

Adult Lessons

Tuesday and/or Friday Mornings

Jan. 6 thru March 3, 2026

For Adult Skating Lessons

Tuesday Class	Lesson Time
Adult Lessons	10:30 – 11:00 am
Dates (8 weeks):	Jan. 6-March 3 (no class 2/17)

Friday Class	Lesson Time
Adult Lessons	11:30am – 12:00pm
Dates (8 weeks):	Jan. 9 – Feb. 27

Lessons are for Beginners or Intermediate Skaters

Beginner Adults are strongly recommended to wear a helmet & gloves or mittens

CYCLE FEE: \$160.00

**Email: terryconners@stamfordct.gov or
Call (203)977-4728 to Register**

**1125 COVE ROAD, STAMFORD, CT 06902
(203)977-4728 WWW.TCRINK.COM**

*Adult Group Lessons are during the Public Skating Session
Feel free to stay and Practice after your lesson time*

