

# City of Stamford

Mayor David R. Martin

Stamford Recreation & Terry Conners Rink

## SPRING/SUMMER Brochure 2019

Registration For All Spring/Summer Programs Begins On-line & Walk-In March 19, 2019 7 - 8 Week Summer Day Camps, Activity Programs , Playground Program & Tiny Tots Camp Registration Dates Are Listed on Page 3!

Stamford Recreation Services • 888 Washington Blvd

Tel 203-977-5214 • Fax 203-977-5504 • [www.stamfordrecreation.com](http://www.stamfordrecreation.com)



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Stamford Recreation  
Department



# Welcome To Stamford Recreation Services

## City Officials

**Mayor:** David R. Martin

## Department Staff

**Superintendent:** Laurie Albano  
**Assist. Superintendent:** Scott Kassouf  
**Assist. Superintendent:** Megan Gearhart  
**Recreation Supervisor:** Robert Pentino  
**Recreation Leader:** Bertrand Oubida  
**Office Support Specialist:** Tina Baines

## Parks & Recreation Commission

Althea Brown: Commissioner  
John Rovegno: Commissioner  
Michael Tedder Commissioner  
Paul Newman, Commissioner  
David Winston: Commissioner/Chairman

## Office Hours

**Monday - Friday:**  
8:30AM - 4:30PM - until June 30, 2019  
**Monday - Friday :**  
8:00AM - 4:00PM - July 1 - Sept. 1, 2019

**Note:** Registration for all Spring & Summer programs except specified camps, online & at the Recreation Office **Tuesday, March 19, 2019!**

**Please see page 3 for Summer Day Camps, Activity Programs, Playground Camp and Preschool Camp Registration Dates!**

## Recreation Office Holidays

Friday, April 19, 2019 - **Good Friday**  
Monday, May 27, 2019 - **Memorial Day**  
Thursday, July 4, 2019 - **Independence Day**

## Registration Procedure

Stamford residents are given first priority to register for all programs. Non-Residents may register for programs on an availability basis one week prior to the start of the program, with a \$10.00 surcharge. This does not apply to athletic leagues which have separate eligibility policies. Registrations are not accepted at any of our programs & must be done in advance at the **Recreation Office or ONLINE. Payments cannot be made at The Recreation Star Center!**

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## Fee Payment

Instructors **CANNOT** accept registration at the class. Fees must be paid at the Recreation Services Office in advance or on-line. Payments may be made by cash, check and credit card only. Credit cards will be accepted at the Recreation Services Office, or on line with **Visa and Master Card Only!** You must be 16 years old to register for adult programs and 21 years of age for casino trips. **All checks should be made payable to the City Of Stamford**

## Birthday Party Connection We offer 9 types of fun birthday parties for Kids Pre K-Through 5th Grade

Stamford Recreation Services offers 9 styles of Birthday Parties for children ages 3 - 10 at the Stamford Recreation Star Center at 1170 Shippan Ave. If you are looking for a place to hold your child's next party please contact Bertrand Oubida at 203-977-4644 or Boubida@stamfordct.gov.

**We have a party for everyone!**

# Department Policies

## Reduced Fee Policy

Any child that receives free or reduced lunch in the Stamford Public School System is eligible for a reduced fee on selected programs, events & camps. A copy of the school lunch certificate must be supplied at the time of registration to receive the reduced rate. **Programs that this applies to are marked in the pages ahead.** There is also a maximum number of reduced fee slots available per program or camp.

## Returned Check

If a check is returned to Recreation Services for any reason, a cash or money order payment of **\$50.00 plus the face value** of the check is required immediately.

## Class Cancellation

Whenever schools are closed due to bad weather or holidays, all youth recreational programs scheduled will be cancelled. Cancellation announcements can be heard on WTNH Channel 8 News, Channel 12 News or by calling our cancellation phone line at **203- 977-4641 EXT. 111 or 203-977-5214.**

## Refund Policy

Refunds are granted only before a class begins for an Incapacitating medical hardship with a doctor's note, relocation with documented proof or if a waiting list is available and the spot can be filled. Approved refunds for mentioned reasons only, will be granted minus a 15% processing fee. If we cancel a program for any reason, there will be a full refund with no processing fee. **If false information is given on a registration form, the registration is null and void and there will be no refund.**

## On-Line Registration Is Easy

We have on line registration available for residents by logging on to [www.stamfordrecreation.com](http://www.stamfordrecreation.com) Registrations can only be paid by credit card on line with a Visa or Master card. **On-Line & walk-in registration for Spring & Summer Programs begins Tuesday, March 19, 2019 at 8:30AM.** For more information regarding on-line registration, please call 977-5214.

## 2019 Summer Camp Registration Dates

### Registration Dates For Day Camps, Activity & Playground Programs & Preschool Camp 2019

Please update your on-line account before registration the week of **March 4, 2019.** On-line Day Camp spots are only available for full pay fee spots and registration for all four day camps starting at 8:30am on-line, **Does your child have an IEP or 504? If yes registration must be done in person with a copy of the child's current IEP or 504 on the walk -in registration date of the camp you would like them to attend & cannot be done online. Please check the locations for each camp registration this year listed below!**

**Monday, March 4, 2019 8:30AM ( Wait lists cannot be done online)**

**Heroy Day Camp** - 70 spots out of 115 maximum spots - **On-line**

**Davenport Day Camp** - 75 spots out of 95 maximum spots - **On-line**

**Star Center Day Camp** - 75 spots out of 100 maximum spots - **On-line**

**Westover Day/ Wright Tech Day Camp** - 60 spots out of 80 maximum spots - **On-line**

- If you are not successful in securing a spot online you may attend the walk-in registration listed below!
- All walk - in registrations are first come, first served basis!

**Walk-in Registration Dates For The Above Listed Day Camps ( Full pay & Reduced Pay Fee Spots)**

**Heroy Day Camp** - Tuesday, March 5, 2019 at 8:00AM - **Recreation Office @ Government Center**

**Davenport Day Camp** - Thursday, March 7, 2019 at 8:00AM - **Recreation Star Center 1170 Shippan Ave**

**Star Center Day Camp** - Friday, March 8, 2019 at 8:00AM - **Recreation Star Center 1170 Shippan Ave**

**Westover/Wright Tech Camp** - Monday, March 11, 2019 at 8:00AM - **Recreation Star Center 1170 Shippan Ave**

**There could possibly be more walk-in spots available if the maximum number of on-line spots are not filled!**

**Activity & Playground Program On-line ( Full Pay Only) & Walk - in Registration Date**

**Stillmeadow & Springdale Activity Program**, Wednesday, March 13 starting at 8:00AM @ **Recreation Star Center 1170 Shippan Ave**

**Barrett Outdoor Adventure Program ( Playground)**, Tuesday, March 5, 2019 starting at 8:00AM on-line & Walk - In @ **Recreation Office In Government Center**

**Preschool Summer Camp At Roxbury** - Registration will be on Thursday, March 14, 2019 at 8:30AM

**No on-line registration for this camp and a Copy of the child's Birth Certificate is required at registration!**  
**Recreation Office In Government Center**



# Early Childhood Programs & Easter Event

## Pizza With The Easter Bunny

**Where:** Star Recreation Center, 1170 Shippan Ave

**When:** April 6, 2019

**Time:** 11:00AM - 12:30PM

**Day:** Saturday

**Fee:** \$6.00 per person

**Instructors:** Recreation Staff

**Description:** This event is designed for children ages 7 and under. Celebrate Easter with the Easter Bunny this year in a fun filled environment that will bring a smile to your child/children's face. Create some memories you won't soon forget with the Bunny and pizza for your child and their friends. Children will get the opportunity to sit with the Bunny, receive 5 filled Easter eggs and a small gift. Parents are welcome to take photos. No need for pushing and running for your child just to collect some eggs as they do at a traditional egg hunt. Each child will also receive a raffle ticket for door prizes. **Participants must preregister for this event! Max of 150 spots for this event.**



## Ring Along - Sing Along (Ages 2 - 4)

**Where:** Recreation Star Center, 1170 Shippan Ave.

**When:** April 1 - June 17 (No class 4/15)

**Day:** Monday

**Time:** 10:00AM - 10:30AM

**Fee:** \$70.00 per child for 10 weeks

**Instructors:** Beth Covino, Preschool Instructor

**Description:** Studies show that the simple melodies and inflections of singing prepares children's brains for language and that songs with actions and dance moves help develop balance, coordination and body awareness. Kids respond best to music when they actively participate so we will get your child rocking, rolling, tapping, clapping, and moving to the beat of our favorite children's songs! We hope to See you later, Alligator! **A child and care-giver class.**

## Art - Story Adventure (Ages 2-4)

**Where:** Recreation Star Center, 1170 Shippan Ave

**When:** April 1 - June 17 (No class 4/15)

**Day:** Monday

**Time:** 10:45AM - 11:25AM

**Fee:** \$75.00 per child for 10 weeks

**Instructors:** Beth Covino, Preschool Instructor

**Description:** Take an adventure through old and new favorite stories! Each week we will read a new book and incorporate a fun craft or silly song related to the story! This is a fun way to grow your child's love of reading. **A child and care-giver class.**

**COMING FALL 2019 NEW OPPORTUNITY  
for 3 & 4 YEAR OLDS  
"STAY & PLAY" PRESCHOOL At The  
Recreation Star Center  
See More Info on Page 31**

## Play With A Purpose & Get Moving (Ages 2 & 3)

**Where:** Star Recreation Center, 1170 Shippan Ave

**When:** April 2 - June 13 (No class 4/16)

**Time:** 10:00AM - 11:30AM

**Day:** Tuesday &/ or Thursday

**Fee:** \$107.00 per child once a week for a 10 week program

\$214.00 per child twice a week for a 10 week program

**Instructor:** Beth Covino, Preschool Instructor

**Description:** Play With A Purpose: Introduce your toddler to the experience of Pre-school with this caregiver-and-me classroom complete with centers and circle time! "Play with a purpose" learning centers are areas within the classroom where children learn by playing and engaging in activities. Our classroom will encourage child-initiated exploration and discovery. Each week we will sing songs, read stories and participate in activities that encourage fine motor development, coordination skills and independence! The second part of this class will be Get Moving: Located in our spacious gym or weather permitting, outside on our beautiful play area. This part of the class is a great way to encourage movement and independence in a fun and safe environment. Children can run, jump, ride bikes and slide and play with friends as they develop the important gross motor skills and spatial awareness of the ever learning toddler! **A child and caregiver class.**

## Get Moving (Ages 2 - 4)

**Where:** Recreation Star Center, 1170 Shippan Ave

**When:** April 3 - June 12 (No class 4/17)

**Day:** Wednesday

**Time:** 10:50AM - 11:30AM

**Fee:** \$75.00 per child for 10 weeks

**Instructors:** Beth Covino, Preschool Instructor

**Description:** Baby it's cold outside come play in our spacious gym. This class is a great way to encourage movement and independence in a fun and safe environment. Children can run jump, ride bikes, slide and play with friends as they develop the important gross motor skills and spatial awareness of the ever learning toddler! **A child and caregiver class.**



## Silly Science (Ages 2 - 4)

**Where:** Recreation Star Center, 1170 Shippan Ave.

**When:** April 2 - June 12 (No class 4/16)

**Day & Time:** Tuesday - 11:40AM - 12:20PM - Sec. A

Wednesday - 10:50AM - 11:30AM - Sec. B

**Fee:** \$75.00 per child for 10 weeks per section

**Instructors:** Beth Covino, Preschool Instructor

**Description:** Preschoolers are naturally wonderful at asking questions about the world around them. Science activities & experiments give young minds the skills they need to seek answers & view the world scientifically. Each week we will learn something about science or nature and we will work on a seasonally themed project or related craft. Projects can include simple demonstrations like making our own snow as well as science projects like sorting & categorizing things found in nature.



# Early Childhood Sports Programs

## Make Art With Me ( Ages 2 - 4 )

**Where:** Recreation Star Center, 1170 Shippan Ave.  
**When:** April 4 - June 13 ( No class 4/18)  
**Day:** Thursday  
**Time:** 11:40AM - 12:20PM  
**Fee:** \$75.00 per child per section for 10 weeks  
**Instructors:** Beth Covino, **Preschool Instructor**  
**Description:** Let your child explore the “Process” of Art and get creative with these hands on art class. Process art is all about the experience children have while they’re creating. We will create seasonally themed art using various materials and techniques. Each week we will use different materials and sometimes messy techniques so you will want to dress appropriately or bring a smock! **A caregiver and me class.**

## Tiny Tots Play Group ( Ages 1 - 2 )

**Where:** Recreation Star Center, 1170 Shippan Ave.  
**When:** April 5 - June 14 ( No class 4/19)  
**Day:** Friday  
**Time:** 10:00AM - 10:40AM  
**Fee:** \$75.00 per child per section for 10 weeks  
**Instructors:** Beth Covino, **Preschool Instructor**  
**Description:** Come play and sing songs in our toddler friendly preschool classroom. Make friends, engage socially with other toddlers and try new things. This is important for building confidence in children, encouraging them to be independent from an early age. Parents can broaden their social network by meeting other parents with children in the same age group. **A care giver and me class.**

## Gym Time ( Ages 2 - 3 )

**Where:** Recreation Star Center, 1170 Shippan Ave  
**When:** April 12 - May 24 ( No class 4/19)  
**Day:** Friday  
**Time:** 10:50AM - 11:30AM  
**Fee:** \$50.00 for 6 weeks  
**Instructors:** Bertrand Oubida, **Recreation Leader**  
**Description:** Children will have lots of fun learning new games and sports each week. This program will allow children to learn the basics and give each child confidence while having fun. Creative movement exercise, soccer balls, t-ball, and basketball just a few of the sports we will cover. **Parent and me program! A Max of 10 children.**

### Check Out Tiny Tots Camp

If your child is age 3-5 check out our summer pre-school camp on Page seventeen of this brochure. **Tiny Tots Summer Camp offers 3 two week sessions & a one week session during the summer. Camp is 9:00am - 1:00pm each day and space is limited!**

## Soccer Tikes For Preschoolers ( Ages 3 - 7 )

**Where:** Scalzi Park  
**When:** April 27 - June 1  
**Day:** Saturdays  
**Time:** 9:00AM - 10:00AM - **3 year olds - Sess. 01**  
10:00AM - 11:00AM - **3 - 4 year olds - Sess. 02**  
11:00AM - 12:00PM - **4 - 5 years old -Sess. 03**  
12:00PM - 1:00PM - **5 - 7 years old - Sess. 04**  
**Fee:** \$117.00 per child per session  
**Instructor:** Kevin Fallon, Certified Soccer Instructor  
**Description:** At Soccer Tikes, we stress a non-competitive environment. This is a child development program for kids. Classes are designed to develop motor skills, promote physical fitness, and create self-confidence. We also mix fun, skill development activities with actual small sided games. **A great relaxing and fun way for your child to learn about soccer!**

## Preschool Gymnastics On Saturdays ( Ages 2 - 4 )

**Where:** Stamford Recreation Star Center 1170 Shippan Ave  
**When:** April 6 - June 1 ( No class 4/20)  
**Time:** 9:00AM - 9:35AM ( **Ages 2-3** ) -Sess. 01  
9:40AM - 10:15AM ( **Ages 3-4** ) - Sess.02  
**Day:** Saturday  
**Fee:** \$128.00 per child per sessions for 8 weeks  
**Instructors:** Certified Gym On Wheels Staff  
**Description:** The GYM ON WHEELS program will have your children tumbling, tucking, and jumping out of their shoes until their next encounter with us. This class will help your children develop fundamental gymnastics skills, while also teaching them skills in areas such as coordination, balance, agility, listening to instruction, and the importance of team-work. We are Team USA Gymnastics team members. We teach children the basic skills used for pommel horse, high bars, balance beams, parallel bars, springboards, and much more....all while making sure you **have fun!**

## Kinder Music ( Ages 3-5) - New

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave  
**When:** April 13 - May 25 ( No class 4/20)  
**Day:** Saturdays  
**Time:** 10:30AM - 11:15AM  
**Fee:** \$98.00 per child for 6 weeks  
**Instructor:** Arts In CT Instructor  
**Description:** Parents join us for the best rock band on this side of Stamford as our little one’s rock it out. Wait don’t leave Americas Talented Singers! **You do no not want to miss it!**



# Ballet & Dance Programs/ After School Club

## Tiny Tu - Tu's ( Age 2.5 & Older )

**Where:** Star Recreation Center, 1170 Shippan Ave

**When:** April 10 - June 12

**Day & Time:**

Wednesday - 1:30PM - 2:15PM - Sess. 01

Wednesday - 2:15PM - 3:00PM ( Level 2 ) - Sess. 02

Saturday - 9:30AM - 10:15AM - Sess. 03

**Fee:** \$180.00 per child for 10 weeks per sections

**Instructors:** Ms. Danette & Ms. Debbie

**Description:** Get your tu - tus out! It's time to twirl and leap to classical music. During this 45 minute class, your little dancer will learn basic ballet techniques as they move to the beautiful sounds of classical music.

## Ballet/Tap For Pre K

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 13 - June 15

**Day:** Saturday

**Time:** 10:30AM - 11:30AM

**Fee:** \$180.00 for 10 weeks

**Instructors:** Ms. Debbie

**Description:** Ballet - the dancers will explore the great ballet stories as they learn technique. Waltz into class and leap into fun!! **Dancers need tap shoes, ballet slippers, and water bottle.**

## Hip Hop/Funk ( Gr. 1 - 6 )

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 9 - June 11

**Day:** Tuesday

**Time:** 4:30PM - 5:15PM ( Gr. 1 - 3 ) - Sec. A

5:30PM - 6:30PM ( Gr. 4 - 6 ) - Sec. B

**Fee:** \$180.00 for 10 weeks

**Instructors:** Ms. Alexandra

**Description:** This class is one hour fun filled class is for the person who loves to dance around the house. Why not take it to the beautiful Star Center and shine even brighter! Dress comfortably. **Hip hop sneakers or Jazz shoes. No street shoes.** In class performance on the last day.

## Ballet/Tap For Grades K- 5

**Where:** Stamford Recreation Star Center 1170 Shippan Ave

**When:** April 10 - June 15

**Day & Time:**

Wednesday / 4:30PM - 5:30PM - (Gr. K-2 )- Sec. A

Wednesday / 5:30PM - 6:30PM - (Gr. 3 - 5 ) - Sec. B

Saturday / 11:30AM—12:30PM - (Gr. K - 3 ) - Sec. C

**Fee:** \$180.00per child per section for 10 weeks

**Instructors:** Ms. Danette & Ms. Debbie

**Description:** Dancers will begin class in tap shoes, learning a collection of basic steps and rhythms. Following their tap portion, dancers will switch to ballet slippers for the second half of the class. In ballet they will learn technique; positions of the feet, arms and head. As well as, beautiful and fun combinations. **Dancers need tap shoes, ballet slippers, and water bottle.**

## Broadway Dance ( Gr. 3 - 5)

**Where:** Star Recreation Center, 1170 Shippan Ave

**When:** April 9 - June 11

**Day:** Tuesday

**Time:** 6:30PM - 7:30PM

**Fee:** \$180.00 per child for 10 weeks per sections

**Instructors:** Ms. Alexandra

**Description:** Learn a dance combination to a Broadway song. Class will include dance and theater technique.

**In class performance on the last day.**

## Ballet/Jazz ( Gr. K-3)

**Where:** Star Recreation Center, 1170 Shippan Ave

**When:** April 11 - June 13

**Day:** Thursday

**Time:** 4:30PM - 5:30PM

**Fee:** \$180.00 per child for 10 weeks per sections

**Instructors:** Ms. Alexandra

**Description:** Leap into this class ready to explore beyond the ballet basics. This class will build on basic ballet steps and develop the skills for turns and leaps, while creating beautiful ballet lines. The dancers will learn a combination to be demonstrated at the conclusion of the session.

## Lyrical ( Ages 5 - 6 )

**Where:** Star Recreation Center, 1170 Shippan Ave

**When:** April 11 - June 13

**Day:** Thursday

**Time:** 5:30PM - 6:30PM

**Fee:** \$180.00 per child for 10 weeks per sections

**Instructors:** Ms. Alexandra

**Description:** This really fun class is flowy, energetic and inspirational. Run, leap, twirl, release and rebound. Come prepared to work hard and enjoy the process. The dancers will learn a combination to be demonstrated at the conclusion.

## After School Club at the Star Center

**Where:** Recreation Star Center, 1170 Shippan Ave

**When:** March 1 - June 14, 2019

**Day:** Monday - Friday

**Time:** 2:45PM - 6:00PM

**Fee:** 3 days a week: \$190.00 per month

4 days a week: \$220.00 per month

5 days a week: \$245.00 per month

**Description:** Stamford Recreation will be offering a New After School Program for Children Grades K – 5 at the Recreation Star Center located at 1170 Shippan Avenue. **Gym time, playground and outdoor time, arts and crafts, video game time and home work time** (each day except on Fridays). Transportation provided by the Stamford Board of Education from the following schools to the After School Club at the Star Center: Catholic Elements School, Charter School of Excellence, Hart Magnet School, KT Murphy, Rogers International School, Strawberry Hill School, Toquam School, and Westover Magnet School. **We follow the Stamford Public School Calendar.**





# Early Childhood & Youth Programs

## Parent & Me T-Ball Squirts ( Ages 2 - 3 )

**Where:** Scalzi Park

**When:** April 28 - June 23

**Days:** Sunday

**Time:** 9:00AM - 10:00AM - Sess. 01

2:00PM - 3:00PM - Sess. 02

**Fee:** \$154.00 per child

**Description:** Parent & Me T-Ball Squirts is a fun and positive introduction to t-ball for young children with a helping hand from Mom or Dad! With a parent participating by their side, kids will have fun learning the fundamental skills of t-ball through structured activities, fun based games, and scrimmages.

**Run by US Sports Institution.**



## Squirts T-Ball (Ages 3 - 5 )

**Where:** Scalzi Park

**When:** April 28 - June 23

**Days:** Sunday

**Time:** 10:00AM - 11:00AM - Sess. 01

3:00PM - 4:00PM - Sess. 02

**Fee:** \$154.00 per child

**Description:** Open to both boys and girls, there's no better introduction to the sports of baseball or softball! Skills covered include hitting, throwing, catching, base running, fielding, and more. Each session is taught through structured activities, fun games, and scrimmages designed to ensure learning and most importantly: fun, fun, fun! **Run by US Sports Institution.**



## Parent & Me Multi Sports Squirts ( ages 2 - 3 )

**Where:** Scalzi Park

**When:** April 23 - June 11

**Days:** Tuesday

**Time:** 3:00PM - 4:00PM

**Fee:** \$154.00 per child

**Description:** The Parent & Me Multi Sports Squirts program allows children to try a variety of sports with a helping hand from Mom or Dad! Ease your child into social situations with support and confidence as you engage in fun sports activities & games together. **Run by US Sports Institution.**



## Squirts Multi Sports ( Ages 3-5 )

**Where:** Scalzi Park

**When:** April 23 - June 11

**Days:** Tuesday

**Time:** 4:00PM - 5:00PM

**Fee:** \$154.00 per child for 8 weeks

**Description:** The Squirts Multi Sports program allows children to try a variety of different sports throughout the season including Lacrosse, Soccer, T-Ball, and Track & Field. All sports are taught in a safe and structured learning environment designed to ensure learning and most importantly: **fun, fun, fun!**

## Senior Squirts T-Ball (Ages 5 - 7 )

**Where:** Scalzi Park

**When:** April 28 - June 23

**Days:** Sunday

**Time:** 11:00AM - 12:00PM - Sess. 01

4:00PM - 5:00PM - Sess. 02

**Fee:** \$154.00 per child

**Description:** Senior Squirts T-Ball is a great way to introduce your young slugger to this exciting game. Players will focus on learning the rules and developing their skills in hitting, throwing, base running and fielding. Each session, players will apply what they have learned into a T-Ball scrimmage. (Please note participants are required to provide their own glove for this program.)



## Senior Squirts Multi Sports (Ages 5 - 7 )

**Where:** Scalzi Park

**When:** April 23 - June 11

**Days:** Tuesday

**Time:** 5:00PM - 6:00PM

**Fee:** \$154.00 per child

**Description:** This class is the perfect stepping stone for children who have graduated from Squirts Multi Sports or for children looking for their first ever sports experience. Players will learn key skills in a variety of sports through small-sided scrimmages, games, and activities in a variety of sports. **Run by US Sports Institution**



## Might Makers (Ages 6 - 10 )

Make and Take Saturdays - Recycle Upcycled Creations  
Join us for this hands on, engaging creative class! Each week your little artist will create a uniquely original work of art using an assortment of recycled materials from wood and plastic to cardboard and metal. Sculpture, collage and mixed media projects are in store! Come join the fun!

**Where:** Recreation star Center, 1170 Shippan Ave

**When:**

March 2, 2019 ( Card Board Sculptures) - Sess. 01

April 6, 2019 ( Unicorn/ Dino Gardens) -Sess. 02

May 4, 2019 ( Mothers Day Make & Take a Gift) - Sess. 03

**Days:** Saturday

**Time:** 10:00AM - 11:30AM

**Fee:** \$35.00 per child per session

**Instructor:** Ms. Nancy

**Descriptions:**

**Card Board Sculptures:** Artists will collage, paint and create as they build.

**Unicorn/Dino Gardens:** Design, create and build your own garden using gems, nature & recycled bits and pieces!

**Mother's Day/Make & Takes A Gift:** Come create a beautiful and oh so special gift for the "Best Mom/Grandma/Auntie Ever"! Colorful, happy, full of love and creative originality each child will make and take home a beautiful one of a kind gift for their someone special

# Youth Tae Kwon Do & Art Programs

## Team Wrigley Tae Kwon Do Beginner Training for Youth (Ages 7 & Up)

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 8 - June 13

**Days:** Monday & Thursday (must attend twice a week)

**Time:** 6:00PM - 6:40PM

**Fee:** \$175.00 per student (Twice a week)

**Instructors:** Mr. Tim Wrigley, 6th Degree Black Belt

**Description:** Taught safely with traditional values, Tae Kwon Do will help your child develop their physical coordination along with their concentration skills. Much more than learning the basic physical skills to defend themselves, Tae Kwon Do will help in all aspects of life teaching respect for all things, giving them the positive influence and self confidence they will need to be successful at anything they do. Of course it is lot of fun to learn, and a good workout for our youth! Brand new students who enroll will start out with the rank of "White Belt" and will work towards higher ranks (also indicated by color) which are designed to help them with goal setting, have a sense of achievement and show their progress. **No class on May 27, 2019!**

## Team Wrigley Tae Kwon Do (Ages 7 & Up)

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 8 - June 13

**Day & Time:** By Rank (Must attend twice a week)

**Yellow & Orange Belts:**

Monday - 6:45PM - 7:30PM

Wednesday - 6:15PM - 7:00PM

**Green, Blue, Red & Brown Belts:**

Tuesday - 6:30PM - 7:30PM

Thursday - 6:45PM - 7:45PM

**Black Belts:**

Monday - 7:30PM - 8:30PM

Wednesday - 7:15PM - 8:15PM

**Fee:** \$195.00 per student (Twice a week)

**Instructors:** Mr. Tim Wrigley, 6th Degree Black Belt

**Description:** This Martial Art Program is designed specifically for returning students or those children who may have had prior martial arts experience elsewhere\*. Students enrolled who know the true benefit of Tae Kwon Do and how much fun it can be, will continue on their path to the eventual rank of Black Belt and beyond. Note that classes are separated by rank. Students can now expect to develop to more advanced level Tae Kwon Do skills than they have ever achieved before. Returning students should enroll in a class time according to their rank. (Limited allowances may be possible with Instructor's approval, but we encourage all students to participate at their designated time slot). \*Students with prior martial arts experience elsewhere should enroll in the White Belt Class timeslot. A skill assessment of the student (during first week of classes) will be completed by the Instructor to determine starting rank. **No class on May 27, 2019!**



## Paint Draw & More Art (Ages 5 - 12)

**Where:** Davenport School Art Room

**When:** April 10 - June 12 (No class 4/17)

**Day:** Wednesday

**Time:** 4:00PM - 5:00PM - Ages 5-7 - Sess. 01

5:00PM - 6:00PM - Ages 8 - 12 - Sess. 02

**Fee:** \$173.00 per person for 9 weeks/ All materials included

**Instructor:** Jo-Anne Claybourne

**Description:** This program teaches children to draw what they see, while enhancing their drawings with their own ideas and concepts and using different materials in creative ways. The class environment is non-competitive and fun. This program helps children to build self-esteem through their drawing success and enhances hand-eye coordination, as well as spatial and color relationships. **Offered by Paint, Draw and More**

## Cartooning Class (Ages 8 - 13)

**Where:** Recreation Star Center, 1170 Shippan Ave

**When:** April 27 - June 22

**Day:** Saturday

**Time:** 1:00PM - 2:00PM

**Fee:** \$170.00 per person for 9 weeks/ All materials included

**Instructor:** Heather Bennett

**Description:** This is cartooning class plus! In this class young artists will develop a cartoon character, create its comic book story. The camp will follow the cartoon theme created by the students. During the session they will be designing, drawing, mask making and working in 2 and 3D. This class has been selling out and we are happy to offer our own little Comic Con at the Stamford Park and Recreation. All material included. Before becoming a teacher, Heather Bennett founded "The Late Night Milk Run," a 15-year-old online business specializing in hand made sculptures (plush dolls) and prop designs. Her work has been featured in publications including ELLE, Glamour, Milk Magazine (France) and Linda Wonen (Holland). Her dolls and artwork have also been seen on TV shows such as HBO's "Girls" and "Modern Family." **Offered by Paint, Draw and More**

## Paint Bar (Grades 2 - 5) - New

**Where:** Stamford Recreation Star Center  
Roxbury Elementary School

**When:** April 9 - June 6

**Day:** Monday - (Gr. 1 & 2) Star Center - Sess. 01

Thursday - (Gr. 3 & 4) Roxbury School - Sess. 02

**Time:** 4:30PM - 5:30PM

**Fee:** \$145.00 per child for 8 weeks

**Instructor:** Beth Cherico

**Description:** Get painting! Students will create several acrylic paintings on canvas over the course of the session. They will learn to mix paint, and sketch on the canvas. They will also learn techniques such as masking and sponging. **Please wear old clothes or bring a smock. No class 4/15 & 4/18**



# Youth Music & Chess Programs

## Beginner Guitar Lessons With Mr. Truglio For Students Grades 4 & 5

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 10 - June 12 (No class 4/17)

**Day:** Wednesday

**Time:** 5:15PM - 6:00PM

**Fee:** \$173.00 per student for 9 weeks/ Max of 6 student!

**Description:** Introduction to guitar. For beginners and players with a little experience. Finger dexterity, reading, chords & getting around the guitar is all part of this program. **You must supply your own acoustic or electric guitar. Max of 6 students!**

## Advanced Beginner /Intermediate Guitar With Mr. Truglio For Students Grades 6 & UP

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 10 - June 12 (No class 4/17)

**Day:** Wednesday

**Time:** 6:00PM - 6:45PM/ Max of 6 students!

**Fee:** \$173.00 per student for 9 weeks /Max of 6 students!

**Description:** Continued study of guitar techniques for students with 1 plus years of lessons. Music that is age appropriate will be used. You must supply **your own acoustic or electric guitar**

## Musikids Keyboard I ( Ages 6 - 8 )

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 10 - June 12 (No class 4/17)

**Day:** Wednesday

**Time:** 4:45PM - 5:45PM - Sess. 01

6:00PM - 7:00PM - Sess. 02

**Fee:** \$220.00 per child for 9 weeks /Max of 6 students

**Instructor:** Bob Fiorito

**Description:** This beginner program is a great way to introduce your child to the world of music. Unlike traditional piano instruction where students must plod through weeks of seemingly unrelated exercises, this program will have your child playing notes and music in no time at all! **A book for all keyboard classes is required & will need to see the instructor on where to purchase one.**

## Musikids Keyboard II ( Ages 6 - 10 )

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 10 - June 12 (No class 4/17)

**Day:** Wednesday

**Time:** 7:00PM - 8:00PM

**Fee:** \$220.00 per child for 9 weeks/ Max of 6 students

**Instructor:** Bob Fiorito

**Description:** This keyboard program is designed for students who have successfully completed our beginner program or have had prior lessons. The program will build on their current keyboarding skills, and will have them playing their favorite songs. **A max of 6 students. A book for all keyboard classes is required & will need to see the instructor on where to purchase one.**

## Piano Lessons With Mr. Fiorito Beginner to Early Intermediate

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 11 - June 13 (No class 4/18)

**Day:** Thursday

**Time:** 4:00PM - 4:45PM

**Fee:** \$220.00 per student for 9 weeks / Max of 4 students

**Description:** You will need a piano or keyboard at home to practice. **For grades 4 & up / Gr. 3 & up** if the student has completed our Musikids Keyboard II program. The basics of piano note & rhythm reading will be taught in this class, as well as, learning to play the piano correctly.

## Piano Lessons With Mr. Fiorito Intermediate / Advanced Intermediate Level

**Where:** Stamford Recreation Star Center ,1170 Shippan Ave

**When:** April 11 - June 13 (No class 4/18)

**Day:** Thursday

**Time:** 4:50PM - 5:35PM

**Fee:** \$220.00 per student for 9 weeks / Max of 4 students

**Description:** This program is designed for students with 2 plus years of study experience **grades 5 & up**. Younger students permitted with instructors approval. Students should already have basic reading skills. Assignments will continue to build piano skills. **Students need a piano or keyboard at home to practice.**

## Recorder Lessons ( Gr. 2-4) - New

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 13 - May 25 (No class 4/20)

**Day:** Saturday

**Time:** 11:00AM - 12:00PM

**Fee:** \$113.00 per child for 6 weeks

**Instructor:** Arts In CT Instructor

**Description:** Music Ain't Over Yet! Join us for some fun toe tapping sounds. Students will enjoy reading music and playing their first musical instrument.



## Chess Wizards ( Gr. K & UP )

**Where:** Recreation Star Center ,1170 Shippan Ave

**When:** April 6 - June 1 (No class 4/20)

**Day:** Saturdays

**Time:** 9:30AM - 10:30AM

**Fee:** \$135.00 per child for 8 weeks

**Instructor:** Certified Chess Wizard Staff

**Description:** Chess Wizards is a premier chess education company providing fun, informative and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience



Checkout the Piano & Guitar Summer Session  
At the Star Center Page 29 & 30.

# After School Programs For Youth

## Gymnastics For Youth ( Ages 5-7 )

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 1 - June 3 ( No class 4/15 & 5/27)

**Day:** Monday

**Time:** 4:45PM - 5:30PM

**Fee:** \$128.00 per student for 8 weeks

**Instructor:** Certified Gym On Wheels Staff

**Description:** The GYM ON WHEELS program incorporates stretching exercise, aerobics to music, gymnastic skills, energetic games and lots of fun to bring your children a high energy, motivating, self-esteem building & nurturing atmosphere. Some of the equipment they will be working on is the balance beam, parallel bars, obstacle course and the importance of team work and much more. **Taught by a certified GYM ON WHEELS staff member.**

## Basketball Basics ( Gr. 1-2 )

**Where:** Recreation Star Center, 1170 Shippan Ave

**When:** April 2 - May 28 ( No class 4/16)

**Day:** Tuesday

**Time:** 4:15PM - 5:15PM

**Fee:** \$55.00 per student for 8 weeks

**Instructor:** Recreation Staff

**Description:** This program is an introduction to basketball. Fun drills and exciting activities combined to teach children fundamentals. The basic skills of dribbling, rebounding and shooting will be stressed each week as players move closer to experiencing game situations through scrimmages.



## More Gym Burners ( Grades K-1 )

**Where:** Recreation Star Center, 1170 Shippan Ave

**When:** April 3 - May 29 ( No class 4/17)

**Day:** Wednesday

**Time:** 4:15PM - 5:15PM

**Fee:** \$55.00 per student for 8 weeks

**Instructor:** Recreation Staff

**Description:** This program will introduce children to sports and games such as kickball, t-ball, soccer, basketball, tag games and more. We will also teach the importance of team work in a relaxing environment and have new and exciting game planned each week for class. **If you enjoyed the winter session you will love this spring class as we play more games and sports!**

## Sports Jam ( Gr. 2 - 3 )

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 4 - May 30 ( No class 4/18)

**Day:** Thursday

**Time:** 4:15PM - 5:15PM

**Fee:** \$50.00 per student for seven weeks

**Instructor:** Recreation Staff

**Description:** Each week students will play an exciting gym game or sport taught by our instructors. A great way to meet new friends and enjoy an afternoon of fun exercise.

## Neighborhood Soccer ( Gr. 1-2 )

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 5 - May 31 ( No class 4/19)

**Day:** Fridays

**Time:** 4:15PM - 5:15PM

**Fee:** \$50.00 per student for seven weeks

**Instructor:** Recreation Staff

**Description:** This fun filled class teaches young students the basic skills and fundamentals of soccer each week. Each class will end with a game. What a great way to make new friends and enjoy the game of soccer!

## Yoga For Children With Special Needs & Autism ( Ages 8 - 13 )

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 5 - April 26 - Sess. 01

May 3 - May 24 - Sess. 02

**Day:** Friday

**Time:** 11:30AM - 12:30PM

**Fee:** \$60.00 per student for four weeks per session

**Instructor:** Nana Smith, Certified Instructor

**Description:** Yoga class for children with special needs and autism. Yoga is growing in popularity in the U.S. as a complementary therapy for children with special needs and autism. The benefits of yoga for children with autism are multi-fold: it relaxes children, calms anxiety down, balances emotions, helps with visualization, helps with movements, mindfulness, breathing; improves strength, flexibility and creates sense of community and friendship between children.

## TGA Premier Golf Classes ( Grades K-5 )

**Where:** Kocsiuszko Park / Dyke Lane

**When:** April 25 - May 30

**Days:** Thursday

**Time:** 4:00PM - 5:00PM ( Gr. K-2) - Sess. 01

5:00PM - 6:00PM ( Gr. 3-5) - Sess. 02

**Fee:** \$138.00 per child for 6 weeks

**Instructor:** TGA Certified Golf Instructor

**Description:** Students are taken through the basic concepts of golf like putting & chipping, to hitting fairway woods. All classes will have equipment provided, real golf clubs in varying sizes, golf balls, hitting mats, target nets, along with ancillary equipment. By the end of the program, students will have confidence to be playing on the golf course.

## Zumba For Kids ( Ages 7 - 11 )

**Where:** Star Recreation Center, 1170 Shippan Ave

**When:** April 4 - May 30 ( No class 4/18)

**Day:** Thursday

**Times:** 4:30PM - 5:30PM

**Fee:** \$80.00 per child for 8 weeks

**Instructors:** Patricia Moore, Certified Zumba Instructor

**Description:** Zumba Kids classes feature kid friendly routines based on original Zumba choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun!



# Educational & April Vacation Camps For Youth

## Academy Of Future Space Explorers - NASA ( Gr. 1 - 4 )

**Where:** Davenport Elementary School

**When:** April 22 - May 20

**Day:** Monday

**Time:** 4:00PM - 5:00PM

**Fee:** \$96.00 per child for 5 weeks

**Instructor:** Mad Science Staff



**Description:** Explore the farthest reaches of our solar system & create a lunar eclipse in a “Mad” planetary tour. Journey through a soapy galaxy as you investigate the life cycle of stars. Race a balloon rocket & design your own car engine as you learn about thrust. Investigate the four forces of flight with help of a unique flying object. Build your own Skyblazer II rocket plus other cool experiments that you can take home.

## LEGO™ Battle 101 ( Ages 5-10 )

**Where:** Recreation Star Center, 1170 Shippan Ave

**When:** May 1, 15, 22, 29 & June 4 ( No class 5/18)

**Day:** Wednesday

**Time:** 4:00PM - 5:15PM

**Instructor:** CT Computer Education Staff

**Fee:** \$109.00 per child for 5 weeks

**Description:** Ready, set, battle— a fun and creative way of combining LEGO® brick building and a tablet. Use your imagination to create it your way. Your kingdom is YOURS, PROTECT AND DEFEND IT. Build your own 2D tower, layer by layer with LEGO ® bricks, design and defend your Battle Tower against unpredictable invaders. We will provide the technology to see your creation come to life. Children will build in pairs or by groups, please bring a snack everyday to class. No Legos ® will be taken home. Pictures will be e-mailed home. No make-up classes will be added. **Group work.**



## Lego Engineering 101 Spring Vacation Camp ( Ages 5 - 12 )

**Where:** Star Recreation Center, 1170 Shippan Ave

**When:** April 15 - April 18

**Day:** Monday - Thursday

**Time:** 8:30AM - 2:30PM

**Fee:** \$160.00 per child

**Instructor:** Computer Education Staff

**Description:** If you have a learner who likes building things and figuring out how things work, they will love this class. Join us as we explore & investigate while we learn about the building blocks of engineering-simple machines. Students will work through building models that demonstrate mechanical and physical engineering. Learning projects may include: scale, conveyor belt, crane, car, scale, dragster, fan and a merry-go-round. No Legos will be taken home. Please bring a lunch and a snack. **Group work.**

## April Vacation Camp ( Gr. K - 5 )

**Where:** Star Recreation Center, 1170 Shippan Ave

**When:** April 15 - April 18

**Day:** Monday - Thursday

**Times:** 8:00AM - 5:00PM

**Fee:** \$150.00 per child for four days

**Instructor:** Recreation Staff



**Description:** If you are looking for something fun for your child to do during the break, look no further! Each day campers will be involved in gym games, arts & crafts, sports, board games, outside activities and more! All campers should bring a bagged lunch each day and the camp is open to a **max of 75 students**

## Mixed Media Art Vacation Camp By Paint Draw & More ( Ages 5 - 13 )

**Where:** Davenport Elementary School

**When:** April 15 - April 18

**Day:** Monday - Friday

**Times:** 8:30AM - 2:30PM

**Fee:** \$250.00 per child for the week/ All materials included

**Instructor:** Joe-Ann T. Claybourne

**Description:** We are excited to offer a NEW fun aspect to our April vacation camp. This year, along with our fun painting, clay and mixed media projects, we will also feature half of the camp time to cartooning and plush creation. This fun vacation art camp offered by Paint, Draw & More designed for students ages 5-13. Each day is comprised of a full day of creating mixed media fine art, cartooning/comic book creation and plush toys. Students will explore a variety of mediums and be encouraged to express their creativity in new and exciting ways. A compilation of the week's activities will end in an art show for the parents. During our camp session we will have a lunch break. This camp will run Monday through Friday and is open to a maximum of 20 students with division of age groups. **This years teachers are Jo-Ann Claybourne (mixed media artist) and Heather Bennett (cartooning and plush artist).**

## PEAK PERFORMANCE APRIL VACATION ALL SPORTS CAMP ( Ages 4 - 12 )

**Where:** Davenport Elementary School

**Dates:** April 15 - April 18

**Days:** Monday - Friday

**Time:** 9:00AM - 12:30PM Half Day - Sess. 01

12:30PM - 4:00PM Half Day - Sess. 02

9:00AM - 4:00PM Full Day - Sess. 03

ANY 3 Half Days 9:00AM – 12:30PM- **\$99.00 - Sess. 04**

ANY 3 Full Days 9:00AM – 4:00PM—**\$165.00 - Sess. 05**

**Fee:** \$132.00 per child per sess. for half day camp for 4 days

\$225.00 per child per sess. for full day camp for 4 days

**Description:** For Boys and Girls ages 4-12. This camp offers a combination of traditional sports games, physical education activities, and cooperative games. We ask that our full day campers bring a (peanut free) snack, lunch and water bottle, and our half day campers bring a peanut butter free snack and water bottle.

# Youth Spring Aquatics Programs

All lessons take place at YERWOOD CENTER, 90 Fairfield Ave.

All Registrations must take place at the Recreation Office or online, no onsite registration is permitted.

Lessons are limited to 8 participants per class and fill up fast!!

Lesson Fees: Youth Tuesday & Thursday lessons \$325.00

(NEW) Youth Saturday lessons \$165.00 Youth Thursday/Saturday Parent & Child \$180.00

## Swim Lesson Level Description

**Parent Child:** This class is developed for children 6 months to 3 years. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills, such as, bubble blowing, front kicking, back floating, class song singing, underwater exploration and more. The water is introduced as a fun and safe environment to start off your child's swimming experience the correct way. **The child must enter the water with assistance & be able to hold their head up to participate in the class.**

**Level One:** Introduction to water skills helps children become comfortable in the water while learning basic water safety/swimming skills. The class uses floatation backpacks to help children learn to swim on their stomachs with their face in the water. We introduce combined arm and leg swimming action and encourage confidence in independent swimming **the child must be able to voluntarily get in the water, put face in & blow bubbles to participate in the class.**

**Level Two:** Building off of the Level One class, we introduce fundamental skills such as arm finning on back and floating *without* assistance. Kids are encouraged to swim on their own with minimal use of floatation devices. During the course of the class we cover, flutter kicking with pointed toes, streamline positioning, independent swimming on front and back and much more. **The child must be able to swim with floatation devices without needing help, put face in water while exhaling out bubbles & must be able to voluntarily swim on front & back with minimal assistance.**

**Level Three:** This class is a bigger jump from a level two. The children focus on coordinating arm and leg movements and improving skills covered in level 2, such as independent swimming on front and back. We introduce side breathing, also known as rotary breathing, backstroke, front crawl and much more. **The child must be able to swim three body lengths, on front and back, without assistance. Must be able to exhale while face is in water and breathe in while face is out. If your child is not a confident swimmer this class is not for them.**

**Level Four:** Stroke improvement is held in the 12 foot diving well. Kids are in the water without assistance, so they must be strong swimmers for this class. Swimmers are trained to improve their swimming stamina by conditioning kicks and arm pulls. This course introduces parts of all six strokes. **The child must be able to swim in deep end of pool for entire class, must be able to swim on front, back and side. Swimmers must have knowledge of side breathing, front crawl, back crawl, and elementary backstroke. Swimmers must be able to do kneeling dive with minimal assistance.**

**Level Five & Six:** The highest level offered works on swimming laps, perfecting stroke technique and introduction to a swim team inspired class. Introduces circle swimming and swim team terms. **Must have knowledge of all 6 strokes and be able to swim continuous laps. Swimmers should have knowledge of diving as well.**

## Swim Class Days & Times

**Tuesdays, March 26 - June 4 (No class 4/16)**

**Level One:** 6:00PM - 6:30PM - Sess.01

**Level Two:** 6:30PM - 7:00PM - Sess.02

**Level Three:** 6:30PM - 7:00PM - Sess. 03

**Level Three:** 7:00PM - 7:30PM - Sess. 04

**Level Four:** 7:30PM - 8:00PM - Sess. 05

**Level 5&6:** 7:30PM - 8:00PM - Sess. 06

**Thursdays, March 28 - June 6 (No class 4/18)**

**Parent and Child:** 6:00PM - 6:30PM - Sess.01

**Level One:** 6:30PM - 7:00PM - Sess. 02

**Level Two:** 7:00PM - 7:30PM - Sess. 03

**Level Three:** 7:00PM - 7:30PM - Sess. 04

**Level Four:** 7:30PM - 8:00PM - Sess. 05

**Level 5&6:** 7:30PM - 8:00PM - Sess. 06

**Saturday, March 30 - June 5 (No Class 4/20)**

**Level One & Two:** 1:00PM - 1:30PM - Sess. 01

**Level One & Two:** 1:30PM - 2:00PM - Sess. 02

**Parent and Child:** 2:00PM - 2:30PM - Sess. 03

**Level Three:** 2:00PM - 2:30PM - Sess. 04

**Level Four:** 2:30PM - 3:00PM - Sess. 05

**Level 5&6:** 2:30PM - 3:00PM - Sess. 06



### Summer Camp Staff Wanted

We are currently looking for students ages 16 & older that have some experience working with children ages 3-12 to work in our summer camp programs. If you enjoy children, the outdoors, swimming and more you will enjoy this summer position. **We are also looking for art instructors, paras and sport instructors ages 18 & older.**

Applications are online at  
[www.stamfordrecreation.com](http://www.stamfordrecreation.com)

# Youth Tennis, Soccer, Cooking & Horse Back Riding

## Intro To Tennis ( Ages 5-7 )

**Where:** Scalzi Park Tennis Courts

**When:** May 18 - June 15

**Days:** Saturday

**Time:** 9:00AM - 9:45AM - Sess. 01

9:00AM - 9:45AM - Sess. 02

9:45AM - 10:30AM - Sess. 03

9:45AM - 10:30AM - Sess. 04

10:30AM - 11:15AM - Sess. 05

10:30AM - 11:15AM - Sess. 06

11:15AM - 12:00PM - Sess. 07

11:15AM - 12:00PM - Sess. 08

**Fee:** \$75.00 per child per session

**Description:** This program is designed to be a fun-filled introduction to tennis for children ages 5 - 7 with a game-oriented theme and utilizing 10 and Under Tennis racquet & balls. Each class will include 30 minutes of instruction and 15 minutes of tennis play.

## Tennis Basics ( Ages 8-12 )

**Where:** Scalzi Park Tennis Courts

**When:** May 18 - June 15

**Days:** Saturday

**Time:** 9:00AM - 9:55AM - Sess. 01

10:00AM - 10:55AM - Sess. 02

10:00AM - 10:55AM - Sess. 03

11:00AM - 11:55AM - Sess.04

**Fee:** \$150.00 per child per session

**Description:** This program is designed to teach basic groundstrokes and volleys to children ages 8-12 who have already played some tennis or athletic rookies who are looking to test the talents in a new sport.

## Teens Tennis Basics ( Ages 13 - 16 )

**Where:** Scalzi Park Tennis Courts

**When:** May 18 - June 15

**Days:** Saturday

**Time:** 11:00AM - 11:55AM

**Fee:** \$150.00 per child per session

**Description:** This program is designed to be an introduction to tennis. Participants will be taught the fundamentals of forehands, backhands, serves and volleys as well as the rules of the game.

## Healthy Eats ( Ages 6 - 8 )

**Where:** Recreation Star Center, 1170 Shippan Ave

**When:** April 2 - May 21 ( No class 4/16)

**Day:** Tuesday

**Time:** 4:15PM - 5:30PM

**Fee:** \$85.00 for 7 weeks per child/ Includes all supplies

**Instructor:** Ms. Nancy

**Description:** Roll your sleeves up and let's meet in the kitchen to mix, measure, create and whip up healthy snacks and meals! This class will incorporate cooking tips and tricks along with hands on preparation of good for you food based delicious dishes! **Should your child have allergies or intolerances, please speak with us prior to registration.**

## Eagle Soccer Academy ( Ages 5-13)

**Where:** Lione Park

**When:** April 22 - June 10 ( **Mondays Only**)

April 22 - June 12 ( **Mon. & Wed.**)

April 23 - June 13 ( **Tues. & Thurs.**)



**Times:**

5:30PM - 6:30PM/ Ages 5-7 (M/W) or T/TH) - Sess. 01

5:30PM - 6:30PM / Ages 8- 10 (M/W or T/TH) - Sess. 02

6:35PM - 7:45PM / Ages 11-13 (T/TH or Mon. Only - Sess. 03

6:35PM - 7:45PM / Ages 8 -10 (T/TH or Mon. Only - Sess. 04

**Fee:** \$160.00 per child for 8 weeks **Twice a Week**

\$100.00 per student for **Mondays Only**

**Instructors:** Eddy Edwin & Ricky ( Certified Staff)

**Description:** At Eagles of Stamford we specialize in technical development in both individual and group settings. We create a fun, safe, and friendly environment that provides necessary tools to enable each player to achieve success through motor skills as well as tactical learning while promoting physical fitness.

## Horseback Riding Lessons / Mead Farm

**Where:** Mead Farm on 107 June Road, Stamford

**When:** April 28, May 5, 12 & 19

**Day:** Sunday

**Time:** 2:30PM - 3:30PM

**Fee:** \$330.00 per person **per 4 week session**

**Instructor:** Mead Farm Staff

**Description:** We have teamed up with Mead Farm in Stamford to offer horseback riding lessons for children ages 5 & up. Teenagers and even adults are welcome. Session includes a 1/2 hour horseback riding lesson in an outdoor ring plus 1/2 hour horsemanship classes covering general horse care, grooming, **anatomy & parts of tack.** Requirements are a signed waiver, long pants & boots with a **slight** heel. Helmets are required and available to borrow. For more information go to [www.meadfarm.com](http://www.meadfarm.com) Note: Any child with special needs please contact Mead Farm at 203-322-4984 to arrange for a meeting to **determine if this program is suitable for your child.** Required Forms: All participants must fill out the required waiver forms that can be downloaded from our website at [www.stamfordrecreation.com](http://www.stamfordrecreation.com) and returned to Mead Farm **no later than April 18, 2019** in order to participate in the program. Also, this is an introductory program and anyone looking to return for the Winter Session should contact Mead Farm directly for other programs. **Max of 12 students! Program runs Rain or Shine and No Make Ups! Please arrive 10 minutes early. Max of 5 students for this class!**

## Open Gym For Kids ( Gr. 1-3 )

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** April 12 - May 24 ( **No program 4/19**)

**Day:** Friday

**Time:** 6:00pm - 8:00pm

**Fee:** \$15.00 for 6 weeks

**Description:** If your child is looking to get out of the house and just shoot some hoops on a Friday night then look no further. This open gym program is available for 6 weeks this spring. **Supervisor is on hand to run pick up games.**



# Youth & Teen Fitness Programs

## Hoop Girls “Whirl the World” With Yoga Hula Hoop Fitness ( Gr. K-5 )

**Where:** Davenport Ridge School & Newfield School

**When:**

March 6 - May 15 ( Gr. 2-5 ) @ Davenport - Wed. - Sess. 01

March 8 - May 3 ( Gr. K - 3 ) @ Davenport - Fri. - Sess. 02

March 21 - May 9 ( Gr. K - 4 ) @ Newfield - Thurs. -Sess. 03

**Days:** Wednesday, Thursday & Friday

**Time:** 3:40PM - 4:40PM

**Fee:** \$99.00 per person once a week/ per session for 7 weeks

**Instructor:** Betty Kelly Camlin, **Certified Instructor**

**Description:** **OUR MOTTO IS “HOOP GIRLS WHIRL THE WORLD”** Girls will have a whirl of a time, getting fit and burning calories hooping it up to their favorite pop tunes using beautiful, specially designed hoops. Fitness Hoops are handmade, slightly weighted, larger hoops, which makes learning hooping easier for beginner and challenging for the pro. We start with a dynamic warm up using the hoops, followed by Hula Hooping and learning some awesome 'hooping tricks" and full choreographed **HOOP DANCE** routines. Girls also collaborate together for create chore. The class will end gentle yoga stretch and some fun games. Hooping performance for parents on last day. Potential performance other occasions. Bring water bottle to class. No experience required. **No classes on half day or holidays!**

## Boys Boot Camp Fun ( Gr. 1 - 5 )

**Where:** Davenport Ridge School

**When:** March 21 - May 9

**Day:** Thursday

**Time:** 3:50PM - 4:50PM

**Fee:** \$99.00 per student for 7 weeks per session

**Instructor:** Betty Kelly Camlin, **Certified Instructor**

**Description:** **Cross Fit inspired Circuit training, Jump Rope Sports, Boxing and more. FUN but CHALLENGING and never boring fitness activities that change or Rotate every few weeks during each session.** Boot camp circuit, jump rope sports, boxing aerobics, strength training using body weight and bands and flexibility training. Uno Challenge fitness and other fitness games - never boring fitness program that is sure to please. Goal is to improve overall agility, quickness, stamina, strength and core. All performed to heart pumping kids friendly music. **Min of 8!** **No class on 1/2 days or holidays. Please bring a water bottle to class!**

## Spring Break Camp Girls ( Gr. K - 5 )

**Where:** Break Thru Family Fit 4 Life , 48 Union Street

**When:** April 16, 17 & 18

**Day:** Tuesday, Wednesday & Thursday

**Time:** 9:30AM - 4:30PM - **Sess.01**/ 8:30AM - 5:00PM - **Sess.02**

**Fee:** \$190.00 **session1** & \$210.00 **session 2** per child

**Instructor:** Betty Kelly Camlin, **Certified Instructor**

**Description** FUN, interactive, FITNESS and healthy lifestyle oriented programs that include REBOUNding,( mini trampoline )“ZUMBA IN THE GLOW” ,KIDS TRIBE HOOPING, & HULA HOOP ! KICK BOXING KIDS& BOOT CAMP KIDS (Jump Rope Training, Chinese Jump Rope, Kickboxing, Stability Ball, Bosu Ball, Plyometrics, Strength Training) YOGA and YOGA CIRCUS

## Zumbini & Yoga ( Girls K - 2 ) - New

**Where:** Davenport Ridge School

**When:** March 25 - May 13 ( **No class 4/15** )

**Day:** Monday

**Time:** 3:40PM - 4:30PM

**Fee:** \$99.00 per student

**Instructor:** Betty Kelly Camlin, **Certified Instructor**

**Description:** **Age appropriate Dancing, drumming and playful instruments, provides** a brain & body and cardio workout. Bursts of high intensity drumming and dance movements, interspersed with periods of recovery, create an interval cardio training experience that is fun and engaging for all ages. Drumming and other instruments also provides a kinesthetic learning experience. All equipment provided. **Yoga improves flexibility, strength and mindfulness.** This unique approach to combining these two fitness formats increases creativity, enhances learning, **reduces stress and awakens intuition and other extrasensory perceptions.** Bring water and towel, sneakers. **Held in the Rotunda Area and A Playful class! Min 8 students.**

## Real Gym For Kids ( Ages 7 & UP )

**Where:** Break Thru Family Fit 4 Life , 48 Union Street

**When:** April 22 - June 30

**Day & Time:** 3:00PM - 7:00PM - **Mon. - Fri.**

7:00AM - 3:00PM - **Sat & Sun**

**Fee:** \$149.00 per student / **Unlimited days**

**Instructor:** Kimberly Colletto, **ACE Certified Trainer**

**Description:** A one-of-a-kind kids' fitness circuit with 10-12 strength and cardio machines. A REAL GYM, the only one around, with Kid sized equipment. Kids learn the right way to work out independently & form good habits for life. Great for kids who don't like competitive sports & a great supplement or sports conditioning. Program is customized to each child based on his/her individual needs. **Only 15.00 dollars per week for your child to feel good! All students must call Break Through Fitness ( 203 355-9395) for first time orientation. Students may stay 1 hour per day!**

## Krav Maga Kids (KMX) ( Ages 7 - 13 )

**Where:** Break Thru Family Fit 4 life, 48 Union Street

**When:** April 22 - June 28

**Days:** Monday, Wednesday & Friday

**Time:** 5:00PM - 5:45PM

**Fee:** \$199.00 per student two days per week - **Sess. 01**

\$249.00 per student three days per week - **Sess. 02**

**Instructor:** Tom Bacha & Kimberly Colletto

**Description:** This is a unique kids version of the Israeli Self-Defense & Military Training System for ages 7-13. It uses drills & games to teach children life skills, self-reliance. Personal Protection. Discipline, Focus, Common Sense, and also Self Confidence. Classes begin with a full 20 minutes of fun cardio drills (obstacle course, boot camp drills etc.), followed by realistic self-defense drills & end with Stranger Danger Awareness drills where flash cards are used to develop instinctive responses to dangerous situations.

# Youth Boxing Program ( Gr. 6-10 )

**Where:** Break Thru Family Fit For Life/ 48 Union Street

**When:** April 1 - April 30 - **Session 1**

May 1 - May 31 - **Session 2**

**Day:** Monday & Wednesday

**Time:** 4:00PM - 4:45PM

**Fee:** \$100.00 per **1 month session/per student**

**Instructor:** Jesse Mendoza, Certified Instructor

**Description:** Our Boxing Program offers a variety of classes which includes Boxing Technique, Strength Training and High Intensity Interval Training. Why choose boxing? Our Boxing Program creates a challenge both physically and mentally which offers many health benefits for all ages and fitness levels. Boxing is the perfect choice for anyone interested in a different type of workout, learning self defense, losing weight, building confidence, seeking a positive lifestyle change, improving cardiovascular health and endurance. We encourage everyone of all fitness levels to join our classes and come experience a challenging and enjoyable workout. [www.StamfordBoxingandFitness.com](http://www.StamfordBoxingandFitness.com)



## BODYWISE BY BETTY WOMEN'S ONLY FITNESS CLASSES

- 990 HOPE STREET - with the only Rebounding Center in Fairfield

**BETTY OFFERING FREE TRIAL CLASSES.** If you are seriously considering registering for a class, Betty is offering you the opportunity to try your first class for free!! Limit one trial class ! **MUST BOOK SESSION FIRST.** Then get first class for FREE. See dates below. Each women only class described below, is provided in an inspiring, supportive, private and motivating environment with fantastic movement motivating music. You will leave extremely energized. All are very low impact and all burn tons of calories (600-1000/cl) Tones and helps build muscle and increases bone mass. All classes require min of 6 women to host. [Book 2 classes, receive a free Yoga Mat!!](#) Classes at Bodywise Studio, 990 Hope Street. Betty Kelly Camlin owner/cert instructor.

### Bodywise Barre Above/ Free Trail Class

**Where:** Bodywise Studio -, 990 Hope Street

**When:** March 11 - April 10

**Day:** Monday or Wednesday

**Time:** 6:20PM - 7:20PM

**Fee:** \$120.00 per person once a week for 6 weeks

**Instructors:** Betty Kelly Camlin, Certified Instructor

**Description** Bodywise Barre Above is the ultimate 60 min class providing an energizing blend of ballet barre inspired fitness that includes pilates and serious toning using light to medium weights, bands, balls, body bars, and gliders on **Monday**, adding an infusion of interval **UPPER BODY BOXING & ZUMBA** on Wednesday - all designed to help reshape your entire body, lift your bottom, create flat abs, tone your arms and legs and improve posture and burn calories. Must pick one day or both - cannot switch back and forth. So tell your friends. This is a class **EVERYONE** can do! **Min 6 run the program!**

### \*\* FREE \*\* FAMILY FISHING CLASS

Sponsored by CT DEEP C.A.R.E. Program in Stamford

**When:** Friday, April 26, 2019 **Time:** 6:00PM - 8:00PM

**Where:** Stamford Government Center, 4th fl.

Join CT DEEP for an introduction to fishing. Learn to fish; then get outside for real fishing! Certified CARE Instructors will teach your class. All teaching materials will be provided. **Adults & kids age 7 and up are welcome.** (Adults must accompany children. This is not a drop off class.) Study CT Aquatic Resources. Learn to fish ,enjoy, and conserve our waters and our fisheries. Learn safe angling methods, ethics, and rules of the sport; Learn how to identify, find and catch your own fish. Understand casting, practice tying knots, and make rigs; find out about using different baits & lures. **To reserve your spot you must register online at [www.stamfordrecreation.com](http://www.stamfordrecreation.com)**

### Bodywise Ripp Fusion

**Where:** Bodywise Studio -, 990 Hope Street

**When:** March 7 - April 11

**Day:** Thursday

**Time:** 6:20PM - 7:20PM

**Fee:** \$120.00 per person for 6 weeks

**Instructors:** Betty Kelly Camlin, Certified Instructor

**Description:** Strength Training is vital to a women's total health and Fitness. Get strong in this 60 minute barbell/free weight strength training/body changing class in an inspiring, motivating group environment with fantastic music and a great group of women participating. Using Bar Bells, Free weights, Tubing, Stability Balls, and more, this interval training class fires up all the muscles of the body & allows you to burn tons of calories and get Ripped & Sculpted. Modifications in movement & amount of weight provided.

### BodyWise Bounce/ Bounce Free Class

**Where:** Bodywise Studio, 990 Hope Street

**When:** March 4 - April 8 ( **Monday** )

March 9 - April 13 ( **Saturday** )

**Day & Time:** Monday - 9:30AM - 10:30AM - **Sess. 01**

Saturday - 9:30AM - 10:30AM - **Sess. 02**

**Fee:** \$120.00 per person per session

**Instructors:** Betty Kelly Camlin, Certified Instructor

**Description:** Known as the "healthiest exercise on the planet" (look up healthy benefits on internet) It's a FUN, exhilarating, heart pumping aerobics program created by Betty. Rebounding is the only exercise that detoxifies and rids the body of toxins, while enhancing the immune system and energizes every cell. Strength Training, Plyometrics, Shadow Boxing Abs all added to the mix ending in a deep stretch. GYM QUALITY mini-trampolines. Stability/safety bar provided for newbies. **Min 6 to host.**

# Adult Fitness Programs & Bus Trips

## Adult Tennis Basics

**Where:** Scalzi Park Tennis Courts  
**When:** May 18 - June 15  
**Day:** Saturday  
**Time:** 10:00AM - 10:55AM  
**Fee:** \$175.00 per person per session  
**Instructor:** GSTA STAFF



**Description:** This program is designed to be an introduction to tennis. Participants will be taught the fundamentals of forehand, backhand, serves and volleys as well as the rules of the game.  
**Ages 16 & Up and a max of 12 participant per class.**

## Zumba For Adults

**Where:** Star Recreation Center, 1170 Shippan Ave  
**When:** April 2 - May 23  
**Day:** Tuesday & or Friday  
**Times:** 6:30PM - 7:30PM  
**Fee:** \$95.00 per person once a week for 8 weeks  
\$190.00 person twice a week for 8 weeks

**Instructors:** Patricia Moore, **Certified Zumba Instructor**  
**Description:** We take the ‘work’ out of workout by mixing low intensity & high intensity moves for an interval - style, calorie-burning dance fitness party. Once the Latin & World rhythms take over, you’ll see why Zumba fitness classes are effective and fun. A total workout, combining all elements of fitness-cardio, muscle conditioning, balance and flexibility.

## Mohegan Sun Trip

**When:** April 13, 2019  
**Day:** Saturday  
**Departure Time:** 8:00AM  
**Return Time:** 6:00PM  
**Fee:** \$29.00 per person per trip/includes drivers tip  
**Description:** Come let us do the driving and enjoy a day at the Mohegan Sun Casino. Try your luck at the hundreds of table games, novelty games, keno and slot machines. Enjoy a day of great entertainment and food. **Registration is limited to 52.**

## Qigong For Adults - NEW

**Where:** Star Recreation Center, 1170 Shippan Ave  
**When:** April 11 - May 16  
**Days:** Thursday  
**Time:** 6:30PM - 7:30PM  
**Fee:** \$60.00 per person for six weeks  
**Instructors:** Nana Smith, **Certified Instructor**  
**Description:** Qigong is a part of Chinese Medicine. It is a set of simple, but very powerful healing movements. Qigong Healing is an ancient Chinese form of energy medicine that helps facilitate balance and inner peace through the energy systems involved with physical, emotional, and spiritual levels of our existences. Qigong also known as a moving meditation. There are two times of Qigong: Soft Qigong and Hard Qigong. Soft Qigong balances energy within us, promotes good health, slim waist and flexible spine; whereas Hard Qigong trains outside of our bodies, strengthens muscles, tenders, ligaments. Qigong can be performed seated or standing. **All levels are welcome!**

## Boston On Your Own

**When:** May 18, 2019  
**Day:** Saturday  
**Depart:** Government Center Lobby at 7:00AM  
**Return:** Government Center Lobby at 7:00PM  
**Fee:** \$48.00 per person for residents  
**Description:** Come enjoy a Spring day in beautiful Boston with your family or friends. We will drop you off at Quincy Market and you will have over 6 hours to enjoy the sights, shopping and dining. **Registration is limited to 52.**

## Krav Maga Adults (KMX)

**Where:** Break Thru Family Fit 4 life, 48 Union Street  
**When:** April 22 - June 30  
**Days & Time:** 11:15AM - 12:15PM - Sunday  
6:30PM - 7:30PM - Mon, Tues & Thurs  
10:30AM - 11:30AM - Saturday  
**Fee:** \$249.00 per person for 10 weeks unlimited

**Instructor:** Tom Bacha  
**Description:** Krava Maga is the official Self-Defense and Fighting System of the Israeli Defense Forces and various police departments through the United States. This highly effective, easy to learn system of Self-defense is offered for men/women of all ages & skill levels.

## Yoga For Adults

**Where:** Star Recreation Center, 1170 Shippan Ave  
**When:** April 8 - May 15  
**Days & Times:** Monday - 6:30PM - 7:30PM - Sess. 01  
Wednesday - 6:30PM - 7:30PM - Sess. 02  
**Fee:** \$60.00 per section for once a week for six weeks  
\$80.00 per person twice a week for six weeks.  
**Instructors:** Nana Smith, **Certified Instructor**  
**Description:** An hour blend of slow flowing breath inspired movements and postures which stretch, relax and restore at the end of the long day. Practice is breath based, guided poses which are held for about 30 seconds; modifications are offered if needed to accommodate all levels of yoga experience and physical condition. The cost of the program is \$80.00 per person per 8 week session (**can sign up for both Mon. & Wed.**).

## Women’s Only Gym

**Where:** Break Thru Family Fit For Life, 48 Union Street  
**When:** April 22 - June 28  
**Time:** 7:00AM - 9:00PM - **Mon. through Fri.**  
**Fee:** \$125.00 per person for 10 weeks/ **Unlimited days**  
**Instructors:** Kimberly Colletto, **Personal Trainer**  
**Description:** Intimidated by free weights? Don’t like large gyms? Hate the crowds? This easy, 30-minute workout combines cardio-vascular exercise and strength training utilizing machines designed specifically for women. A staff personal trainer will get you started with a fitness evaluation, equipment instructions and help you establish goals. **Break Thru to a new you!!!**



# Welcome To Summer 2019

The next 15 pages of this Brochure are filled with Day Camps, Activity Programs, Playground Program, Preschool Camp Art, Sports, Fitness, Educational, Science Camps, Lego, Acting Camps and More! **The registration dates for our Preschool, Day Camps, Activity Programs and Playground Program are listed on page 3 of the Brochure.** Registration for all other summer specialty camps begins **on-line & at the Recreation Office March 19, 2019.** **Note: Please make sure that you have all of the proper forms and documents required to sign up for any of our summer camp programs when registering. If you are signing your child up for a Day Camp or Activity Program and your child has an IEP or 504 you cannot register online. A copy of their current IEP or 504 must be presented at the time of registration with all completed paper work.** Registration for Davenport, Westover/Wright Tech Day & Star Center Day Camp, Stillmeadow & Springdale Activity Programs will be held at The Recreation Star Center at 1170 Shippan Ave on the assigned dates listed below. After the specific sights listed registration date ends, the remaining spots can be registered for at the Recreation Office at the Government Center. The registration for Tiny Tots, Heroy Camp and The Barret Outdoor Adventure Program ( Playground) will be held at the Recreation Office at the Government Center on their assigned dates.

**Please note that due to construction & repair issues at the Stamford Public Schools, camp sites are subject to change if required by the Board Of Education!**

## Tiny Tots Preschool Camp & Star Center 8 Week Day Camp

### Tiny Tots Preschool Camp ( Ages 3 - 5 )

**Where:** Roxbury Elementary School

**When:** June 24 - July 5 - Sess. 01

July 8 - July 19 - Sess. 02

July 22 - August 2 - Sess. 03

August 5 - August 9 - Sess.04

**Days:** Monday - Friday - ( No program 7/4 )

**Time:** 9:00AM - 1:00PM

**Fee:** \$185.00 per child - Session 1

\$205.00 per child - Session 2 & 3

\$102.00 per child - Session 4

**Description:** Our seven week summer program consists of both educational & recreational activities. Each day consists of games, arts & crafts, gym activities, sports, nature, story time, water games and more. Our camp is run by a certified (current) preschool teacher who has exciting days planned that your children will love each day. **What a great way to also give yourself some quality time each day in the summer.** Any child that has graduated kindergarten is not eligible for this camp. Campers should bring a back pack each day with extra clothes and should wear sneakers. Registration cannot be done online for this program and parents must bring a copy of their child's Birth Certificate and full payment to register. **All children must be potty trained to attend camp and no refunds will be given.** Our camp will once again this summer be run by Ms. Claire who has been with us for over 11 years and returns for her fourth year as the director. **Also, lunch will be provided each day and parents that do not wish to have their child participate in the lunch program may pack a bagged lunch.** Menus will be posted each week of the lunch being served daily. **Registration Begins on Tuesday, March 14, 2019 at 8:30am at the Recreation Office.**

### Star Center Summer Day Camp For Ages ( 6 - 10 ) - 8 Week Camp

**Where:** Recreation Star Center, 1170 Shippan Ave

**When:** June 24 - August 16 ( No camp July 4th)

**Days:** Monday - Friday

**Time:** 9:00AM - 4:00PM

**Extended Care:** 7:30AM - 9:00AM / 4:00PM - 5:30PM

**Fee:** \$1,240.00 per child Full Pay

\$515.00 per child Reduced Fee

\$25.00 per week for AM or PM Care

\$50.00 per week for AM & PM Care

**Description:** This 8 week traditional day camp mixes exciting activities, arts & crafts, adventures & offers new opportunities with friends that will create memories that will last a life-time. **The program is for children ages 6 -10 or 5 year olds who are currently in kindergarten.** They will be involved in swimming , sports, gym games, water games, color wars, weekly theme weeks, field trips & more. We offer a ten to one camper ratio & children are grouped by age/ grade in groups. We have both outdoor and indoor activities each day. **Any child age 5 must show a copy of their birth certificate & a copy of a school report card & cannot register on-line!** **Reduced fee spots for all ages cannot be done online & we must have a copy of the lunch certificate at the time of registration with full payment to process.** Finally, campers must be walked into the building each day and signed in & out by their parent/guardian at their assigned classroom. Please make sure you list your child's shirt size on the camp registration form. **There will a max of 160 children in this summer camp program. Any child that turns 11 before July 19 is not eligible for the program.**

**Please note:** Children at this camp will swim at the beach five days per week unless the weather is not appropriate. Also, campers must bring a packed lunch each day.

# Davenport, Heroy & Westover Day Camps

## Davenport Summer Day Camp For Ages ( 6 - 12 )

**Where:** Davenport Elementary School  
**When:** June 24 - August 9 ( **No camp 7/4** )  
**Days:** Monday - Friday  
**Time:** 9:00AM - 4:00PM  
**Extended Care:** 7:30AM - 9:00AM / 4:00PM - 5:30PM  
**Fee:** \$1,090.00 per **child Full Pay**  
\$400.00 per **child Reduced Fee**  
\$25.00 per week for AM or PM Care  
\$50.00 per week for AM & PM Care

**Description:** This traditional day camp mixes exciting activities, arts & crafts, adventures & offer new opportunities with friends that will create memories that will last a life-time.

**The program is for children ages 6 -12 or 5 year olds** who are currently in kindergarten. They will be involved in swimming 2 to 3 times per week ( **Heroy Pool** ) , sports, gym games, water games, color wars, weekly theme weeks, weekly field trips & more. We offer a ten to one camper ratio & children are grouped by age/ grade in groups. We have both outdoor and indoor activities each day. **Any child age 5 must show a copy of their birth certificate & a copy of a school report card. Five year olds cannot register on-line! Reduced fee spots for all ages cannot be done online & we must have a copy of the lunch certificate at the time of registration with full payment to process.** Finally, campers must be walked into the building each day and signed in & out by their parent/guardian. Parents will enter through the door located on the side of the gym by the outside playground each day. Please make sure you list your child's shirt size on the camp registration form. **There will a max of 170 children in this summer camp program. Any child that turns 13 before July 19 is not eligible for the program.**

## Heroy Summer Day Camp For Ages ( 6 - 12 )

**Where:** Heroy Park-Riding Stable Trail/off High Ridge Rd  
**When:** June 24 - August 9 ( **No camp 7/4** )  
**Days:** Monday - Friday  
**Time:** 9:00AM - 4:00PM  
**Extended Care:** 7:30AM - 9:00AM / 4:00PM - 5:30PM  
**Fee:** \$1,090.00 per **child Full Pay**  
\$400.00 per **child Reduced Fee**  
\$25.00 per week **for AM or PM Care**  
\$50.00 per week **for AM & PM Care**

**Description:** If your child loves the outdoors they will love this camp located in North Stamford. This camp is set in a park that has its own baseball field, basketball court, pool, pavilion, tennis courts and an air conditioned recreation building. **Each day children ages 6 - 12 or 5 year olds** who are currently in kindergarten will be involved in activities, swimming, sports, games, crafts , color wars, video games and more. We also have weekly themes and several field trips throughout the summer. The program offers a 10 to one ratio so our staff gets to know every child. Campers are grouped by age/grade so they are involved in age appropriate activities. **Any child age 5 must show a copy of their birth certificate & a copy of a school report card at registration. Five year olds cannot register on-line! Reduced fee spots for all ages cannot be done online & we must have a copy of the lunch certificate at the time of registration with full payment to process.**

Please make sure you list your child's shirt size on the camp registration form. **There will be a max of 135 children in this summer camp program. Any child that turns 13 before July 19 is not eligible for the program.**

## Westover Summer Day Camp At Wright Tech School ( Ages 6 - 12 )

**Where:** J.M. Wright Tech, 120 Bridge Street in Scazli Park  
**When:** June 24 - August 9 ( **No camp 7/4** )  
**Days:** Monday - Friday  
**Time:** 9:00AM - 4:00PM  
**Extended Care:** 7:30AM - 9:00AM / 4:00PM - 5:30PM  
**Fee:** \$1,090.00 per **child Full Pay**  
\$400.00 per **child Reduced Fee**  
\$25.00 per week **for AM or PM Care**  
\$50.00 per week **for AM & PM Care**

**Description:** This traditional style day camp is our largest camp & **is open to children ages 6-12 or 5 year olds** who are currently in kindergarten. Each day is filled with a structured schedule of sports, crafts , swimming, color wars, board games, activities, special events and several field trips. This camp offers both indoor & outdoor activities and children will be grouped by age/grade. Lunch will be served each day for any child that wishes not to bring a lunch. **Any child age 5 must show a copy of their birth certificate & a copy of a school report card at registration. Five year olds cannot register on-line! Reduced fee spots for all ages cannot be done online. We must have a copy of the lunch certificate at the time of registration with full payment.** Finally, campers must be walked into the building each day and signed in & out by their parent/guardian. Parents will enter through the door located between the main entrance and the auditorium each day. This summer there will be a **max of 170 children! Any child that turns 13 before July 19 is not eligible for the program.** Westover will swim at the beach ( **Westhill Pool Closed** ) and use the Scalzi Splash Pad! **Max of 170 children.**

**Due to Westover School Being closed this summer, we will be running the camp at J.M. Wright Tech School!**



# Activity Programs & Barrett Playground

## Springdale & Stillmeadow Activity Programs (Ages 6 - 12)

**Where:** Springdale School at 1127 Hope Street  
Stillmeadow School 800 Stillwater Road

**When:** June 24 - August 9 (No camp 7/4)

**Days:** Monday - Friday

**Time:** 8:00AM - 4:00PM

**Fee:** \$575.00 per child **Full Pay**

\$250.00 per child **Reduced Fee**

**Program - Springdale Activity Program**

**Program - Stillmeadow Activity Program**

**Description:** Activity Programs are a combination of a playground & day camp program that features outdoor as well as indoor programs each day. Campers will be involved in group games, sports, arts & crafts (not every day), special events, playground time, and more. Group sizes are larger than a day camp and campers are grouped by age/grade to participate in age appropriate activities. **If your child is age 6 or 7 and attending camp for the first time, a day camp has smaller ratios and may be a better fit.** Younger campers will only participate in activities with older campers during supervised ALL CAMP SPECIAL EVENTS! We will also offer swimming twice a week at city pools on a first come first serve basis. **There will also be three major field trips which campers must sign up for separately. Each trip will take a max of 90 campers per site and parents will be required to fill out a permission slip.** Wait lists will be taken for each swimming and field trip. All trips are first come first served basis. Activity Programs have indoor capability and therefore will not close for inclement weather. **Any child age 5 must show a copy of their birth certificate & a copy of a school report card at registration. Five year olds cannot register on-line! Reduced fee spots for all ages cannot be done online. We must have a copy of the lunch certificate at the time of registration with full payment to process.** Finally, campers must be walked into the building each day and signed in & out by their parent/guardian. Parents will enter through the door located on the side of the gym by the outside playground each day. Please make sure you list your child's shirt size on the camp registration form. There will be a max of 160 children in this summer camp program. **Any child 13 years old before July 19 is not eligible for this program. The Springdale program will swim at Heroy pool and the Stillmeadow program at the beach due to Westhill Pool being closed this summer.**

**\*Due to building repairs this summer at Newfield School, the Newfield Activity Program will be run at Springdale School for the summer of 2019! \***

## Barrett Park Outdoor Adventure Program (Ages 6 - 12)

**Where:** Barrett Park on Newfield Ave

**When:** June 24 - August 9 (No camp 7/4)

**Days:** Monday - Friday

**Time:** 8:30AM - 4:30PM

**Fee:** \$380.00 per child

\$165.00 per child/ **Reduced Fee**

**Description:** This **NEW** outdoor adventure Program is designed for children ages 6-12. Under **NEW** leadership, your child will explore and find appreciation for the outdoors as they enjoy our 7 week summer program. All children must be preregistered for this outdoor adventure program which is open to children ages 6-12 only or 5 year olds that have completed Kindergarten. Each day children will be involved in arts & crafts, sports, board games, water games, special events and other creative activities. There are two major field trips that campers can sign up for and space is limited to the first 50 campers. Parents will be required to fill out a permission slip. The Outdoor adventure program will be closed on rainy days due to no indoor facilities. Lunch will be provided or campers can bring their own lunch each day plus a swim suit, towel, suntan lotion, flip flops and a snack. This program is structured and campers will be grouped by ages and will play age appropriate games/activities. **Any child age 5 must show a copy of their birth certificate & a copy of a school report card at registration and cannot be done online.** Reduced fee spots for all ages cannot be done online. We must have a copy of the lunch certificate at the time of registration with full payment to process. **Any child that turns 13 before July 19 is not eligible for this program. Max of 135 spots available.**



## Summer Intro To Horses With Mead Farm

**Where:** Mead Farm **Days:** Saturdays **Time:** 12:30PM - 2PM

**Fee:** \$605.00 per student per session

**When:** June 22, June 29, July 6, July 13 & July 20 (Choose 4 of the 5 dates offered) -**Sess. 01**

July 27, August 3, August 10, August 17 & August 24 (Choose 4 of the 5 dates offered) -**Sess. 02**

**Description:** A series of 4 classes lasting 1 1/2 hours each. Grooming & tacking horse each week with an instructor Outdoor horseback riding in a ring with an instructor Horsemanship - topics may include: Learning to groom and tack After care of horse Anatomy of the horse Colors & markings Parts of saddle and bridle Basic first aid Measuring height and weight. **There are NO make-up classes. Each session rain or shine** \* Horsemanship may be substituted for riding lesson due to inclement weather. Original waivers are required to be submitted to Mead Farm at least one week before the first class. \* Helmets are required and available to borrow. All riders must wear a boot with a hard sole and a slight heel. No sneakers - No exceptions Valid Waivers must be on file in our office no later than 1 week prior to start of session. **Children with special needs must be pre-approved by Mead Farm to ensure program is appropriate for the rider.** Registration needs to be closed the end of business 9 days before the start of the program (2 Fridays before 1<sup>st</sup> session) in order to give Mead Farm time to collect the paperwork from the enrollees. **Max of 4 students per session!**



# Summer Sports Camps For Preschool & Youth

## Golf Squirts (Ages 3 - 5)

**Where:** Scalzi Park  
**When:** August 12 - August 16  
**Days:** Monday - Friday  
**Time:** 12:00PM - 12:45PM  
**Fee:** \$75.00 per child



**Description:** Using the revolutionary SNAG (Starting New At Golf) system, Squirts Golf is an ideal introduction for young children to the game of golf. Players use modified golf clubs that encourage children to develop the correct grip and swing mechanics, and play to colorful Velcro targets rather than holes. **US Sports Institute Camp.**

## Golf Camp (Ages 5 - 11)

**Where:** Scalzi Park  
**When:** August 12 - August 16  
**Days:** Monday - Friday  
**Time:** 1:00PM - 2:30PM  
**Fee:** \$115.00 per child



**Description:** Using the revolutionary new SNAG (Starting New At Golf) system, players will use modified golf clubs to develop the correct chipping, putting and driving techniques. All sessions take place in a safe and controlled environment and focus on fundamental skills, game tactics, and FUN! **US Sports Institute Camp.**

## Multi Sports Camp (Ages 5 - 12)

**Where:** Scalzi Park  
**When:** August 12 - August 15  
**Days:** Monday - Thursday  
**Time & Fee:**  
9:00AM - 12:30PM / \$169.00 per child - **Sess. 01**  
1:00PM - 4:00PM / \$129.00 per child - **Sess. 02**  
9:00AM - 4:00PM / \$199.00 per child - **Sess. 03**

**Description:** Multi Sports Camp gives players the opportunity to experience a variety of sports throughout the program including soccer, basketball, flag football, cricket, handball, volleyball, and more! Players will work on developing their skills in each sport before participating in small tournament-style scrimmages. **US Sports Institute Camp.**

## Parent & Me T-Ball Squirts (Ages 2 & 3)

**Where:** Scalzi Park  
**When:** July 7 - August 11  
**Days:** Sunday  
**Time:** 8:30AM - 9:15AM  
**Fee:** \$99.00 per child



**Description:** Parent & Me T-Ball Squirts is a fun and positive introduction to t-ball for young children with a helping hand from Mom or Dad! With a parent participating by their side, kids will have fun learning the fundamental skills of t-ball through structured activities, fun based games, and scrimmages. **US Sports Institute Camp.**

## Squirts T-Ball (Ages 3-5)

**Where:** Scalzi Park  
**When:** July 7 - August 16  
**Day & Time:** Sunday 9:15AM - 10:00AM - **Sess. 01**  
Sunday 10:00AM - 10:45AM - **Sess. 02**  
Friday 5:30PM - 6:15PM - **Sess. 03**

**Fee:** \$99.00 per child per session

**Description:** Open to both boys and girls, there's no better introduction to the sports of baseball or softball! Skills covered include hitting, throwing, catching, base running, fielding, and more. Each session is taught through structured activities, fun games, and scrimmages designed to ensure learning and most importantly: fun, fun, fun! **US Sports Institute Camp.**

## Senior Squirts T-Ball (Ages 5 - 7)

**Where:** Scalzi Park  
**When:** July 7 - August 11  
**Days:** Sunday  
**Time:** 10:45AM - 11:30AM  
**Fee:** \$99.00 per child



**Description:** Senior Squirts T-Ball is a great way to introduce your young slugger to this exciting game. Players will focus on learning the rules and developing their skills in hitting, throwing, base running and fielding. Each session, players will apply what they have learned into a T-Ball scrimmage. (Please note participants are required to provide their own glove for this program.) **US Sports Institute Camp.**

## Parent & Me Multi Sports Squirts (Ages 2 - 3)

**Where:** Scalzi Park  
**When:** July 12 - August 16  
**Days:** Friday  
**Time:** 4:00PM - 4:45PM  
**Fee:** \$99.00 per child



**Description:** The Parent & Me Multi Sports Squirts program allows children to try a variety of sports with a helping hand from Mom or Dad! Ease your child into social situations with support and confidence as you engage in fun sports activities and games together. **US Sports Institute Camp.**

## Squirts Me Multi Sports (Ages 3 - 5)

**Where:** Scalzi Park  
**When:** July 12 - August 16  
**Days:** Friday  
**Time:** 4:45PM - 5:30PM  
**Fee:** \$99.00 per child



**Description:** The Squirts Multi Sports program allows children to try a variety of different sports throughout the season including Lacrosse, Soccer, T-Ball, and Track & Field. All sports are taught in a safe and structured learning environment designed to ensure learning and most importantly: fun, fun, fun! **US Sports Institute Camp.**

# Summer Tennis & Sports Camps

## Beginner Tennis (Ages 3 - 5)

**Where:** Cummings Park Tennis Courts

**When:** July 15 - July 18 - Sess. 01

July 29 - August 1 - Sess.02

**Days:** Monday - Thursday

**Time:** 12:15PM - 1:00PM

**Fee:** \$75.00 per child per child per session

**Description:** This Tennis camp is a fantastic program that inspires children to get active and learn to play tennis. To create a successful learning environment, we have made modifications to our traditional tennis program. The court is smaller and has shorter nets, and the racquets are smaller, and the balls are foam. With these modifications, any young child can immediately begin playing tennis, even if he or she has never picked up a racquet before. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis such an exciting game to play. Due to limited court space, these programs fill up quickly. **Please note: No Class on Fridays, they will be used as make-up day.**



## Tennis For Beginners (Ages 6 - 9)

**Where:** Cummings Park Tennis Court

**When:** July 15 - July 18 - Sess. 01

July 29 - August 1 - Sess. 02

**Days:** Monday - Thursday

**Time:** 9:00AM - 12:00PM

**Fee:** \$145.00 per child per session

**Description:** This class provides a relaxed environment where fundamental tennis skills are taught along with a wide range of fun activities that help develop agility, balance, movement, sending, receiving and gross motor skills on a 36 foot court. In addition to expanding tennis skills, players improve their movement and rallying skills. We help each player to develop better tennis mechanics and more consistent shots. A variety of fun activities are used to improve player athleticism through agility, balance, coordination and movement development. **Please note: No Class on Fridays, they will be used as make-up day**



## Intermediate/Advanced Tennis (Ages 8-12)

**Where:** Cummings Park Tennis Court

**When:** July 15 - July 18 - Sess. 01

July 29 - August 1 - Sess. 02

**Days:** Monday - Thursday

**Time:** 9:00AM - 12:00PM

**Fee:** \$145.00 per child per session

**Description:** This class emphasizes all aspects of the game and helps improve proper shot technique. Focus is placed on live ball drills that develop rallying and decision-making skills along with proper movement and recovery. Point playing games are used to reinforce the skills learned and to improve the player's competitive skills. Using teaching progressions that lead to live-ball play is a key element in this program. **Please note: No Class on Fridays, they will be used as make-up day.**



## Track & Field (Ages 6 - 9)

**Where:** West Hill High School Track

**When:** July 8 - July 12

**Days:** Monday - Friday

**Time:** 9:00AM - 12:00PM

**Fee:** \$145.00 per child per child per session

**Description:** Skyhawks Track & Field was developed to introduce young athletes to a sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety while keeping a major focus on fun! Using special equipment, our staff teach the standard track & field events: long distance, sprints, soft hurdles, relays, shot put, discus, and standing long-jump. Our exercises and drills prepare athletes for a future in cross-country, track & field events, and distance running while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are covered in this unique program. Participants will put it all together for one fun-filled day at the end-of-the-week track meet!



## SLAMMER TENNIS WORLD SUMMER CAMP FOR YOUTH For Ages 6-16

**Where:** Scalzi Park Tennis Courts

**When:** June 24 - June 28 - Sess. 01

July 22 - July 26 - Sess. 02

**Days:** Monday - Friday

**Time:** 9:00AM - 12:00PM

**Fee:** \$175:00 per student per one week session

**Description:** Slammer Tennis World summer camp is designed to teach the participants the basics of tennis (rules, groundstrokes, volleys, the overhead, and the serve) in a fun-filled atmosphere. It will also incorporate some light exercises and footwork drills to build stamina. This program is open to children **6 to 16** years old and campers will be grouped by age. All participants must bring their own tennis racquet, snack and a water bottle to camp each day. At the completion of the tennis camp, participants will receive a certificate. Whether your child has tennis experience or not, they will enjoy this camp. **Make up week for BOTH Weeks is July 29 - August 2, 2019.**



"Motivating and Educating People Through the Game of Tennis"

## Soccer Tikes Camp I (Ages 3 - 7)

**Where:** West Beach Turf Soccer Field

**When:** August 5 - August 9

**Days:** Monday - Friday

**Time:** 9:00AM - 10:00AM - Ages 3-4

10:15AM - 11:30AM - Ages 5-7

**Fee:** \$107.00 per child per one week section

**Description:** Soccer Tikes innovative curriculum introduces children to the game of soccer through fundamental skills building activities, games & fun soccer challenges. We strive to create an interactive learning environment with maximum participation, lots of repetition, & of course fun. Your young camper will enjoy a magical week of soccer while making new friends. The program is designed to meet the dynamic athletic abilities of children, therefore we make sure all involved will improve their skills & have lots of fun!



# Mad Science Summer Camp Programs

## Eureka! Design, Build & Invent Entering Gr. 1-6

**Where:** Stillmeadow Elementary School

**When:** June 24 - June 28

**Day:** Monday - Friday

**Time:** 9:00AM - 12:00PM - Sess.01

9:00AM - 3:00PM - Sess. 02

**Fee:** \$240.00 per student half day camp

\$425.00 per student full day camp

**Instructor:** Mad Science Certified Staff

**Description:** Whether your child loves to build things or destroy them, this camp includes lots of both! Bring your imagination and learn anyone can be an inventor! Discovering the work of Da Vinci, Edison, Tesla, & Benjamin Franklin campers will invent their own solutions to everyday problems! But the fun does not stop there; children will have fun working together to brainstorm, design, test, evaluate and redesign problem-solving contraptions, build a catapult, and they will even construct a geodesic dome big enough for all the campers to sit inside it!



## Snap Circuit & Engineering Entering Gr. 2 - 6

**Where:** Stillmeadow Elementary School

**When:** July 1 - July 5 (No camp on July 4)

**Day:** Monday, Tuesday, Wednesday & Friday

**Time:** 9:00AM - 12:00PM - Sess.01

9:00AM - 3:00PM - Sess. 02

**Fee:** \$228.00 per student half day camp

\$378.00 per student full day camp

**Instructor:** Mad Science Certified Staff

**Description:** Create an electrifying summer this year with our Snap Program Camp! Learn about electrons and electricity using hair-raising Van DE Graaff Machine & other fun electric tools. Campers will use Snap Circuit Boards to build simple & complex electronic circuits such as alarms, doorbells, radios and much more! They will get a chance to build & create the code for programmable rovers & take home an award winning robot that they hand build! **Includes a Supply Fee!**



## Survival: Call Of The Wild Entering Gr. 1-6

**Where:** Stillmeadow Elementary School

**When:** July 15 - July 19

**Day:** Monday - Friday

**Time:** 9:00AM - 12:00PM - Sess.01

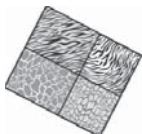
9:00AM - 3:00PM - Sess. 02

**Fee:** \$240.00 per student half day camp

\$425.00 per student full day camp

**Instructor:** Mad Science Certified Staff

**Description:** Fly your way into this camp and learn how birds and beasts catch their prey! Flow through the food chain and discover how animals and insects adapt to life on our planet. Explore how a change in the wind, water, and temperature affects all of Earth's inhabitants. Build a wooden birdhouse to take home, learn about scent trails, build a bug house for your favorite creepy-crawly critters, make plaster animal tracks, and take a **walk on the WILD side!**



## Science Potions & Explosions Entering Gr. 1-6

**Where:** Stillmeadow Elementary School

**When:** July 8 - July 12

**Day:** Monday - Friday

**Time:** 9:00AM - 12:00PM - Sess. 01

9:00AM - 3:00PM - Sess. 02

**Fee:** \$240.00 per student half day camp

\$425.00 per student full day camp

**Instructor:** Mad Science Certified Staff

**Description:** Come: Fizz, Pop, Boom with Mad Science this summer! We will be testing everything from warm Ooey, Goopy Slime to freezing, cold Dry Ice! In this awesome Mad Science program, each day we will take you on a journey through hands-on and amazing science! Create crazy chemical reactions that explode and crackle and even experiments that glow in the dark! Piece by piece throughout our program you will get to put together your very own home lab, complete with beakers, test tubes and all the tools of a **great Mad Scientist!**



## Brixology Entering Gr. 2 - 6

**Where:** Stillmeadow Elementary School

**When:** July 22 - July 26

**Day:** Monday - Friday

**Time:** 9:00AM - 12:00PM - Sess. 01

9:00AM - 3:00PM - Sess. 02

**Fee:** \$240.00 per student half day camp

\$425.00 per student full day camp

**Instructor:** Mad Science Certified Staff

**Description:** Using LEGO bricks designed exclusively for Mad Science, junior engineers team up to construct different projects. From carnival rides to drawing machines, mechanical animals to truss bridges to space stations, you've got to check this out! Engineering Design Challenges include building a space sail, bobble head, and glider car. Try your hand at aerospace, nautical, biomechanical & even structural engineering! Let the tinkering begin!



## Anatomy Academy Entering Gr. 2-6

**Where:** Stillmeadow Elementary School

**When:** July 29 - August 2

**Day:** Monday - Friday

**Time:** 9:00AM - 12:00PM - Sess. 01

9:00AM - 3:00PM - Sess. 02

**Fee:** \$240.00 per student half day camp

\$425.00 per student full day camp

**Instructor:** Mad Science Certified Staff

**Description:** Let's dig our hands inside what is inside of us! Campers will build a stethoscope to become a junior physician and navigate the systems in our human bodies! They will get a hands-on exploration of bones while working together to assemble a model skeleton! Every camper will create MAD Mucus and use micro slide viewers to catch a glimpse of the life of tiny cellular machines that the human body needs to function! This camp is both fun and educational!





# Mad Science, Modeling & Educational Camps

## NASA: Journey Into Outer Space Entering Gr. 1 - 6

**Where:** Stillmeadow Elementary School

**When:** August 5 - August 9

**Day:** Monday - Friday

**Time:** 9:00AM - 12:00PM - **Sess. 01**

9:00AM - 3:00PM - **Sess. 02**

**Fee:** \$240.00 per student half day camp  
\$425.00 per student full day camp

**Instructor:** Mad Science Certified Staff

**Description:** Blast off this summer with the only camp designed and created specifically by NASA Engineers for Mad Science! This camp will be out of this world with rockets that every camper will build and launch themselves! Campers will take a voyage to see a comet right before their very eyes and explore the mysterious world of the sun, planets, and moons! Children will create a satellite and overcome challenges while in training to become an astronaut! Campers will have NASA take homes every day that will brighten their whole summer!



## Engineering For Kids Grades K - 2

**Where:** Turn Of River Middle School

**When:** July 8 - July 12

**Days:** Monday - Friday

**Time:** 9:00AM - 12:00PM (LEGO WeDo) - **Sess. 01**

1:00PM - 4:00PM (Wings, Wheels & Sails) - **Sess. 02**

9:00AM - 4:00PM (Both Programs) - **Sess. 03**

**Fee:** \$250.00 per child for a half day program AM or PM  
\$390.00 per child for a full day with both programs

**Description: LEGO We Do (Robotics)** : This program is a perfect mixture of fun and learning, using LEGO bricks, students build a dancing bird, a smart spinner and a drumming monkey. They also learn how to program & operate their creations using a laptop.

**Wings, Wheels & Sails** : Everyone has to travel and engineers are involved in all steps of designing different modes of transportation as well as inventing and designing tools that aid in travel. In this camp, students will explore the thought process behind building cars and the roads and bridges they travel on. We also explore paddle boats, helicopters and more.

## Modeling & Fashion Camp For Young Ladies (Ages 5 - 11)

**Where:** Turn of River Middle School

**When:** July 15 - July 19

**Days:** Monday - Friday

**Time:** 9:00AM - 12:00PM

**Fee:** \$130.00 per child for the week

**Description: John Casablancas Modeling and Fashion Camp** provides children with the wonderful & exciting experience of learning everyday industry tips such as; posing and walking like a model, developing etiquette skills for any setting, feeling good about themselves, perfecting who they are inside & out, and tapping into their fashion talents. John Casablancas' President, Tina Kiniry, believes that we all have a common goal, and that is to help children by boosting their confidence & self-esteem. In an effort to teach these life skills, our Modeling & Fashion Camp is geared towards just that!

## Engineering For Kids Summer Camp Grades 3 - 6

**Where:** Turn Of River Middle School

**When:** July 8 - July 12

**Days:** Monday - Friday

**Time:** 9:00AM - 12:00PM (Rockets & More) - **Sess. 01**

1:00PM - 4:00PM (Electronic Game Design) - **Sess. 02**

9:00AM - 4:00PM (Both Programs) - **Sess. 03**

**Fee :** \$250.00 per child for a half day program AM or PM  
\$390.00 per child for a full day with both programs

**Description: Amazing Race:** It is thanks to advances in technology that we are able to explore so much of the world. In this class, students will create effective bridge designs, analyze different ways to propel model cars, and explore marine propulsion and design. As students travel around the world, they will learn about the effects of aerodynamics and the forces of lift, thrust, gravity and drag by building all the different ways humans have traveled around the world. **Minecraft: Traveling Into the Future:** This open-world computer-based game will immerse students in the expansive universe of Minecraft as they navigate through engineering challenges. Students will experiment with designs and materials without the risks associated with building structures in reality. Students will gather their own resources for tasks like building a shelter, designing a bridge or even colonizing the moon.



## Airplane Adventures & Magic Wizards For Ages 6 - 10

**Where:** Recreation Star Center, 1170 Shippan Ave

**When:** August 19 - August 23 **Days:** Monday - Friday

**Time:** 9:00AM - 12:00PM - Airplane Adventures - **Sess. 01**

12:30PM - 3:30PM - Magic Wizards - **Sess. 02** 9:00AM -

3:30PM - Both Camps - **Sess. 03** **Fee:** \$210 per child **session**

**1 or 2/ \$390.00 per child full day** **Instructor:** Hobby Quest

**Description: Airplane Adventures** Soar through the summer with your own hand-made aircrafts! Your Hobby Quest flight captain will teach you everything you need to know about building and flying amazing machines. Helicopters, boomerang planes and even electric powered planes – by the end of the week you'll know all about how planes fly and what each part of the airplane is for. You'll even take your planes outside and see them fly! Children learn **fundamental STEM concepts** and valuable skills like following step-by-step instructions, sanding, measuring and gluing. Program fee includes all materials, and children take home every plane they build. **This camp is aerodynamically designed to teach STEM concepts through hands-on learning and flying fun.** **Magic Wizards:** Young Magicians--astound your friends and family! Make objects disappear, float in midair, and mystify everyone with a magical mastery of mind-reading tricks! If that wasn't enough, every magician will get their chance to show off their new skills in a magic show for friends and family! By the end of the week, you will have enough tricks to put on a whole show of your own! Camp is designed to enhance **communication and performance skills** in a supportive, creative atmosphere. Program fee includes all materials, and children take home every trick they learn.

# Summer Camps Offered By CT Computer Education

All camps will be held at The Recreation Star Center located at 1170 Shippan Ave.

## CAMPS FOR CHILDREN AGES 5 - 12

### **Silly Science To Boot ( Ages 5 - 12) - June 26 - June 28 Time: 8:30AM - 2:30PM Fee: \$132.00 per child**

Come join your friends for this three day kick off the summer. This class has experiments you'll love like making super balls, testing your strength with jelly fish, or your agility with egg experiments. Each day a different theme experiments is worked on. Class is broken down into groups and experiments are done by the children. **Please bring a lunch and a snack.** Notify instructor of any allergies. Safety glasses will be provided during class.

### **Rockets & Other Flying Apparatuses ( Ages 5 - 12) - July 1 - July 5 ( No camp 7/4) Time: 9AM - 1PM**

**Fee: \$140.00.00 per child:** Design and build your own rocket, then launch it with compressed air! This course demonstrates the basics of aeronautics, including thrust, drag and ballast. This class involves a discussions of how we use air to move objects and how air aides in transportation .Our class will include rockets, airplanes, helicopters and hot air balloons. Please bring in a soda bottle only of 20 ounce for class. No water bottles. **Please bring a lunch and a snack.**

### **Circuits & More Snap Circuits (Ages 5-12)- July 9 - July 12 Time: 9AM - 12PM Fee: \$130.00 per child: .**

Love Science and Building... This class will intrigue your child about the world of science while investigating how to create snap circuits. Discussion of what makes a circuit? Some battery experiments will be included in this class. This class is designed for all ages if attended previous year you can start with our 1.5 version. **Please bring a snack.** No materials will be taken home. Group work.

**Amazing Droid R2D2 ( Ages 5 - 12 ) - July 16 - 19 Time: 9AM - 3PM Fee: \$175.00 per child:** Come create your very own droid and bring it to life using the amazing littleBits™ electronic blocks. This class involves group work and team work. Your child will build and learn to program with an inventor app. Please bring a lunch and a snack every day. Pictures will be emailed home. Technology equipment will be provided. **No equipment will be taken home. Group Work.**

**Strumming With The Synth Guitar ( Ages 5 - 12 ) - July 23 - July 26 Time: 9AM - 3PM Fee: \$175.00 per child:** It's new and one of a kind, come build and customize a rockin' synth guitar using littleBits™ electronic blocks. Build a keytar or an air drum and then create a magic guitar. Each day will be awesome with new inventions using the electronic blocks. Bring a lunch and a snack every day. Pictures will be emailed home. Technology equipment will be provided. **No equipment will be taken home. Group Work.**

**Arcade To The Rescue ( Ages 5 - 12) - July 30 - August 2 Time: 9AM - 10:30AM Fee: \$100.00 per child:** This amazing arcade game brings some old time favorites back .Try your luck creating a pinball game or a catapult. These inventions are powered by electronic building blocks by littleBits™. Bring a snack every day. Pictures will be emailed home. Technology equipment will be provided. **No equipment will be taken home. Group work.**

**Creepy Crawly Creatures ( Ages - 12 ) - July 30 - August 2 Time: 11AM - 1PM Fee: \$100.00 per child:** Kids can create their very own interactive, creepy crawling pet. This awesome little inchworm will amaze you and your friends on its speed. Try your luck at who gets to the apple first. This class also experiments with inventing some very cool moving artwork that can wiggle and dance. These inventions are powered by electronic building blocks by littleBits™. Bring a snack every day. Pictures will be emailed home. Technology equipment will be provided. **No equipment will be taken home. Group work.**

**Ozobots & Friends ( Ages 5 - 12) - August 6 - August 9 Time: 9AM - 11AM Fee: \$100.00 per child:** Come meet our new friends the Ozobots. The Ozobots have invited some really cool friends to join our fun filled class. This class is great for children to learn coding. These small but mighty robots are great to play and create amazing inventions. We provide the technology. **No equipment will be taken home. Please bring a snack. Group work.**

**Rule Your Room Silly ( Ages 5 - 12 ) - August 13 - August 16 Time: 9AM - 3PM Fee: \$175.00 per child:** Want a challenge? Transform any boring object into an awesome object. This interactive invention sheds a new light on magic. Children will create some amazing inventions like a burglar buzzar, creepy eyeballs, a pop up puppet, a carrot control pad and various other inventions. . Bring a lunch and a snack every day. Pictures will be emailed home. Technology equipment will be provided. **No equipment will be taken home. Group work.**

**Science Or Bust ( Ages 5 - 12 ) - August 20 - August 23 Time: 9AM - 3PM Fee: \$175.00 per child:** It's almost over the summer! Come join your friends you made over the summer for one fun filled week of crazy science. How about tie dye , shrinky dinks or power balls . Challenge your friends to a slime contest, or playdough making . When all else fails build your own volcano from the leftover playdough ruins. Please bring a snack and a lunch every day. Please advise us of any allergies. Each day the children will do a variety of experiments. Class is broken down into groups and experiments are done by the children. Safety glasses will be provided. Children will be allowed to bring home samples of playdough and slime in a Ziploc bag. **Please bring a 100 % cotton t-shirt for class in a Ziploc bag for transporting home safely. Group work.**

**Sign up for both programs week of July 30<sup>th</sup> -August 2<sup>nd</sup> and save \$5.00**

# Summer Sports, Fitness & Soccer Camps

## STARS Sports Camp (Ages 7-12 )

**Where:** Scofield Middle School

**When:** June 24 – June 28 - Sess. 01

July 1 - July 5 (No camp July 4th) - Sess. 02

July 8 - July 12 - Sess. 03

July 15 - July 19 - Sess.04

July 22 - July 26 - Sess. 05

July 29 – August 2 - Sess.06

August 5 – August 9 - Sess. 07

**Time:** 9:00AM - 2:00PM

**Fee:** \$225.00 per child Sessions 1,3,4,5,6&7

**\$180.00 per child for Session 2 (four day week)**

**Includes Camp Shirt, daily snack**

**Staff:** Matt Shoztic & Mitch West

**Description:** For over a decade Stars Sports camp has been a hit with kids and parents alike. This camp keeps your kids entertained while emphasizing good sportsmanship, team play, and all out enjoyment of such sports as softball, soccer, kick ball, flag football, dodge ball, capture the flag and much, much more! An experienced and responsible staff ensures your child's safety and fun. With both indoor and outdoor facilities so the weather is never an issue. Campers need to bring a lunch and a drink. Snack will be provided and each camper will receive a t-shirt. **For more information call 203-979-0393 or email mshozl@optoline.net**

## Eagle Soccer Summer Academy (Ages 5-13)

**Where:** Lione Park

**When:** June 24 - August 21

**Days:** Monday & Wednesday

**Times:** 6:00PM - 7:15PM (Ages 5 - 8) - Sess. 01

6:00PM - 7:15PM (Ages 9-13) - Sess. 02

**Fee:** \$160.00 per child for 8 weeks Twice a Week.

**Description:** At Eagles of Stamford we create a fun, safe, and friendly environment that provides the necessary tools to enable each player to achieve success through motor skills as well as tactical learning while promoting physical fitness. Please bring a bottle of water & size 3or 4 soccer ball.

## Kids Fitness Camp For Age ( 6 - 12 )

**Where:** Break Thru Family Fit 4 Life

**When:** July 8 - August 16

**Day:** Monday, Wednesday & Friday

**Time:** 4:15PM - 6:15PM

**Fee:** \$199.00 per student for all six weeks

**Instructor:** Kimberly Colletto, ACE Certified Trainer

**Description:** Get your Kids in shape this summer with our exclusive Kids Boot Camp CAMP! Kids Krav Maga Classes and Kids Boot Camp Classes are held in our 3000 square foot air conditioned space which include Mini Trampolines ,Agility Ladders ,Rope Stations, Jump Ropes, Obstacle Courses, Hula Hoop challenges and more. This camp includes assisted free play in our Indoor Sensory Gym, PLUS a second gym with Kid Sized Cardio, Core and Strength Machines! Health and Nutritional Kid Tips and Kids friendly recipes are given by a certified Personal Trainer, who specializes in children's fitness.

## CT Soccer Network Summer Soccer Camp (Ages 3 - 14 )

**Where:** West Beach Soccer Field 1

**When:** July 15 - July 19 - Sess. 01

July 29 - August 2 - Sess. 02

**Days:** Monday - Friday

**Time:** 9:00AM - 10:30AM (Ages 3 & 4 )

9:00AM - 12:00PM (Ages 5 - 14 )

**Fee:** \$99.00 per child (Ages 3 & 4 ) per session

\$180.00 per child (Ages 5 - 14 ) per session

**Description:** CT Soccer Network provide young players of all abilities with the rare opportunity to receive high-level soccer coaching from a team of international experts right in the heart of their own community. CT Soccer Network is synonymous with high quality soccer education and boasts one of the most highly qualified and experienced staff in Fairfield County. The CSN staff will teach each player to fulfill their true soccer potential in a fun filled environment. Whether you are a 3 year old taking your first steps in soccer or a High School player with aspirations of college, the Soccer Network has a place for you. Campers will be exposed to individual foot skills, technical drills, tactical practices, small-sided games and scrimmages. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, FUN! All campers should have shin guards, and athletic shoes or soccer cleats. Campers should also bring plenty of water and a snack each day.



## Youth Elite Soccer Camp (Ages 3- 12 )

**Where:** Rippowam Upper Turf Soccer Field

**When:** August 12 - August 16

**Days:** Monday - Friday

**Time:** 9:00AM - 10:30AM (Ages 3-5 )

9:00AM - 12:00PM (Ages 6 - 12 )

9:00AM - 3:00PM (Ages 7-12) - Sess. 03

**Fee:** \$80.00 per child Ages 3-5

\$120.00 per child Ages 6-12

\$180.00 per child Ages 7 - 12

**Description:** "YESsoccer Community Camps are based on our Fundamental approach to youth soccer coaching and are appropriate for players who play within their soccer communities. The main objectives of YESsoccer Community Camps are to combine the overall development of the Player's physical capacities and fundamental movement skills with an introduction into the key components of soccer." **Each Player will receive Soccer Ball and Jersey.**



### Summer Camp Counselors Wanted

We are currently looking for students ages 16 & older that have some experience working with children ages 3-12 to work in our summer camp programs. If you enjoy children, the outdoors, swimming and more you will enjoy this summer position. Applications are online at [www.stamfordrecreation.com](http://www.stamfordrecreation.com)



# Summer Technology & Educational Camps

## Incredifix Summer Camp For Ages 7-13

**Where:** Northeast Elementary School

**When:** July 8 - July 12

**Days:** Monday - Friday

**Time:** 9:00AM - 12:00PM - Green Screen Lego Flix - **Sess. 01**  
1:00PM - 4:00PM - Animation Flix - **Sess. 02**

9:00AM - 4:00PM - Green Screen /Animation - **Sess. 02**

**Fee:** \$200.00 per student for session per half day section  
\$375.00 per student for full day program

**Description: Green Screen Lego:** Bring Lego stop-motion animation to the next level! Students will design and build their own movie sets out of legos and transport them anywhere using screen technology. Once students have their Lego world, they'll bring it to life in movies. Students will storyboard, shoot and voice –over in age appropriate groups.

**Animation Flix:** All new **animations 2019!** In this fast paced class, students will be creating up to 4 stop motion movies. These include dinosaurs, paper cartoons, whiteboard, and free choice day where students get to choose from playdoh, jewels or items brought from home.

**Green Screen Lego & Animation Flix Full Day:** In the morning students will design and build their movie sets out of Legos and transport them using screen technology. In the afternoons, students will be creating up to 4 stop motion movies. These include dinosaurs, paper cartoons, whiteboard, and free choice day where students get to choose from playdoh, jewels or items brought from home

**After Care ( 4:00PM - 5:00PM)** Come join us for supervised care while students take time to eat snacks and play. Cost is **Extra \$30.00 per student for the week!**



## Special FX Filmmaking ( Ages 8-10 )

**Where:** Turn Of River Middle School

**When:** July 15 - July 19

**Days:** Monday - Friday

**Time:** 8:30AM - 12:00PM

**Fee:** \$250.00 per child/ includes all material & final film

**Description:** Learn filmmaking by doing. **Filmmakers Ink** instructors will help you collaborate with your filmmaking tribe to develop an idea for a film, then, write, produce, shoot and direct a 5-7 minute movie together with an experienced filmmaker using Special FX and Green Screen! Screen a rough cut of your movie for family and friends at your **Premiere** on the final day of film camp!

## Film Making/Acting Intensive ( Age 11 - 14 )

**Where:** Turn Of River Middle School

**When:** July 15 - July 19

**Days:** Monday - Friday

**Time:** 12:30PM - 4:00PM

**Fee:** \$275.00 per student / includes all supplies & Final Film

**Description:** Learn the process of making good films, fast. Professional filmmakers will help each young filmmaker begin to develop the filmmaking instincts needed to direct, capture the right footage and run the set. Experience the moviemaking process from script writing and storyboarding, through pre-production and filming. Everyone will develop scripts, and work in each of the main crew positions, including Director, 1st AD (Assistant Director), DP (Director of Photography), Gaffer (Lighting) and Boom Operator (Sound), while practicing the collaboration skills necessary to make movies with your film tribe. **Students grouped by age and experience.** **Filmmakers Ink** programs are designed to give students solid life-long tools with which to access and express their creative ideas.



## Chess Wizards Summer Chess Camp For Students Ages 6 - 12

**Where:** Turn Of River Middle School

**When:** July 15 - July 19

**Days:** Monday - Friday

**Time:** 9:00AM - 12:00PM - **Sess. 01**

12:00PM - 3:00PM - **Sess. 02**

9:00AM - 3:00PM - **Sess. 03**

**Fee:** \$180.00.00 per child **for half day**  
\$295.00 per child **for full day**

**Description:** Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like bughouse), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. Unleash your brain power and spend part of your vacation with Chess Wizards! **Chess Wizards has been teaching the game of chess since 2002.** Our interactive curriculum makes learning fun for new and seasoned players alike. Our camps are led by our most experienced instructors, and provides our students with a memorable camp experience while challenging their minds!



## Stem + Minecraft Game With Lego For Grades K- 3

**Where:** Turn Of River Middle School

**When:** June 24 - June 28

**Days:** Monday - Friday

**Time:** 9:00AM - 4:00PM

**Fee:** \$305.00 per child for the week

**Instructor:** Play Well Staff

**Description:** Gear up for a full-day LEGO® camp packed with hands-on and minds-on STEM fun! In this challenge based program, build projects inspired by cool machines close to home such as Gear Cars, Castles, Airplanes, and Scissor Lifts.. Then bring Minecraft to life using LEGO® materials! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and use these resources to build special items to help in our adventures! Build a Zoo, create a Medieval Castle, and design a **Tree House Village in this new full-day engineering camp for LEGO® fanatics!**



# Paint Draw & More Summer Art Camps

**Where:** Roxbury Elementary School

**When:**

July 8 - July 12 ( Cartooning & Painting ) - Sess. 01

July 15 - July 19 ( Art Pass Around The World ) - Sess. 02

July 22 - July 26 ( All Art ) - Sess. 03

July 29 - August 2 ( Campers Art Trail@ The Louvre ) - Sess.04

August 5 - August 9 ( Art Pass Around The World ) - Sess. 05

**Days:** Monday - Friday

**Time:** 8:30AM - 2:30PM / **Bring a Smock!**

**Fee:** \$310.00 **per child per one week session**

**Description:** These fun summer art camps are designed for students ages 5-13. The classes are open to a maximum of ten (10) students per age group (ages 5-8 and 9-13), per session, and students may sign up for continuous weeks and not repeat camp activities. The teaching staff is comprised of skilled artists trained by Paint, Draw & More! **Please provide a snack, lunch and smock for your child.**



## Cartooning and Painting Camp. - Week 1

During this weeks camp the students will focus on easel painting, and cartoon creation. They will practice fine art and graphic art and how these two styles relate to each other. Students will learn how to turn a sketch into a painting while learning the various techniques for acrylics and watercolors and also create their own cartoon characters, cartoon strips and comic books. Activities will take place in and out of doors depending on the weather. July 8 - July 12, 2019.

## Art Pass Around the World - Week 2

This week campers will have travel passbooks and everyday will be immersed in a different country where their passbooks will be stamped and they will receive a visa to study art. We will explore the art of a variety of countries in South and Central America, Africa, Asia and Australia. Artists and art forms from each country will be taught. Campers will use mediums specific to the regions for creating their own work based on the study of each country. Young artists will delight in their journeys from Stamford to foreign locations while they learn art, history and culture combined. Activities will take place in and out of doors depending on the weather. July 15 - July 19, 2019.

## All Art - Week 3

Each day is comprised of a full day of creating fine art, some of which may include drawing, painting, mask making, sculpture, bookmaking, collage, print-making, and group projects. Story telling, music making and movement will also be added as time allows. Activities will take place in and out of doors depending on the weather. Students will explore a variety of mediums and be encouraged to break artistic boundaries and express their creativity in new and exciting ways. Activities will take place in and out of doors depending on the weather. A compilation of the week's activities may end up in an art show or small performance for the parents. Please provide a snack, lunch and smock for your child. July 22 - July 26, 2019.

## Campers Art Trail at the Louvre: JayZ and Beyonce's Visitor's Art Trail Tour - Week 4

Using the tour created by JayZ and Beyonce after their recent video shot at the Louvre – we will use some of these masterpieces as our inspiration. Focused primarily on European Art, the music video brought awareness to the Louvre, increasing its visitation to a record high. We are excited to focus on this art and teach the campers about the bridge made between art and music. Age appropriate music will be played during this camp. Dancing may occur. Activities will take place in and out of doors depending on the weather. A compilation of the week's activities may end up in an art show or small performance for the parents. July 29 - August 2, 2019.

## Art Pass Around the World - Week 5

*No countries will be repeated from previous camps.*

This week campers will have travel passbooks and everyday will be immersed in a different country where their passbooks will be stamped and they will receive a visa to study art. We will explore the art of a variety of countries in South and Central America, Africa, Asia and Australia. Artists and art forms from each country will be taught. Campers will use mediums specific to the regions for creating their own work based on the study of each country. Young artists will delight in their journeys from Stamford to foreign locations while they learn art, history and culture combined. Activities will take place in and out of doors depending on the weather. Please provide a snack and lunch and smock for your child. August 5 - August 9, 2019.

# Peak Performance Summer Sports Camps

## PEAK ALL SPORTS CAMP Ages 4 - 12

**Where:** Westhill High School

**Dates:** June 17 - June 21 - Sess. 01

June 24 - June 28 - Sess. 02

July 1 - July 5 ( No camp 7/4) - Sess.03

July 8 - July 12 - Sess. 04

July 15 - July 19 - Sess. 05

July 22 - July 26 - Sess. 06

July 29 - August 2 - Sess. 07

August 5 - August 9 - Sess. 08

August 12 - August 16 - Sess.09

**Days:** Monday - Friday

**Time:** 9:00AM - 12:30PM - Full Week

12:30PM - 4:00PM - Full Week

9:00AM - 4:00PM - Full Week

9:00AM - 12:30PM - Any 3 Half Days

9:00AM - 4:00PM - Any 3 Full Days

**Fee:** \$200.00 per child per section for half day camp

\$300.00 per child per section for full day camp

\$120.00 per child for any 3 Half Day Section

\$180.00 per child for any 3 Full Day Section

**Description:** For Boys and Girls ages 4-12. This camp offers a combination of traditional sports games, physical education activities, and cooperative games. We ask that our full day campers bring a (peanut butter free) snack and lunch and water bottle, and our half day campers bring a peanut butter free snack and refillable water bottle. Once again Kyle Smith and Matt Cerutto will lead this highly qualified staff.

## PEAK BASKETBALL CAMP For Ages 6 - 12

**Where:** Westhill High School

**Dates:**

June 17 - June 21 - Sess. 01

July 24 - June 28 - Sess. 02

July 1 - July 5 - ( No camp 7/4) Sess. 03

**Days:** Monday - Friday

**Time:** 9:00AM - 12:30PM - Half Day Program

9:00AM - 4:00PM - Full Day Program

**Fee:** \$200.00 per person per section half day

\$300.00 per person per section full day

\$160.00 per person per section half day July 4th week

\$240.00 per person per section full day July 4th week.

**Description:** For Boys and Girls ages 6 – 12. Campers will develop all of their basketball skills - shooting, passing, dribbling, re-bounding and defense. Our Basketball Camp immerses you in the sport, giving you the kind of focused, intensive training that is essential to improvement. Over the course of the camp week, your self-confidence will grow along with your skills and overall appreciation of the game.

**Bring a peanut free snack and refillable water bottle .**

**WWW.PEAKPERFORMANCESPORTS.NET**

## PEAK BASEBALL CAMP For Ages 6 - 12

**Where:** Westhill High School

**Dates:** :July 8 - July 12 - Sess. 01

July 8 - July 12+ PM Camp - Sess. 02

July 15 - July 19 - Sess. 03

July 15 - July 19 + PM Camp - Sess. 04

July 22- July 26 - Sess. 05

July 22 - July 26 + PM Camp - Sess. 06

**Days:** Monday - Friday

**Time:** 9:00AM - 12:30PM - Half Day

9:00AM - 4:00PM - Extended Day

**Fee:** \$200.00 per person per section half day

\$300.00 per person per section full day

**Description:** For Boys and Girls ages 6 - 12. Our staff is comprised of standout college and high school players. This staff will provide instruction on hitting, pitching, fielding, throwing, base running and game strategies. Participants will be grouped according to age and/or skill level Campers need sneakers (especially for rainy days indoors) and a glove, wearing cleats is optional. Bring a peanut free snack and refillable water bottle.

## PEAK FLAG FOOTBALL CAMP For Ages 6 - 12

**Where:** Westhill High School

**Dates:** July 29 - August 2 - Sess. 01

July 29- August 2 + PM Camp - Sess. 02

August 5 - August 9 - Sess. 03

August 5 - August 9 + PM Camp - Sess. 04

August 12 - August 16 - Sess. 05

August 12 - August 16 + PM Camp - Sess. 06

**Days:** Monday - Friday

**Time:** 9:00AM - 12:30PM - Half Day

9:00AM - 4:00PM - Extended Day

**Fee:** \$200.00 per person per section half day

\$300.00 per person per section full day

**Description:** For Boys and Girls ages 6-12. This camp will develop all skills: receiving, passing, running routes, hand-offs, punting, flag pulling, kicking and defense. Our Flag Football Camp immerses you in the sport, giving you the kind of focused, intensive training that is essential to improvement. Over the course of the camp week, your self-confidence will grow along with your skills and overall appreciation of the game. Campers need sneakers (for rainy days indoors) **Bring a peanut free snack and refillable water bottle.**



**PEAK** PERFORMANCE  
SPORTS CAMPS

TAKING KIDS TO THE TOP OF THEIR GAME!



# Soccer Camp, TGA Golf & Tennis Lessons

## British Soccer Camp (Ages 3 - 12)

**Where:** Rippowam Magnet School Upper Turf Field

**When:** July 8 - July 12 - Sess. 01  
July 22 - July 26 - Sess. 02

**Days:** Monday - Friday

8:00AM - 9:00AM - \$101.00 per child (ages 3-5) - Sess. 01

9:00AM - 12:00PM - \$176.00 per child - (6 - 12) - Sess. 02

9:00AM - 3:00PM - \$248.00 per child - (8 - 12) - Sess. 03

### Description: First Kicks - 8-9am Ages 3-5

This innovative program, created by childcare specialists, introduces children to the very basic skills of soccer in a fun, progressive and caring manner. First Kicks activities will include running, turning, stopping, jumping, kicking, throwing and catching. Each day we will aim to help improve balance, agility, coordination, social skills and cognitive ability. Your child's confidence and enthusiasm for the game will grow during our fun soccer challenges! Parental involvement is welcomed!

### Half Day - 9-12pm Ages 6 -12

This is our most popular camp program and will feature individual skill development, core techniques, one on one skills, freestyle soccer, small sided games and our Camp World Cup. The Half Day Camp is suitable for all skill levels and the campers will be separated by age. Campers will also spend time learning about Respect, Responsibility, Integrity, Sportsmanship & Leadership.

### Full Day - 9-3pm Ages 8 - 12

Full Day camp runs for six hours a day from Monday to Friday inclusive. Sessions are split into 2 x 3 hour blocks. A more advanced camp for players looking for a more competitive training environment. The Full Day Camp will follow the Half Day Camp syllabus in the morning and will then focus on game-related techniques, tactical development, skills testing and coached match play in the afternoon. The first session of each day will place emphasis on skill development and mastery of core techniques through individual, small group practices and coaches games.

## TGA Golf & Tennis Summer Camp (Ages 6-12)

**Where:** Cummings Park Tennis Courts & Grass Field

**When:** July 8 - July 12 - Sess. 01  
July 22 - July 26 - Sess. 02  
August 5 - August 9 - Sess. 03

**Day:** Monday - Friday

**Time:** 9:30AM - 3:30PM

**Fee:** \$299.00 per students per 1 week session

**Instructor:** TGA Certified Staff

**Description:** TGA brings the tennis court and golf course to you offering a fun introduction to the game for ages 6 –12. Students focus on improving fine motor skills and coordination while learning the basic rules & etiquette of tennis and golf. Coaches use teachable moments to promote life skills like honesty and sportsmanship. Modified equipment (provided by TGA) and activities are designed to help each student reach a new level of success in an entertaining and supportive environment. **This 2 in one camp allows students to enjoy and learn both sports at once during each day.** Students will be grouped in age groups during the camp. For more information go to [www.Playtga.com/swfairfield](http://www.Playtga.com/swfairfield). **Please pack a lunch and water bottle each day! Sign up before April 15 or for multiple weeks and receive a free golf bag or a pair of Sneakers from TGA Golf!**



# Summer Music Lessons

## Beginner Guitar Lessons With Mr. Truglio Grades 4 & 5 Summer Session

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** June 19 - July17 (No class 7/3)

**Day:** Wednesday

**Time:** 4:30PM - 5:15PM

**Fee:** \$85.00 per student for 4 weeks/ **Max of 6 student!**

**Description:** Introduction to guitar. For beginners and players with a little experience. Finger dexterity, reading, chords & getting around the guitar is all part of this program. **You must supply your own acoustic or electric guitar. Max of 6 students!**

## Advanced Beginner Guitar With Mr. Truglio Grades 6 & UP Summer Session

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave

**When:** June 19 - July17 (No class 7/3)

**Day:** Wednesday

**Time:** 5:15PM - 6:00PM

**Fee:** \$85.00 per student for 4 weeks /**Max of 6 students!**

**Description:** Continued study of guitar techniques for students with 1 plus years of lessons. Music that is age appropriate will be used. **You must supply your own acoustic or electric guitar Max of 6 students!**

# Summer Music & Dance Programs For Youth

## Piano Lessons With Mr. Fiorito Beginner to Early Intermediate

**Where:** Star Recreation Center, 1170 Shippan Ave  
**When:** June 20 - July 18 ( **No class 7/4**)  
**Day:** Thursday  
**Time:** 5:45PM - 6:30PM  
**Fee:** \$115.00 per student for 4 weeks / **Max of 4 students**  
**Description:** You will need a piano or keyboard at home to practice. **For grades 4 & up / Gr. 3 & up** if the student has completed our Musikids Keyboard II program. The basics of piano note & rhythm reading will be taught in this class as well as learning to play the piano correctly.

## Piano Lessons With Mr. Fiorito Intermediate To Advance

**Where:** Star Recreation Center, 1170 Shippan Ave  
**When:** June 20 - July 18 ( **No class 7/4**)  
**Day:** Thursday  
**Time:** 6:45PM - 7:30PM  
**Fee:** \$115.00 per student for 4 weeks/ **Max of 4 students!**  
**Description:** This program is designed for students with 3 plus years of study experience or intermediate level **grades 6 and up**. Students must have reading skills. Assignments are progressively more complex. You also **need a piano or keyboard at home to practice.**

## Tiny Tu - Tu's ( Age 2.5 & Older )

**Where:** Star Recreation Center, 1170 Shippan Ave  
**When:** June 29 - August 10 ( **No class 7/6**)  
**Day & Time:** Saturday - 9:30AM - 10:15AM  
**Fee:** \$108.00 per child for 6 weeks **per session**  
**Instructors:** Ms. Danette & Ms. Debbie  
**Description:** Get your tu - tus out! It's time to twirl and leap to classical music. During this class, your little dancer will learn basic ballet techniques as they move to the beautiful sounds of classical music.

## Fit To Go Summer Camp For Girls ( K - 5 )

**Where:** Recreation Star Center 1170 Shippan Ave  
**When:** June 18, 19 & 20 - **Sess. 01**  
August 20, 21 & 22 - **Sess. 02**  
August 27, 28 & 29 - **Sess. 03**  
**Day:** Tuesday, Wednesday & Thursday  
**Time:** 8:30AM - 5:00PM or 9:30AM - 4:30PM  
**Fee:** \$210.00 per child per **session 8:30AM - 5:00PM**  
\$190.00 per child per session 9:30AM - 4:30PM  
**Instructor:** Betty Kelly Camlin, Certified Instructor  
**Description:** **SUMMER** is a FUN, interactive, **FITNESS &** healthy lifestyle oriented programs that **REBOUNDING**, (aerobics on a mini-trampoline) **"ZUMBA IN THE GLOW"** at studio (disco party setting with special effect lighting) **KIDS TRIBE HOOPING** (learn how to hoop like a pro) at NSC. **HULA HOOP & YOGA ON THE BEACH** and Beach Fun at New Star Center!! : **KICK BOXING KIDS, PLAY-GROUND FUN (weather permitting) & BOOT CAMP KIDS (Jump Rope Training, Chinese Jump Rope, Kickboxing, Stability Ball, Bosu Ball, Plyometrics, Strength Training) YOGA and YOGA CIRCUS.**

## Hip Hop/Funk ( Gr. 1 - 6 )

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave  
**When:** June 25 - August 6 ( **No class 7/2**)  
**Day:** Tuesday  
**Time:** 4:30PM - 5:15PM ( Gr. 1 - 3 ) - **Sess. 01**  
5:30PM - 6:30PM ( Gr. 4 - 6 ) - **Sess. 02**  
**Fee:** \$108.00 per child for 6 weeks **per session**  
**Instructors:** Ms. Alexandra  
**Description:** This class is one hour fun filled class is for the person who loves to dance around the house. Why not take it to the beautiful Star Center and shine even brighter! Dress comfortably. **Hip hop sneakers or Jazz shoes.**

## Ballet/Tap For Grades K- 5

**Where:** Stamford Recreation Star Center 1170 Shippan Ave  
**When:** June 26 - August 10 ( **No class 7/3 & 7/6**)  
**Day & Time:**  
Wednesday / 4:30PM - 5:30PM - (Gr. K-2) - **Sess. 01**  
Wednesday / 5:30PM - 6:30PM - (Gr. 3 - 5 ) - **Sess. 02**  
Saturday / 11:30AM - 12:30PM - (Gr. K - 3 ) - **Sess. 03**  
**Fee:** \$108.00 per child for 6 weeks **per session**  
**Instructors:** Ms. Danette & Ms. Debbie  
**Description:** Dancers will begin class in tap shoes, learning a collection of basic steps and rhythms. Following their tap portion, dancers will switch to ballet slippers for the second half of the class. In ballet they will learn technique; positions of the feet, arms and head. As well as , beautiful and fun combinations. **Dancers need tap shoes, ballet & slippers.**

## Ballet/Jazz ( Gr. K-3)

**Where:** Star Recreation Center, 1170 Shippan Ave  
**When:** June 27 - August 8 ( **No class 7/4**)  
**Day:** Thursday  
**Time:** 4:30PM - 5:30PM  
**Fee:** \$108.00 per child for 6 weeks **per session**  
**Instructors:** Ms. Alexandra  
**Description:** Leap into this class ready to explore beyond the ballet basics. This class will build on basic ballet steps and develop the skills for turns and leaps. While creating beautiful ballet lines. The dancers will learn a combination to be demonstrated at the conclusion of the session.

## Ballet/Tap For Pre K

**Where:** Stamford Recreation Star Center, 1170 Shippan Ave  
**When:** June 29 - August 10 ( **No class 7/6**)  
**Day:** Saturday  
**Time:** 10:30AM - 11:30AM  
**Fee:** \$108.00 per child for 6 weeks **per session**  
**Instructors:** Ms. Debbie  
**Description:** Ballet - the dancers will explore the great ballet stories as they learn technique. Waltz into class and leap into fun!! **Dancers need tap shoes, ballet slippers, and water bottle.**

## NEW OPPORTUNITY for 3 & 4 YEAR OLDS “STAY & PLAY” PRESCHOOL

**Our new and exciting preschool program specifically designed for 3 and 4 year olds.** Children will gain independence and self-confidence in our play based approach to early learning focused on socialization and cooperation. This hands on, active environment will encourage exploration and discovery. Activities will include creative expression, dramatic play, music and movement, large and small motor activities, early literacy, sensory activities, math readiness and outdoor play. **Registration is open to children turning three by December 31, 2019! Register Today!**

**Where:** Stamford Recreation’s Star Center 1170 Shippan Ave.

**When:** September 2019 - June 2020 ( Following Stamford Public School Calendar)

**Days:** Monday, Wednesday & Friday

**Time:** 9:15AM - 12:15PM

**Fees:** \$3,900.00 per person for the year (Limited discounts and payment plans available ) **Instructors:** Beth Covino, **Preschool Instructor** Karen Wenz, **Preschool Instructor & former Preschool Director**

**Note:** For more information or to schedule a visit call 203-977-5018 or Email Scott Kassouf @ [Skassouf@stamfordct.gov](mailto:Skassouf@stamfordct.gov)

## TERRY CONNERS RINK 2019 SPRING/SUMMER 1125 Cove Road, Stamford (203) 977-4728 [www.tcrink.com](http://www.tcrink.com)

**Terry Connors Rink offers Public Skating, Open Hockey, Freestyle Sessions, Hockey Programs, Birthday Parties, and hosts Events throughout the year. We are open all year round!**

### Public Skating Sessions

Our Public Skating is offered during weekdays and on the weekends. Please check our website for public skating sessions at [www.tcrink.com](http://www.tcrink.com). We offer group rates for groups over 20 including school groups and company packages. We offer many discounted rates for Stamford Residents. Stamford Seniors 62+ skate at no charge for public skating sessions. Our admission rates are Child U18 - \$6.00, Adults - \$8.00, Skate Rentals \$4.00.

### Open Hockey Sessions

TCR has open hockey sessions for all ages year round. Please check our website [www.tcrink.com](http://www.tcrink.com) for times. Admission rates are \$12.00 per session. All skaters under the age of 17 must wear full equipment and adults must wear helmet & gloves.

### Freestyle Sessions

TCR offers freestyle sessions at \$18.00 per session. Please check our website for these sessions at [www.tcrink.com](http://www.tcrink.com). Freestyle sessions are for advanced skaters for practice and private lesson time.

### Stamford Youth Hockey Association

SYHA is our youth hockey program at Terry Connors Rink. They skate from September thru March. Tryouts are usually held in May. If you are starting out in hockey they have a great Tiger Sharks/Learn to Play program on Saturday mornings for beginners. Please visit their website at [www.syha.org](http://www.syha.org) for more info or email them at [info@syha.org](mailto:info@syha.org).

### Birthday/Group Parties

We offer parties during the public skating times for a reduced group price which will include skating admission, skate rentals and use of a party room. Food is not included in price and must be purchased from the snack bar. Desserts and cakes are permitted. Our rates for parties are 120.00 for 10p and 12.00 for additional skaters. Stamford residents will receive 13 skaters for the price of 10. Ice Rental times are available for groups and parties at the off season rate of 350.00 per hour for the spring and summer months.

### Private Lessons at TCR

Private lessons are permitted during public skating, open hockey and freestyle sessions. Outside Professionals must provide the rink with their insurance and pay a \$5.00 teaching fee per session. If you are interested in receiving private lessons please call the rink office – (203) 977-4728



### TCR Programs & Ice Rentals

Terry Connors Ice Rink, located in beautiful Cove Island Park has served the skaters of Stamford and its surrounding neighbors since 1973. The Rink is owned and operated by the City of Stamford, offering affordable hockey, figure skating, and basic skills programs for all residents of Stamford.

The Rink is home to Stamford Youth Hockey, Skating Club of Southern Connecticut, Synchronized Skating Teams, and Stamford, Westhill and Trinity High School Hockey Teams as well as Stamford/Westhill Girls Hockey Team. Ice rentals are available at Terry Connors for hourly increments throughout the year. Ice time is more readily available in the spring and summer months



# Spring and Summer Ice Skating Programs at TERRY CONNERS RINK

All Ice Skating is at Terry Connors Rink, 1125 Cove Road located in Cove Island Park in Stamford, CT. All Registration must be done directly with Terry Connors Rink. We do not have online registration but all forms are listed on our website – [www.tcrink.com](http://www.tcrink.com) and can be emailed to [terryconnors@stamfordct.gov](mailto:terryconnors@stamfordct.gov) or called in to the rink office at (203) 977-4728. Please feel free to visit Terry Connors to register or inquire about any of our Rink Programs.

## Spring Group Skating Lessons Ages 3 and up – All Levels Beginners thru Freestyle Classes

**Dates: April 11 thru June 8, 2019 (8 weeks)**

Our group lessons are offered on Thursdays or Saturdays for a 25 minute lesson and a 25 minute practice. Please check our website for specific times for your age and level. Basic 1 is for beginners aged 6 and above and Snowplow Sam 1 is for beginners aged 4 and 5 year old. Beginner Tot Class is for 3 year olds only. We offer all levels Basic 1 thru Basic 7 and all Freestyle levels. We have specialty classes including Moves in the Field classes and Intro to Synchronized Skating classes. We also offer an Intro to Hockey class for ages 4-9 (who have passed basic 2). The classes are either Thursdays or Saturdays. Registration is done thru Terry Connors Rink – 203-977-4728. Our website is [www.tcrink.com](http://www.tcrink.com) which will list our programs for learn to skate under our “lesson page”. You can register for classes by calling the rink office, or by downloading the registration form and emailing it to [terryconnors@stamfordct.gov](mailto:terryconnors@stamfordct.gov), or you may come by the rink office at 1125 Cove Road, in Cove Island Park.

## Multi Use Discounts

TCR offers multi use discounts cards for Stamford residents for public skating, freestyle sessions, and open hockey sessions. Discount cards are 10 paid for 13 sessions. Please inquire at rink office for purchase.



## Summer Ice Skating Camp All Level – Beginners thru Freestyle & Intro to Hockey Dates: June, July & August 2019

Our very successful Summer Camp will run for 8 weeks this summer and is offered by week for full day or half day. Full day camp runs 8:30 to 4:00pm and half day is available either in the morning from 8:30 to 12:30pm or the afternoon from 12:00 to 4:00pm.

We offer all levels of skating from Basic 1 thru Freestyle 7 including Moves, Skills and Synchro classes. You must be 5 years old by June 1 to participate in camp. Our camp offers up to 170 minutes on ice time for full day campers. Terry Connors Camp offers group lessons that teach skaters the fundamentals of ice skating. Our program follows the Learn to Skate USA basic skills program. Our camp is taught by qualified skating professionals. All ice time is overseen by staff professionals and trained assistants.

Our camp offers ice skating lessons, practice time, off ice activities including arts & crafts, outside fun, lunch and snack times. Skate rentals are available during the camp.

Our Intro to Hockey part of the Summer Camp is for ages 4 to 9 and the skater must have passed Basic 2 level. Full equipment & sticks are required.

Please visit our website for more detailed info on summer camp or call or email the Rink. 203-977-4728. Website is [www.tcrink.com](http://www.tcrink.com) or email at [terryconnors@stamfordct.gov](mailto:terryconnors@stamfordct.gov).

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