

# ADULT LESSONS

## Terry Conners Rink

### SPRING 2025 ICE SKATING LESSONS

April 9 – May 14, 2025 (6 weeks)

For Adult Group Lessons

Wednesday Class	Lesson Time
Adult Lessons	10:00 – 10:30 am

Lessons are for Beginners or Intermediate Skaters

Beginner Adults are strongly recommended to wear a helmet & gloves or mittens

**CYCLE FEE: \$120.00**

Email: [terryconners@stamfordct.gov](mailto:terryconners@stamfordct.gov) or  
Call (203)977-4728 to Register

**1125 COVE ROAD, STAMFORD, CT 06902**  
**(203)977-4728**      [WWW.TCRINK.COM](http://WWW.TCRINK.COM)



*Wed. Adult Group Lessons are during the Public Skating Session  
Feel free to stay and Practice after your lesson time*