym activities, sports, nature, story time, water games and more. Our camp is run by a certified (current) preschool teacher who has exciting days planned and that your child will love. **What a great way to also give yourself some quality time each day in the summer.** Any child that has graduated kindergarten is not eligible for this camp. Campers should bring a back pack each day with extra clothes and should wear sneakers. Registration cannot be done online for this program and parents must bring a copy of their child's Birth Certificate and full payment to register. **All children must be potty trained to attend camp and no refunds will be given. Registration Begins on Thursday, March 9th at 8:30am!** Our camp will once again this summer be run by Ms. Claire who has been with us for over 9 years and is a preschool teacher during the school year. **Also, lunch will be provided each day and parents that do not wish to have their child participate in the lunch program may pack a bagged lunch. Menus will be posted each week on the lunch being served daily.**

Barrett Park Playground (Ages 6 - 12)

Where: Barrett Park on Newfield Ave

When: June 26th - August 11th (No camp 7/4)

Days: Monday - Friday

Time: 8:30AM - 4:30PM

Fee: \$330.00 per child

\$165.00 per child/ **Reduced Fee**

\$75.00 per child for summer busing to Barrett

Description: This Playground Program was formally offered at Cove Island Park but now will be held at Barrett Park. We will offer transportation from Cove Island Park each morning at 8:15AM to Barrett Park for the first 50 children that need transportation from the Cove Neighborhood. We will then bus the children back at the end of the day for sign out at 4:30PM at Cove Island Park for an additional one time fee listed below. All children must be preregistered for this playground program which is open to children ages 6-12 only (or 5 year olds that have completed Kindergarten). Each day children will be involved in arts & crafts, sports, board games, water games, special events and other creative activities. There are two major field trips that campers can sign up for and space is limited to the first 50 campers. Parents will be required to fill out a permission slip. **The playground will be closed on rainy days due to no indoor facilities.** Lunch will be provided or campers can bring their own lunch each day plus a swim suit, towel, sun-tan lotion, flip flops and a snack. This program is structured and campers will be grouped by ages and will play age appropriate games/activities. **Any child age 5/6 must show a copy of their birth certificate & a copy of a school report card at registration and cannot be done online.** Reduced fee spots for all ages cannot be done online. We must have a copy of the lunch certificate at the time of registration with full payment to process. **Any child that turns 13 before July 21st, 2017 is not eligible for this program.**



Attention Parents!

If you have a student at home age 16 or older and has experience working with young children, we have summer camp counselor positions available.

Applications are on-line at
www.stamfordrecreation.com

Davenport, Heroy & Westover Day Camps

Davenport Summer Day Camp For Ages (6 - 12)

Where: Davenport Elementary School
When: June 26th - August 11th (No camp 7/4)
Days: Monday - Friday
Time: 9:00AM - 4:00PM
Extended Care: 7:30AM - 9:00AM / 4:00PM - 5:30PM
Fee: \$950.00 per **child Full Pay**
\$400.00 per **child Reduced Fee**
\$25.00 per week for AM or PM Care
\$50.00 per week for AM & PM Care

Description: This traditional day camp mixes exciting activities, arts & crafts, adventures & offering new opportunities with friends that will create memories that will last a lifetime. **The program is for children ages 6 -12 or 5 year olds** who are currently in kindergarten. They will be involved in swimming 2 to 3 times per week (**Heroy Pool**) , sports, gym games, water games, color wars, weekly theme weeks, weekly field trips & more. We offer a ten to one camper ratio & children are grouped by age/ grade in groups. We have both outdoor and indoor activities each day. **Any child age 5 must show a copy of their birth certificate & a copy of a school report card. Five year olds cannot register on-line! Reduced fee spots for all ages cannot be done online & we must have a copy of the lunch certificate at the time of registration with full payment to process.** Finally, campers must be walked into the building each day and signed in & out by their parent/guardian. Parents will enter through the door located on the side of the gym by the outside playground each day. Please make sure you list your child's shirt size on the camp registration form. **There will a max of 160 children in this summer camp program. Any child that turns 13 before July 21st is not eligible for the program.**

Heroy Summer Day Camp For Ages (6 - 12)

Where: Heroy Park-Riding Stable Trail/off High Ridge Rd
When: June 26th - August 11th (No camp 7/4)
Days: Monday - Friday
Time: 9:00AM - 4:00PM
Extended Care: 7:30AM - 9:00AM / 4:00PM - 5:30PM
Fee: \$950.00 per **child Full Pay**
\$400.00 per **child Reduced Fee**
\$25.00 per week **for AM or PM Care**
\$50.00 per week **for AM & PM Care**

Description: If your child loves the outdoors they will love this camp located in North Stamford. This camp is set in a park that has its own baseball field, basketball court, pool, pavilion, tennis courts and an air conditioned recreation building. **Each day children ages 6 - 12 or 5 year olds** who are currently in kindergarten will be involved in activities, swimming, sports, games, crafts , color wars, video games and more. We also have weekly themes and several field trips throughout the summer. The program offers a 10 to one ratio so our staff gets to know every child. Campers are grouped by age/grade so they are involved in age appropriate activities. **Any child age 5 must show a copy of their birth certificate & a copy of a school report card at registration. Five year olds cannot register on-line! Reduced fee spots for all ages cannot be done online & we must have a copy of the lunch certificate at the time of registration with full payment to process.**

Please make sure you list your child's shirt size on the camp registration form. **There will be a max of 125 children in this summer camp program. Any child that turns 13 before July 21st is not eligible for the program.**

Westover Summer Day Camp (Ages 6 - 12)

Where: Westover Elementary School at 412 Stillwater Ave
When: June 26th - August 11th (No camp 7/4)
Days: Monday - Friday
Time: 9:00AM - 4:00PM
Extended Care: 7:30AM - 9:00AM / 4:00PM - 5:30PM
Fee: \$950.00 per **child Full Pay**
\$400.00 per **child Reduced Fee**
\$25.00 per week **for AM or PM Care**
\$50.00 per week **for AM & PM Care**

Description: This traditional style day camp is our largest camp & **is open to children ages 6-12 or 5 year olds** who are currently in kindergarten. Each day is filled with a structured schedule of sports, crafts , swimming, color wars, board games, activities, special events and several field trips. This camp offers both indoor & outdoor activities and children will be broken up by age/grade. Lunch will be served each day for any child that wishes not to bring a lunch. **Any child age 5 must show a copy of their birth certificate & a copy of a school report card at registration. Five year olds cannot register on-line! Reduced fee spots for all ages cannot be done online. We must have a copy of the lunch certificate at the time of registration with full payment.** Finally, campers must be walked into the building each day and signed in & out by their parent/guardian. Parents will enter through the door located between the main entrance and the auditorium each day. This summer. **There will be a max of 160 children! Any child that turns 13 before July 21st is not eligible for the program. Westover will swim at Westhill High School Pool.**



Activity Camps & Summer Sports Camps

Newfield & Stillmeadow Activity Programs (Ages 6 - 12)

Where: Newfield School at 345 Pepper Ridge Road
Stillmeadow School 800 Stillwater Road

When: June 26th - August 11th (No camp 7/4)

Days: Monday - Friday

Time: 8:00AM - 4:00PM

Fee: \$500.00 per child **Full Pay**
\$250.00 per child **Reduced Fee**

Program# - Newfield Activity Program

Program#: - Stillmeadow Activity Program

Description: Activity Programs are a combination of a playground & day camp program that features outdoor as well as indoor programs each day. Campers will be involved in group games, sports, arts & crafts (not every day), special events, playground time, and more. Group sizes are larger than a day camp and campers are grouped by age/grade to participate in age appropriate activities. **If your child is age 6 or 7 and attending camp for the first time, a day camp has smaller ratios and may be a better fit.** Younger campers will only participate in activities with older campers during supervised ALL CAMP SPECIAL EVENTS! We will also offer swimming twice a week at city pools on a first come first serve basis. **There will also be three major field trips which campers must sign up for separately. Each trip will take a max of 90 campers per site and parents will be required to fill out a permission slip.** Wait lists will be taken for each swimming and field trip. All trips are first come first served basis. Activity Programs have indoor capability and therefore will not close for inclement weather. **Any child age 5/6 must show a copy of their birth certificate & a copy of a school report card at registration. Five year olds cannot register on-line! Reduced fee spots for all ages cannot be done online. We must have a copy of the lunch certificate at the time of registration with full payment to process.** Finally, campers must be walked into the building each day and signed in & out by their parent/guardian. Parents will enter through the door located on the side of the gym by the outside playground each day. Please make sure you list your child's shirt size on the camp registration form. There will be a max of 160 children in this summer camp program. **Any child 13 years old before July 21st is not eligible for this program. The Newfield program will swim at Heroy pool and the Stillmeadow program at Westhill pool this summer.**



Soccer Tikes Camp I (Ages 3 - 7)

Where: West Beach Turf Soccer Field

When: June 26th - June 30th - **Session 1**

August 14th - August 18th - **Session 2**

Days: Monday - Friday

Time: 9:00AM - 10:00AM - **Ages 3-4**

10:15AM - 11:30AM - **Ages 5-7**

Fee: \$107.00 per child per one week section

Description: SoccerTikes innovative curriculum introduces children to the game of soccer through fundamental skills building activities, games & fun soccer challenges. We strive to create an interactive learning environment with maximum participation, lots of repetition, & of course fun. Your young camper will enjoy a magical week of soccer while making new friends. The program is designed to meet the dynamic athletic abilities of children, therefore we make sure all involved will improve their skills & have lots of fun! We stress skill building – not winning - thus there is no opportunity to fail.

Total Sports

Parent & Me Squirts (Ages 2 & 3)

Where: Scalzi Park

When: June 28th - August 9th

Days: Wednesday

Time: 9:30AM - 10:30AM

Fee: \$130.00 per child for 7 weeks

Description: With a parent participating by their side, this program will stimulate a child's imagination, develop skills and encourage social interaction. Sports covered are soccer, t-ball, basketball, floor hockey and more. **Run by US Sports Institution.**

Total Sports Squirts (Ages 3 - 5)

Where: Scalzi Park

When: June 28th - August 9th

Days: Wednesday

Time: 10:30AM - 11:30AM

Fee: \$130.00 per child for 8 weeks

Description: Children have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey & Flag Football. **Run by US Sports Institution**

T - Ball Squirts (Ages 3-5)

Where: Scalzi Park

When: June 28th - August 9th

Days: Wednesday

Time: 11:45AM - 12:45PM

Fee: \$130.00 per child for 7 weeks

Description: Utilizing fun games and activities, players will develop their skills in hitting, throwing and fielding. At the end of the session we will have a scrimmage. **Run by US Sports Institution**

Summer Aquatics Lessons & Sea Kayak Camps

Youth Summer Swim Lessons

Please refer to page 12 of the brochure about information regarding swim levels. Lessons will be held at Westhill Pool. No class 7/4/2017

Session 1 – June 26th – July 7th, 2017

9:30am – 10:00am Parent & Child
10:00am – 10:30am Level One
10:30am – 11:00am Level Two
11:00am – 11:30am Level Three
11:30am – 12:00pm Level Four
12:00pm – 12:30pm Level 5 & 6

Session 2 – July 10th – July 21st, 2017

9:30am – 10:00am Parent & Child
10:00am – 10:30am Level One
10:30am – 11:00am Level Two
11:00am – 11:30am Level Three
11:30am – 12:00pm Level Four
12:00pm – 12:30pm Level 5 & 6

Session 3 – July 24th – August 4th, 2017

9:30am – 10:00am Parent & Child
10:00am – 10:30am Level One
10:30am – 11:00am Level Two
11:00am – 11:30am Level Three
11:30am – 12:00pm Level Four
12:00pm – 12:30pm Level 5 & 6

Summer Swim Camp (Ages 5 - 12)

Where: Westhill Pool

When: August 7th – August 11th – Session 1
August 14th – August 18th – Session 2

Day: Monday - Friday

Time: 9:00AM - 4:00PM

Fee: \$250.00 per session

Staff: Aquatics Staff

Description: Join us for some fun days of swim lessons and pool games during summer break!! We will have some snacks and pizza on the last day. Pack a lunch each day



Sea Kayak Connecticut Summer Camps Camp Beluga

Activities: Kayaking and StandUp Paddleboarding

Ages: Belugas are campers entering 4th, 5th and 6th grades in the fall of 2017. No camp July 4th, 2017

Location: Quigley Beach Boathouse, Cove Island Park

Dates:

Session 1. June 19 – June 23, 2017

Session 2. June 26 – June 30, 2017

Session 3. July 3 – July 7, 2017 *\$300.00

Session 4. July 10 – July 14, 2017

Session 5. July 17 – July 21, 2017

Session 6. July 24 – July 28, 2017

Session 7. July 31 – August 4, 2017

Session 8. August 7 – August 11, 2017

Session 9. August 14 – August 18, 2017

Session 10. August 21 – August 25, 2017

Description: Each week-long program will teach campers basic kayaking and standup paddle boarding strokes and maneuvers. They will engage in a wide variety of on-water games and activities that will help them develop both confidence and coordination. Each day will be a new adventure as Quigley Beach offers several short-paddle destinations to nearby beaches and islands. Plenty of swim time is included.

Time: 9:30 AM -12:30 PM Monday-Friday

Price: \$375 per session

American Canoe Association Certified instructors

1:4 instructor/camper ratio Water bottle, synthetic paddling shirt and daily peanut-free snack provided

Camp Minke

Activities: Kayaking and Stand Up Paddle boarding

Ages: Minkes are campers entering 7th, 8th and 9th grades in the Fall of 2017. **No camp July 4th, 2017**

Location: Quigley Beach Boathouse, Cove Island Park

Dates:

Session 1. June 19 – June 23, 2017

Session 2. June 26 – June 30, 2017

Session 3. July 3 – July 7, 2017 *\$300

Session 4. July 10 – July 14, 2017

Session 5. July 17 – July 21, 2017

Session 6. July 24 – July 28, 2017

Session 7. July 31 – August 4, 2017

Session 8. August 7 – August 11, 2017

Session 9. August 14 – August 18, 2017

Session 10. August 21 – August 25, 2017

Description: Each week-long program will cover all basic and some advanced kayaking and standup paddle boarding strokes and maneuvers. Campers will get out on boards and in kayaks, learn basic navigation and seamanship skills and enjoy a variety of games and activities. Every day will include launching from Quigley Beach, paddling to nearby beaches and islands and some time swimming in Long Island Sound.

Time: 1:00 PM - 4:00 PM Monday-Friday

Price: \$375 per session

American Canoe Association Certified instructors

1:4 instructor/camper ratio Water bottle, synthetic paddling shirt and daily peanut-free snack provided

Kayaking, Fitness, Tennis & Sports Camps

Camp Humpback

Activities: Kayaking and StandUp Paddleboarding
Ages: Humpbacks are campers entering 10th, 11th and 12th grades in the fall of 2017. **No camp July 4th, 2017.**

Location: Quigley Beach Boathouse, Cove Island Park

Dates:

Session 1. June 19 – June 23, 20

Session 2. June 26 – June 30, 2017

Session 3. July 3 – July 7, 2017 * (\$360) - **No camp 7/4**

Session 4. July 10 – July 14, 2017

Session 5. July 17 – July 21, 2017

Session 6. July 24 – July 28, 2017

Session 7. July 31 – August 4, 2017

Session 8. August 7 – August 11, 2017

Session 9. August 14 – August 18, 2017

Session 10. August 21 – August 25, 2017

Description: Each week-long program will work to train campers in both basic and advanced strokes and maneuvers. A wide variety of standup paddleboarding and sea kayaking techniques will be taught including self and assisted rescues, pivot turns, core paddling and balancing exercises. Campers will receive navigation and seamanship training, take part in warm up activities and will set out from Quigley beach to explore local islands and the Stamford and Darien coast.

Time: 1:30 PM -4:30 PM

Days: Monday-Friday

Price: \$450 per session

High performance sea kayaks and paddleboards

American Canoe Association Certified instructors

1:4 instructor/camper ratio Water bottle, synthetic paddling shirt and daily peanut-free snack provided

Kids Fitness Camp Extravaganza For Age (6 - 12)

Where: Break Thru Family Fit 4 Life

When: July 10th - August 18th

Day: Monday, Wednesday & Friday

Time: 4:15PM - 6:15PM

Fee: \$199.00 per student for all six weeks

Instructor: Kimberly Colletto, **ACE Certified Trainer**

Description: Get your Kids in shape this summer with our exclusive Kids Boot Camp CAMP! Kids Krav Maga Classes and Kids Boot Camp Classes are held in our 3000 square foot air conditioned space which include Mini Trampolines ,Agility Ladders ,Rope Stations, Jump Ropes, Obstacle Courses, Hula Hoop challenges and more. This camp includes assisted free play in our Indoor Sensory Gym, PLUS a second gym with Kid Sized Cardio, Core and Strength Machines! Health and Nutritional Kid Tips and Kids friendly recipes are given by a certified Personal Trainer, who specializes in children's fitness. Fantastic, Kid friendly counselors make this camp a rounded, fun filled experience!!!

SLAMMER TENNIS WORLD SUMMER CAMP FOR YOUTH For Ages 6-16

Where: Scalzi Park Tennis Courts

When: June 19th - July 7th - **Sess. 01**

July 10th - July 28th - **Sess. 02**

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$432.00 per session

Description: Slammer Tennis World summer camp is designed to teach the participants the basics of tennis (rules, ground strokes, volleys, the overhead, and the serve) in a fun-filled atmosphere. It will also incorporate some light exercises and footwork drills to build stamina. This program is open to children **6 to 16** years old and campers will be grouped by age. All participants must bring their own tennis racquet, snack and a water bottle to camp each day. At the completion of this six-week tennis camp, participants will receive a certificate. Whether your child has tennis experience or not, they will enjoy this camp. **(Note: No camp on Tuesday, July 4th, 2017; this day will be made-up during the make-up week)**
Make up week for BOTH sessions: July 31st to August 4th, 2017 **(Note: There are no make-ups except for inclement weather; any classes cancelled due to inclement weather will be made-up during the make-up week)**

STARS Sports Camp (Ages 7-12)

For over a decade Star's Sports camp has been a hit with kids and parents alike. This camp keeps your kids entertained while emphasizing good sportsmanship, team play, and all out enjoyment of such sports as softball, soccer, kick ball, flag football, dodge ball, capture the flag and much, much more! An experienced and responsible staff ensures your child's safety and fun. With both indoor and outdoor facilities so the weather is never an issue. Camp runs from 9-2 Monday through Friday. Campers need to bring a lunch and a drink. Snack will be provided and each camper will receive a t-shirt. For more information call 203-979-0393

Where: Scofield Middle School

When:

Session 01 - June 26th – June 30th

Session 02 – July 3rd - July 7th **(No camp July 4th)**

Session 03 - July 10th – July 14th

Session 04 - July 17th - July 21st

Session 05 - July 24th - July 28th

Session 06 - July 31st – August 4th

Session 07 – August 7th – August 11th

Time: 9:00AM - 2:00PM

Fee: **\$215.00 per child Sessions A through G**

\$172.00 per child for Session B (four day week)

Includes Camp Shirt, daily snack

Staff: Matt Shoztic & Mitch West

Summer Technology & Educational Camps

Computer Programming Camp Ages 6 - 13

Where: Springdale Elementary School

When:

July 10th - July 14th (Scratch & Python Programming)

July 17th - July 21st (Scratch & Python Programming)

July 24th - July 28th (Scratch & 3D Game Design)

July 31st - August 4th (Scratch & 3D Game Design)

Day: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$250.00 per student per one week camp

Instructor: Happy Code Staff

Description: This is a STEM Camp. All skill levels are welcome. We will cover age appropriate Computer Programming Instruction depending on Age and Experience every week and help you create a variety of fun projects where along the way you will pick up coding skills such as Sequencing, Iteration, Conditional Statements, Variables. Projects are made using the Visual Programming Language Scratch, The Python Programming Language, JavaScript, C# and Unity Game Engine. By the end of summer camp you will have experienced Computer Science Concepts that are used by software developers and video game designers. We will make 3D Video Games, Create Animations, Program Stories, Create Platform Games and incorporate Computer Science, Engineering, Design, and Animation. Sign up for one, two, three or all four weeks.

NOTE: Please bring a peanut butter free snack and water or juice. Optional: Bring your own laptop computer or use ours. If you bring your own computer you are responsible for taking care of your computer and taking it with you when you leave camp as we will not be responsible for lost equipment.

Robo - Warriors To the Rescue For Ages 5 - 10

Where: Stillmeadow Elementary School

When: June 27th - June 30th

Day: Tuesday - Friday

Time: 8:30AM - 2:30PM

Fee: \$175.00 per student for the week

Instructor: CT Computer Ed Staff

Description: Come join our newest Lego® class called Robo-Warriors. Build your own super team of warriors. These warriors have surprises from a spear to wings. You can build some awesome warriors from our designs or use your own creation. Combine as many pieces as you can to design the Ultimate Warrior. No Lego's will be taken home. This class requires team building and individual building at times. This class uses two different Lego® building components. Please bring a lunch and a snack. Pictures will be e-mailed home.



Robotics & Solar Camp (Ages 7-12)

Where: Stillmeadow Elementary School

When: July 3rd, 5th, 6th & 7th (No camp July 4th)

Day: Mon, Wed, Thurs, & Fri.

Time: 9:00AM - 11:00AM

Fee: \$100.00 per student for the week

Instructor: CT Computer Ed Staff

Description: Did you ever wonder which car moves faster... solar or battery powered? Join us as we investigate different theories of how solar energy affects cars, windmills and ferris wheels. Children will work in groups to create different solar projects. No Lego's will be taken home. Please bring a snack.

Intro To Rocketeering Camp (Ages 4-7)

Where: Stillmeadow Elementary School

When: July 3rd, 5th, 6th & 7th (No camp July 4th)

Day: Mon, Wed, Thurs, & Fri.

Time: 1:00PM - 3:00PM

Fee: \$100.00 per student for the week

Instructor: CT Computer Ed Staff

Description: Design and build your own rocket, then launch it with compressed air! This course demonstrates the basics of aeronautics, including thrust, drag and ballast. This class involves rockets, airplanes and helicopters. Please bring in a 20 once soda bottle for class.

Basic To Building Camp (Ages 3 - 5)

Where: Stillmeadow Elementary School

When: July 11th - July 14th

Day: Tuesday - Friday .

Time: 9:00AM - 11:00AM

Fee: \$100.00 per student for the week

Instructor: CT Computer Ed Staff

Description: Young children love to build- and building is a great way to enter the world of engineering! Our hands-on exploration of simple machines introduces the basic concept of physical science and engineering. Children will use the Duplo® Building System to create animals and machines. Children will build with a buddy. No Lego's will be taken home. Please bring a snack.

WeDO Robotics (Ages 5 - 8)

Where: Stillmeadow Elementary School

When: July 18th - July 21st

Day: Tuesday - Friday .

Time: 9:00AM - 12:00PM

Fee: \$130.00 per student for the week

Instructor: CT Computer Ed Staff

Description: Yes, We CAN learn about Robotics! With the LEGO™ WeDo Robotics System, young children can build and program their own robotic creations. Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, programming and so much more. Young imaginations soar! Children will work in groups. No Lego's will be taken home .

Summer Camps Offered By CT Computer Education

All camps will be held at Stillmeadow Elementary School (Unless Noted) located in the portable A/C classrooms in the back of the building. Please enter from the rear door located by parking lot!

CAMPS FOR CHILDREN AGES 5 - 12 (Tuesday - Friday)

Gotham Vs Super Hero (Ages 5 - 12) - July 25th - July 28th Time: 9:00AM - 11:00AM Fee: \$100.00 per child: Gotham is under attack, Come build a Scuttler, Bat Mobile or a Bat Wing Fighter from Lego's ®. Bat Man needs your help to save Gotham from the Joker. Build your bat cave, put up your Bat cave signal and defend your cave. Good versus evil who shall prevail? It's a week of challenging yourself and friends to Super Hero's building and using your tablets if you dare.

Space In A Nutshell (Ages 5-10) - August 8th - August 11th Time: 2:00PM - 4:30PM Fee: \$109.00 per child: Come join us in learning about the Solar System, while we construct and create our own wacky system. Learn to use Paper Mache and recycled products in this fun filled camp. Please bring a lunch, snack and a smock to class. Start collecting your own trinkets for this class to build with.

Crazy Concoctions (Ages 5 - 10) - August 15th - August 18th Time: 8:30AM - 2:30PM Fee: \$175.00 per child: This class is designed for that child that wants to investigate what happens when you mix everyday products. Children will be introduced to liquids, solids and gases in different solutions. Some great concoctions that will be made is play dough, bubbles, flubber, gak , silly putty. Some solids are to include shrink dinks and bouncing balls. Please advise if allergic to certain products. Class will be hands on and children conducting their experiments afterwards. Safety glasses are available and must be worn daily. **Please bring a snack and a lunch every day.**

3D Fun Factory (Ages 5 - 10) - July 18th - 21st Time: 2:00PM - 4:30PM Fee: \$145.00 per child: Come build a house to with stand the Big Bad Wolf. This class is all about Engineering of 2D and 3D buildings. This class is centered on exploring the concepts of building and construction through hands on exploration and design. Students explore the engineering behind sky scrapers and bridges. This class uses Lego's® and other building techniques to assist the class. Please bring a snack every day.

Lego Mindstorms Robotics (Ages 5 - 12) - August 8th - August 11th Time: 9:00AM - 1:00PM Fee: \$145.00 per child: This class will use Robotics to bring science, engineering, technology to life! Children will have two goals one to build and the other to program. Each student will build their own robot and learn how to program it to adapt to light and touch sensors. No Lego's will be taken home. Children will build individually and as a group. **Please bring a lunch and a snack.**

Bridges, Buildings & Contraptions (Ages 5 - 12) - August 1st - August 4th Time: 9:00AM - 10:30AM Fee: \$75.00 per child: Be your own architects by using KEVA PLANKS. Planks are assembled by using various stacking techniques. Find out what the secret is without using glue or adhesive. Learn the simple tricks and procedures and the difference between maple and pine. No planks will be taking home. **Please bring a snack every day.**

Virtual Space Mission & Kerbal (Ages 7 - 12) - August 22nd - August 25th Time: 9:00AM -12:00PM Fee: \$130.00 per child: Join the week of physics....This class will introduce you to Kerbal . Take a virtual tour through space learning about the planets, galaxies and moons. This is a simulator activity so caution of dizziness. This class combines Lego's, Physics, and Technology. No equipment will be taken home. But our knowledge can lead you to your own challenges. Please bring a snack . **This Camp will be held at Zion Lutheran church on 132 Glenbrook Road, Stamford!**

Lego Minecraft & Engineering (Ages 5 - 12) - August 1st - August 4th Time: 2:00PM - 4:30PM Fee: \$109.00 per child: A small scale version using engineering of building blocks and paper crafts. This class isn't Minecraft but we can build and create your own version with Legos® and paper crafts. Come challenge your friends using paper crafts and Legos to create your own secret world. This class includes Micro-figs, torches, mob figures custom blocks and terrains. No Legos will be taken home. **Please bring a snack everyday to class.**

Lego Battle 101 (Ages 5 - 12) - June 20th - June 23rd Time: 9:00AM - 1:00PM Fee: \$145.00 per child: Ready, set, battle— a fun and creative way of combining LEGO® brick building and a tablet. Use your imagination to create it your way. Your kingdom is YOURS, PROTECT AND DEFEND IT. Build your own 2D tower, layer by layer with LEGO ® bricks, design and defend your Battle Tower against unpredictable invaders. We will provide the technology to see your creation come to life. Children will build in pairs or by groups, please bring a lunch and a snack everyday to class. No Legos ® will be taken home. **Pictures will be e-mailed home . Held at Zion Lutheran church on 132 Glenbrook Road, Stamford!**

Art, Acting, Modeling, Chess & Soccer Camps

Paint Draw & More Art Camp For Kids (Ages 5 - 13)

Where: Roxbury Elementary School

When: July 10th - July 14th - Sess. 01

July 17th - July 21st - Sess. 02

July 24th - July 28th - Sess. 03

July 31st - August 4th - Sess. 04

August 7th - August 11th - Sess.05

Days: Monday - Friday

Time: 8:30AM - 2:30PM / **Bring a Smock!**

Fee: \$310.00 per child per session

Description: This fun summer art camp is designed for students age 5-13. Each day includes creating fine art, some of which may include drawing, painting, mask making, sculpture, bookmaking, cartooning, collage, print making, and group projects. Story telling, music making and movement will also be added as time allows. Activities will take place in and out of doors depending on the weather. Students will explore a variety of mediums and be encouraged to break artistic boundaries and express their creativity in new and exciting ways. A compilation of the weeks activities may end up in an art show or small performance for the parents.

Chess Wizards Summer Chess Camp

Play Games, Make New Friends & Spend All Day With Us Having Fun! (Grades Kindergarten and up)

Where: Turn Of River Middle School Cafeteria

When: August 7th - August 11th

Days: Monday - Friday

Time: 9:00AM - 12:00PM - Sess. 01

12:00PM - 3:00PM - Sess. 02

9:00AM - 3:00PM - Sess. 03

Fee: \$190.00.00 per child for half day

\$310.00 per child for full day

Description: Chess Wizards is a fun way to have kids experience the excitement of chess. With half and full day classes, kids will play in mini tournaments, have interactive lessons with chess pros and play cool chess variants like bug house. It is proven that chess enhances cognitive development in children, improves both verbal and mathematical skills, and increases all levels of academic performance! Playing chess stimulates the mind and helps children strengthen skills such as focusing, visualizing goals, abstract thinking, and forming concrete opinions. Instructors (who are called "Wizards") provide all the materials necessary for your child to participate in the class and no additional purchase is required to attend. Snacks will be provided but full day kids should bring a lunch. All students will receive a trophy and wizards t-shirt. **Come join the fun!!!**



Performing Arts Camp (Ages 6 - 12)

Where: Westover Elementary School Auditorium

When: July 10th - July 14th

Days: Monday - Friday

Time: 9:00AM - 2:30PM

Fee: \$270.00 per child for the week

Description: This exciting, fun and highly charged summer program is being offered for children ages 6-12yrs old. Mornings will consist of exciting Acting/Theater classes and Movement. The acting classes consist of creative theater games, concentration exercises, voice & speech work and structured improvisation to improve performance. Other topics include: monologue work, acting terminology, stage skills, script work and more!. These classes help students build confidence and inspire their imagination in a fun & supportive environment! The movement classes include high energy movement to musical theater music. The afternoons will consist of rehearsals that will culminate with an end of the week performance for family & friends, Friday at 1:30pm!

Modeling & Fashion Camp For Young Ladies (Ages 5 - 11) - New

Where: Turn of River Middle School

When: July 24th - July 28th

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$130.00 per child for the week

Instructor: John Casablancas Staff & Agency Represented

Description: **John Casablancas Modeling and Fashion Camp** provides children with the wonderful & exciting experience of learning everyday industry tips such as; posing and walking like a model, developing etiquette skills for any setting, feeling good about themselves, perfecting who they are inside & out, & tapping into their fashion talents.

John Casablancas' President, Tina Kiniry, believes that we all have a common goal, and that is to help children by boosting their confidence & self-esteem. In an effort to teach these life skills, our Modeling and Fashion Camp is geared towards just that!

Youth Elite Soccer Camp (Ages 6 - 14)

Where: Rippowam Upper Turf Soccer Field

When: August 7th - August 11th

Days: Monday - Friday

Time: 9:00AM - 12:00PM (Ages 6 - 14) - Sess. 01

9:00AM - 3:00PM (Ages 7 - 14) - Sess. 02

Fee: \$118.00 per child for half day program

\$182.00 per child for a full day

Description: "YES soccer Community Camps are based on our fundamental approach to youth soccer coaching and are appropriate for players who play within their soccer communities. The main objectives of YES soccer Community Camps are to combine the overall development of the Player's physical capacities and fundamental movement skills with an introduction into the key components of soccer." **Campers receive a ball & dri-fit jersey, Shin guards and water bottle required.**

Summer Technology & Educational Camps

Engineering For Kids Summer Camp Grades K - 2

Where: Springdale Elementary School

When: July 17th - July 21st

Days: Monday - Friday

Time: 9:00AM - 12:00PM (Jr. Eng. Explorers) - Sess. 01

1:00PM - 4:00PM - (Engineering Olympiad) - Sess. 02

9:00AM - 4:00PM (Both Programs) - Sess. 03

Fee: \$250.00 per child for a half day program

\$375.00 per child for a full day with both programs

Description: JR. ENGINEER EXPLORERS

This program introduces our youngest engineers to the basic concepts of engineering from a variety of engineering fields. Through open and focused exploration, children will design and construct a number of engineering projects. Examples of activities: Does Your Boat Float? (Marine Engineering), Presto-Chango Dough (Chemical Engineering), and Save The Beach (Environmental Engineering).

JR. ENGINEERING OLYMPIAD

This program is designed to introduce our youngest students to the field of engineering through various tests of mental and creative strength. As students explore the fields of mechanical engineering, marine engineering, aerospace engineering, and civil engineering, they will participate in various challenges to earn gold medals. Examples of activities: students will compete to see who can make the fastest foam rollercoaster and who's sailboat travels the farthest on a zip line.



Engineering For Kids Summer Camp Grades 3 - 5

Where: Springdale Elementary School

When: July 17th - July 21st

Days: Monday - Friday

Time: 9:00AM - 12:00PM (Minecraft) - Sess. 01

1:00PM - 4:00PM (Amazing Race) - Sess. 02

9:00AM - 4:00PM (Both Programs) - Sess. 03

Fee: \$250.00 per child for a half day program

\$375.00 per child for a full day with both programs

Description: MINECRAFT: TRAVELING INTO THE FUTURE This open-world computer-based game will immerse students in the expansive universe of Minecraft as they navigate through engineering challenges. Students will experiment with designs and materials without the risks associated with building structures in reality. Students will gather their own resources for tasks like building a shelter, designing a bridge or even colonizing the moon.

AMAZING RACE

It is thanks to advances in technology that we are able to explore so much of the world. In this class, students will create effective bridge designs, analyze different ways to propel model cars, and explore marine propulsion and design. As students travel around the world, they will learn about the effects of aerodynamics and the forces of lift, thrust, gravity and drag by building their own rockets.



Intro To Stem With Lego Summer Camp (Ages 5 - 6)

Where: Hart Elementary School

When: July 24th - July 28th

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$156.00 per child for a 5 day camp

Description: Tap into your imagination with tens of thousands of LEGO®! Build engineer-designed projects such as Boats, Snowmobiles, Catapults, and Merry-Go-Rounds. Then use special pieces to create your own unique design! New and returning students can explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor. There is no prerequisite for this course **Max of 24 students!**



Stem Challenge With Lego Summer Camp (Ages 7 - 12)

Where: Hart Elementary School

When: July 24th - July 28th

Days: Monday - Friday

Time: 1:00PM - 4:00PM

Fee: \$156.00 per child for a 5 day camp

Description: Power on your engineering skills with Play-Well TEKologies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Catapults, Pneumatic Cranes, Arch Bridges, and Battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. There is no prerequisite for this course **Max of 24 students!**



Star Wars Live Action (Ages 7-13)

Where: Turn Of River Middle School

When: July 17th - July 21st

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$192.00 per child for the week

Description: Use the Force to write, direct, film, and star in your very own Star Wars Live Action Movie! You can be a Jedi Knight, a Sith Lord, an X-Wing Tie Fighter pilot, or even a cool droid like R2-D2 or C3PO in an original Star Wars movie you create! Kids will work together on the movie going through the Hollywood process from "Action" to "Cut" and "That's a Wrap!" Come join the fun, and "May the Force be with you!" *Flix downloadable within a month after camp ends



More Incrediflix
Camps on page 26

Summer Technology & Educational Camps

Lego Flix Camp (Ages 7-13)

Where: Turn Of River Middle School

When: July 17th - July 21st

Days: Monday - Friday

Time: 1:00PM - 4:00PM

Fee: \$192.00 per child for the week/ **Run by Incrediflix**

Description: We know you love Legos and can create incredible Lego worlds, now it's time to bring those worlds to life in Lego stop-motion animated flix! We provide the Legos and you provide your imagination. Students will create a Lego set with Lego characters for a movie they storyboard, write, shoot, and add voice-over in age-appropriate groups. *Flix downloadable within a month after camp ends.

Star Wars Live Action & Lego Flix Full Day (Ages 7-13)

Where: Turn Of River Middle School

When: July 17th - July 21st

Days: Monday - Friday

Time: 9:00AM - 4:00PM

Fee: \$355.00 per child for the week

Description: In the mornings use the Force to write, direct, film, and star in your very own Star Wars Live Action Movie! Afternoons are for Lego stop motion movies. We know you love Legos and that you can create incredible worlds. Now it's time to bring those worlds to life! Lunch supervision included at no cost! **Run by Incrediflix**



Stop Motion Tricks & Events (Ages 7-13)

Where: Turn Of River Middle School

When: July 31st - August 4th

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$192.00 per child for the week/ **Run by Incrediflix**

Description: Begin your stop motion movie making career with a BANG! Ever wonder how they do that cool effect? We can teach you! In this program we pull back the curtain & reveal how stop-motion movie magic is made as kids will learn how to create special effects for their stop motion movies. Kids will work in groups to create & film effects from water to fire or even flying! *Flix downloadable within a month after camp.

Star Wars Stop Motion (Ages 7-13)

Where: Turn Of River Middle School

When: July 31st - August 4th

Days: Monday - Friday

Time: 1:00PM - 4:00PM

Fee: \$192.00 per child for the week

Description: From a Galaxy far far away, to a summer location near you.... Star Wars stop motion movie making! Create your very own Star Wars characters and bring them to life using the magic of Stop Motion Animation. Students will create characters and sets for an original Star Wars movie they storyboard, write, shoot, and voice-over in age-appropriate groups. *Flix downloadable within a month after camp ends.

Run by Incrediflix



Stop Motion Tricks & Effects

Star Wars Stop Motion

Full Day Camp (Ages 7 - 12)

Where: Turn Of River Middle School

When: July 31st - August 4th

Days: Monday - Friday

Time: 9:00AM - 4:00PM

Fee: \$335.00 per child for the week / **Run by Incrediflix**

Description: Ever wonder how they do that cool effect? We can teach you! In the mornings we pull back the curtain and reveal how stop-motion movie magic is made as kids will learn how to create special effects for their stop motion movies. In the afternoons, kids make Star Wars characters and sets to create a Star Wars movie that they storyboard, write, shoot, and voice-over in age-appropriate groups!

Intensive 1 Film Making/ Acting For Students (Age 11-14)

Where: Springdale Elementary School

When: July 3rd - July 7th (No class 7/4)

Days: Mon, Wed, Thurs.& Fri

Time: 12:30PM - 4:00PM

Fee: \$250.00 per student / includes all supplies

Description: For those with a passion for filmmaking/ acting, ready to make consistently good movies. Professional filmmakers will work with you to experience the movie-making process from script writing through pre-production and filming. Everyone will work together developing a script, use professional filmmaking equipment, learn techniques for Acting & Directing and work in each of the main crew positions; including Director, 1st AD (Assistant Director), DP (Director of Photography), Gaffer (lighting) and Sound, while making movies together. The finished film will be delivered later in the summer. *A \$10 Digital Movie Download post production fee payable to **Filmmakers Ink** will be collected the first day of the program.*

Special FX Filmmaking For Students (Ages 8 - 10)

Where: Springdale Elementary School

When: July 3rd - July 7th (No class 7/4)

Days: Mon, Wed, Thurs.& Fri

Time: 8:30AM - 12:00PM

Fee: \$225.00 per child/ includes all material

Description: You will develop a movie idea and learn to use Special FX to film it. You'll learn how to make people walk through walls, appear & disappear & several other in-camera effects as well as some computer Visual FX, as time allows. At the same time you will also learn camera basics & teamwork. You will write, shoot, edit & screen a rough cut of your movie for family and friends at your **Premiere** on the final day of film camp (finished film will be delivered later in the summer). Students are encouraged to bring their own video camera, digital media (tape or card), & tripod, only if they already own them. *A \$10 Digital Movie Download post production fee payable to **Filmmakers Ink** will be collected the first day of the program*

Youth Summer Sports & Soccer Camps

Total Sports Squirts (Ages 3 - 5)

Where: Belltown Park

When: August 21st - August 25th

Days: Monday - Friday

Time: 4:30PM - 5:30PM

Fee: \$150.00 per child for 8 weeks

Description: Children have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey & Flag Football. **Run by US Sports Institution**

Golf Squirts (Ages 4 & 5)

Where: Scalzi Park

When: July 31st - August 4th

Days: Monday - Friday

Time: 3:30PM - 4:15PM

Fee: \$90.00 per child for the week

Description: Using the SNAG (Starting New At Golf) system, participants use oversized, lightweight clubs to encourage the correct grip and swing technique. In a safe and controlled environment this program makes learning simple, progressive and fun.

Golf Camp (Ages 5 - 10)

Where: Scalzi Park

When: July 31st - August 4th

Days: Monday - Friday

Time: 4:30PM - 6:00PM (Ages 5-7) - **Sess. 01**

6:00PM - 7:30PM (Ages 8-10) - **Sess. 02**

Fee: \$125.00 per child for the week

Description: Using the SNAG (Starting New at Golf System) the modified golf clubs will encourage players to develop the correct chipping, putting and driving techniques. Each day participants will receive personalized attention from our coaches, to develop their technique and their understanding for the rules and sportsmanship associated with golf.

Multi Sports Camp (Ages 5 - 11)

Where: Belltown Park

When: August 21st - August 25th

Days: Monday - Friday

Time: 9:00AM - 12:00PM - **Sess. 01**

1:00PM - 4:00PM - **Sess. 02**

9:00AM - 4:00PM - **Sess. 03**

Fee: \$139.00 per child for **Session 1 or 2**

\$199.00 per child for **session 3**

Description: Players will have the opportunity to experience up to 4 different sports each day. Sports included: Baseball, Basketball, Cricket, Flag Football, Hockey, Handball, Lacrosse, Soccer, Rugby and more! During the morning players will focus on developing their technique and skills within each sport, and gain a basic understanding of playing a scrimmage. The afternoon will focus on small sided scrimmages in a tournament environment that encourages good sportsmanship and teamwork.

Teddy Tennis (Ages 3 - 5)

Where: Cummings Park Tennis Courts

When: July 17th - July 20th - **Sess. 01**

July 31st - August 3rd - **Sess. 02**

Days: Monday - Thursday

Time: 12:15PM - 1:15PM

Fee: \$70.00 per session

Description: Teddy Tennis is a fantastic educational program that inspires children to get active and learn to play tennis. It works by combining music (specially composed and played by Teddy Tennis), pictures (specially created by Teddy Tennis) and teddy bear stories (specially written by Teddy Tennis) into a totally interactive learning adventure that children love.



British Soccer Camp (Ages 3 - 16)

Where: Rippowam Magnet School Upper Turf Field

When: July 10th - July 14th - **Sess. 01**

July 17th - July 21st - **Sess. 02**

Days: Monday - Friday

8:00AM - 9:00AM - \$95.00 per child (ages 3-5) - **Sess. 01**

9:00AM - 12:00PM - \$168.00 per child - (6 - 14) - **Sess. 02**

9:00AM - 3:00PM - \$237.00 per child - (7 - 14) - **Sess. 03**

Description: First Kicks - 8-9am Ages 3-5

This innovative program, created by childcare specialists, introduces children to the very basic skills of soccer in a fun, progressive and caring manner. First Kicks activities will include running, turning, stopping, jumping, kicking, throwing and catching. Each day we will aim to help improve balance, agility, coordination, social skills and cognitive ability. Your child's confidence and enthusiasm for the game will grow during our fun soccer challenges! Parental involvement is welcomed!

Half Day - 9-12pm Ages 6-14

This is our most popular camp program and will feature individual skill development, core techniques, one on one skills, freestyle soccer, small sided games and our Camp World Cup. The Half Day Camp is suitable for all skill levels and the campers will be separated by age. Campers will also spend time learning about Respect, Responsibility, Integrity, Sportsmanship & Leadership.

Full Day - 9-3pm Ages 7-14

Full Day camp runs for six hours a day from Monday to Friday inclusive. Sessions are split into 2 x 3 hour blocks. A more advanced camp for players looking for a more competitive training environment. The Full Day Camp will follow the Half Day Camp syllabus in the morning and will then focus on game-related techniques, tactical development, skills testing and coached match play in the afternoon. The first session of each day will place emphasis on skill development and mastery of core techniques through individual, small group practices and coaches games.

Skyhawk's Summer Sports Camps

Track & Field Camp (Ages 7 - 12)

Where: Rippowam Middle School

When: July 10th - July 14th

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$139.00 per person

Description: Skyhawks Track & Field was developed to introduce young athletes to a sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety while keeping a major focus on fun! Using special equipment, our staff teach the standard track & field events: long distance, sprints, soft hurdles, relays, shot put, discus, and standing long-jump. Our exercises and drills prepare athletes for a future in cross-country, track & field events, and distance running while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are covered in this unique program. Participants will put it all together for one fun-filled day at the end-of-the-week track meet!

Mini Hawk Soccer, Baseball & Basketball (Ages 4 - 7)

Where: Scalzi Park

When: July 24th - July 28th

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$139.00 per person

Description: This multi-sport program was developed to give children a positive first step into athletics. The essentials of baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Our staff are trained to handle the specific needs of young athletes.

Beginner Golf Camp (Ages 5 - 8)

Where: Scalzi Park

When: August 7th - August 11th

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$139.00 per person

Description: Skyhawks Golf focuses on building the confidence of young athletes by teaching proper technique to refine essential skills of the game. Golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting, and body positioning. To assist in this training, Skyhawks has adopted the SNAG (Starting New At Golf) system to its curriculum. SNAG utilizes a set of equipment designed for beginning golfers to help build confidence and to have fun. Developed by PGA professionals, SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. No need to bring your own clubs--all equipment is provided.

Skyhawk's Red Ball (Ages 6 - 9)

Where: Cummings Park

When: July 17th - July 20th - Sess. 01

July 31st - August 3rd - Sess. 02

Days: Monday - Thursday

Time: 9:00AM - 12:00PM

Fee: \$139.00 per session

Description: This class provides a relaxed environment where fundamental tennis skills are taught along with a wide range of fun activities that help develop agility, balance, movement, sending, receiving and gross motor skills on a 36 foot court. In addition to expanding tennis skills, players improve their movement and rallying skills. We help each player to develop better tennis mechanics and more consistent shots. A variety of fun activities are used to improve player athleticism through agility, balance, coordination and movement development.

Skyhawk's Orange Ball (Ages 7 - 10)

Where: Cummings Park

When: July 17th - July 20th - Sess. 01

July 31st - August 3rd - Sess. 02

Days: Monday - Thursday

Time: 9:00AM - 12:00PM

Fee: \$139.00 per session

Description: Players develop their tennis technique, athletic and court coverage skills in order to achieve success in rallying consistency and in point playing on a 60 foot court. A variety of fun and competitive games are used to develop a strong foundation of tennis fundamentals. Players increase their rallying, volley, serve and point playing skills while improving their athleticism and shot consistency. Players will focus on using the proper shot techniques and court coverage skills before moving on to a 78 foot court.

Skyhawk's Green Ball (Ages 8 - 12)

Where: Cummings Park

When: July 17th - July 20th - Sess. 01

July 31st - August 3rd - Sess. 02

Days: Monday - Thursday

Time: 9:00AM - 12:00PM

Fee: \$139.00 per session

Description: This class emphasizes all aspects of the game and helps improve proper shot technique. Focus is placed on live ball drills that develop rallying and decision-making skills along with proper movement and recovery. Point playing games are used to reinforce the skills learned and to improve the player's competitive skills. Using teaching progressions that lead to live-ball play is a key element in this program.



Peak Performance Summer Sports Camps

PEAK ALL SPORTS CAMP Ages 4 - 12

Where: Westhill High School

Dates: June 19th - June 23rd - **Sess. 01**

June 26th - June 30th - **Sess. 02**

July 3rd - July 7th (No camp 7/4) - **Sess.03**

July 10th - July 14th - **Sess. 04**

July 17th - July 21st- **Sess. 05**

July 24th - July 28th - **Sess. 06**

July 31st - August 4th - **Sess. 07**

August 7th - August 11th - **Sess. 08**

August 14th - August 18th - **Sess. 09**

Days: Monday - Friday

Time: 9:00AM - 12:30PM - **Full Week**

12:30PM - 4:00PM - **Full Week**

9:00AM - 4:00PM - **Full Week**

9:00AM - 12:30PM - **Any 3 Half Days**

9:00AM - 4:00PM - **Any 3 Full Days**

Fee: \$165.00 per child per section for half day camp

\$275.00 per child per section for full day camp

\$99.00 per child for any 3 Half Day Section

\$165.00 per child for any 3 Full Day Section

Description: For Boys and Girls ages 4-12. This camp offers a combination of traditional sports games, physical education activities, and cooperative games. We ask that our full day campers bring a (peanut butter free) snack and lunch and water bottle, and our half day campers bring a peanut butter free snack and refillable water bottle. Once again Kyle Smith and Matt Cerutto will lead this highly qualified staff.

PEAK BASKETBALL CAMP For Ages 4 - 12

Where: Westhill High School

Dates: June 19th - June 23rd - **Sess. 01**

June 19th - June 23rd + PM Camp - **Sess. 02**

June 26th - June 30th - **Sess. 03**

June 26th - June 30th + PM Camp - **Sess. 04**

July 3rd - July 7th (No camp 7/4) - **Sess. 05**

July 3rd - July 7th (Camp 7/4) + PM Camp - **Sess. 06**

Days: Monday - Friday

Time: 9:00AM - 12:30PM - **Half Day Program**

9:00AM - 4:00PM - **Full Day Program**

Fee: \$165.00 per person per section half day

\$275.00 per person per section full day

Description: For Boys and Girls ages 4 – 12. Campers will develop all of their basketball skills - shooting, passing, dribbling, re-bounding and defense. Our Basketball Camp immerses you in the sport, giving you the kind of focused, intensive training that is essential to improvement. Over the course of the camp week, your self-confidence will grow along with your skills and overall appreciation of the game. **Bring a peanut free snack and refillable water bottle.**

PEAK BASEBALL CAMP For Ages 4 - 12

Where: Westhill High School

Dates: July 10th - July 14th - **Sess. 01**

July 10th - July 14th + PM Camp - **Sess. 02**

July 17th - July 21st - **Sess. 03**

July 17th - July 21st + PM Camp - **Sess. 04**

July 24th - July 28th - **Sess. 05**

July 24th - July 28th + PM Camp - **Sess. 06**

Days: Monday - Friday

Time: 9:00AM - 12:30PM - **Half Day**

9:00AM - 4:00PM - **Extended Day**

Fee: \$165.00 per person per section half day

\$275.00 per person per section full day

Description: For Boys and Girls ages 4 - 12. Our staff is comprised of standout college and high school players. This staff will provide instruction on hit-ting, pitching, fielding, throwing, base running and game strategies. Participants will be grouped according to age and/or skill level Campers need sneakers (especially for rainy days indoors) and a glove, wearing cleats is optional. **Bring a peanut free snack and refillable water bottle.**

PEAK FLAG FOOTBALL CAMP For Ages 4 - 12

Where: Westhill High School

Dates: July 31st - August 4th - **Sess. 01**

July 31st - August 4th + PM Camp - **Sess. 02**

August 7th - August 11th - **Sess. 03**

August 7th - August 11th + PM Camp - **Sess. 04**

August 14th - August 18th - **Sess. 05**

August 14th - August 18th + PM Camp - **Sess. 06**

Days: Monday - Friday

Time: 9:00AM - 12:30PM - **Half Day**

9:00AM - 4:00PM - **Extended Day**

Fee: \$165.00 per person per section half day

\$275.00 per person per section full day

Description: For Boys and Girls ages 4-12. This camp will develop all skills: receiving, passing, running routes, hand-offs, punting, flag pulling, kicking and defense. Our Flag Football Camp immerses you in the sport, giving you the kind of focused, intensive training that is essential to improvement. Over the course of the camp week, your self-confidence will grow along with your skills and overall appreciation of the game. Campers need sneakers (for rainy days indoors) **Bring a peanut free snack and refillable water bottle.**



PEAK PERFORMANCE
SPORTS CAMPS

TAKING KIDS TO THE TOP OF THEIR GAME!

TERRY CONNERS RINK

1125 Cove Road, Stamford
(203) 977-4728 www.tcrink.com

Terry Connors Rink offers Public Skating, Open Hockey, Freestyle Sessions, Hockey Programs, Birthday Parties, & hosts Events throughout the year. We are open all year round!

Public Skating Sessions

Our Public Skating is offered during weekdays and on the weekends. Please check our website for public skating sessions at www.tcrink.com. We offer group rates for groups over 20 including school groups and company packages. We offer many discounted rates for Stamford Residents. Stamford Seniors 62+ skate at no charge for public skating sessions. Our admission rates are Child U18 - \$6.00, Adults - \$8.00, Skate Rentals \$4.00.

Open Hockey Sessions

TCR has open hockey sessions for all ages year round. Please check our website www.tcrink.com for times. Admission rates are \$15.00 per session. All skaters under the age of 17 must wear full equipment and adults must wear helmet & gloves.

Freestyle Sessions

TCR offers freestyle sessions at \$18.00 per session. Please check our website for these sessions at www.tcrink.com. Freestyle sessions are for advanced skaters for practice and private lesson time.

Stamford Youth Hockey Association

SYHA is our youth hockey program at Terry Connors Rink. They skate from September thru March. Tryouts are usually held in May. If you are starting out in hockey they have a great Tiger Sharks program on Saturday mornings for beginners starting in the fall. Please visit their website at www.syha.org for more info or email them at info@syha.org.



Birthday/Group Parties

We offer parties during the public skating times for a reduced group price which will include skating admission, skate rentals and use of a party room. Food is not included in price and must be purchased from the snack bar. Desserts and cakes are permitted. Our rates for parties are 120.00 for 10p and 12.00 for additional skaters. Stamford residents will receive 13 skaters for the price of 10. Ice Rental times are available for groups and parties at the off season rate of 350.00 per hour for the spring and summer months.

Private Lessons at TCR

Private lessons are permitted during public skating, open hockey and freestyle sessions. Outside Professionals must provide the rink with their insurance and pay a \$5.00 teaching fee per session. If you are interested in receiving private lessons please call the rink office – (203) 977-4728.



TCR Programs & Ice Rentals

Terry Connors Ice Rink, located in beautiful Cove Island Park has served the skaters of Stamford and its surrounding neighbors since 1973. The Rink is owned and operated by the City of Stamford, offering affordable hockey, figure skating, and basic skills programs for all residents of Stamford.

The Rink is home to Stamford Youth Hockey, Skating Club of Southern Connecticut, Synchronized Skating Teams, and Stamford, Westhill and Trinity High School Hockey Teams as well as Stamford/Westhill Girls Hockey Team. Ice rentals are available at Terry Connors for hourly increments throughout the year. Ice time is more readily available in the spring and summer months.

Spring and Summer Ice Skating Programs at **TERRY CONNERS RINK**

All Ice Skating is at Terry Connors Rink, 1125 Cove Road located in Cove Island Park in Stamford, CT. All Registration must be done directly with Terry Connors Rink. We do not have online registration but all forms are listed on our website – www.tcrink.com and can be emailed to terryconners@stamfordct.gov or called in to the rink office at (203) 977-4728. Please feel free to visit Terry Connors to register or inquire about any of our Rink Programs.

Spring Group Skating Lessons Ages 3 and up – All Levels Beginners thru Freestyle Classes

Dates: April 20 thru June 8, 2017 (8 weeks)

Our group lessons are offered on Thursdays or Saturdays for a 25 minute lesson and a 25 minute practice. Please check our website for specific times for your age and level. Basic 1 is for beginners aged 6 and above and Snowplow Sam 1 is for beginners aged 3 thru 5. We offer all levels thru Basic 7, and all Freestyle levels and have specialty classes including Intro to Hockey for ages 4-9 (who have passed basic 2). The classes start at 5:20pm on Thursdays and 10:20am on Saturdays. Registration is done thru Terry Connors Rink – 203-977-4728. Website is www.tcrink.com or email at terryconners@stamfordct.gov or stop by at 1125 Cove Road in Cove Island Park, Stamford, CT.

Summer Group Skating Lessons Ages 3 and up – All Levels Beginners thru Freestyle Classes

Dates: July & August 2017

Our summer group lessons will be offered on Thursdays only for a 25 minute lesson and a 25 minute practice. Ages are 3 and up for all levels – Learn to Skate at Terry Connors Rink.

Multi Use Discounts

TCR offers multi use discounts cards for Stamford residents for public skating, freestyle sessions, and open hockey sessions. Discount cards are 10 paid for 13 sessions. Please inquire at rink office for purchase.

Summer Ice Skating Camp All Level – Beginners thru Freestyle & Intro to Hockey

Dates: June, July & August 2017

Our very successful Summer Camp will run for 8 weeks this summer and is offered by week for full day or half day. Full day camp runs 8:30 to 4:00pm and half day is available either in the morning from 8:30 to 12:30pm or the afternoon from 12:00 to 4:00pm.

We offer all levels of skating from Basic 1 thru Freestyle 7 including Moves, Skills and Synchro classes. You must be 4 years old by June 1 to participate in camp. Our camp offers 170 minutes on ice time for full day campers. Terry Connors Camp offers group lessons that teach skaters the fundamentals of ice skating. Our program follows the Learn to Skate USA basic skills program. Our camp is taught by qualified skating professionals. All ice time is overseen by staff professionals and trained assistants.

Our camp offers ice skating lessons, practice time, off ice activities including arts & crafts, outside fun, lunch and snack times. Skate rentals are available during the camp.

Our Intro to Hockey part of the Summer Camp is for ages 4 to 9 and the skater must have passed Basic 2 level. Equipment and sticks are required.

Please visit our website for more detailed info on summer camp or call or email the Rink. 203-977-4728. Website is www.tcrink.com or email at terryconners@stamfordct.gov



Empower Girls Yoga & Self Discovery Camp (Ages 6 & UP)

Where: Family Tree Yoga 980 Hope Street

When: July 24th - July 28th

Days: Monday - Friday

Time: 9:00AM - 3:00PM

Fee: \$475.00 per child

Description. Don't miss this special week where girls will gain tools to cultivate self-awareness, self-love, and self-esteem! Join Kimberly Mottill, certified Children's Yoga Instructor, and special guest instructors, for an inspiring week designed for just girls. We will participate in yoga classes, create positively inspired art work and creative crafts, learn meditation, aromatherapy and nutrition basics and so much more. We will spend time outdoors and have a glow in the dark yoga party to end the week! Please send your camper with her own lunch and a healthy snack. This is a mixed age camp, where the girls will participate in some activities as a large group, and will be put into age appropriate groups for some activities. Campers who are 13-15 will be counselors in training, they will participate in the camp fully, but will help mentor the younger girls. Yoga Mats and art supplies will be provided. We will provide fresh fruit at snack time and water throughout the day.



American Doll Camp (Ages 6 & up)

Where: Family Tree Yoga 980 Hope Street

When: July 26th - June 29th

Days: Monday - Thursday

Time: 1:00PM - 4:00PM

Fee: \$425.00 per child

Description. American Girl Summer Fun Days will include many activities for you & your American Girl to participate in. So, bring your girl (or borrow one from us)! We will make lots of amazing crafts, including no-sew clothes for the dolls. There will be a slumber party, a yoga class, glow-in the dark dance party, tea party and much more! Don't miss out on the fun! Snacks and materials for art projects will be provided.



Bobby Valentines Sports Academy Baseball Camp

Where: Scalzi 3 at Scazli Park - Ages 12 & Under
Cubeta Field/Stadium - Ages 13 & Older

When: June 19th - June 23rd - Session 1

June 26th - June 30th - Session 2

July 31st - August 4th - Session 3

August 14th - August 18th - Session 4

Days: Monday - Friday

Time: 9:00AM - 12:00PM

Fee: \$300.00 per student per session

Description: Bobby Valentines Sports Academy (BVSA) believes in the power of education & the transforming effect it can have on youth athletes. Every interaction is an opportunity to help a player improve, and we take that very seriously. Whether you come to us as an all-star or a brand new entrant into baseball or softball world, we will work to get your skills better & help you enjoy your sessions.



Stamford Recreation Services

888 Washington Blvd.

Stamford, CT 06901

Tel. 203-977-5214 Fax. 203-977-5504

www.stamfordrecreation.com

